

EUGENE WEEKLY'S GUIDE TO FOOD & RESTAURANTS **WINTER 2011**

# CHOW!



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TRASK BEDORTHA

Michael Marzano, Angie Marzano and Joel Poston

## FLAPPING DELICIOUS

*Hot Mama's is so much more than a wing joint*  
 BY ANDY VALENTINE

**W**ings. Hear that word and birds, angels, Paul McCartney and food is pretty much what comes to everyone's mind, right?

It seems chicken wings have been a staple of barbeques, Super Bowls and southern restaurants since time began, so it's only fitting that a new joint in Eugene called Hot Mama's Wings garnered hype before its doors even opened.

The place is all casual attire and low prices, and it boasts a family friendly environment as well as a bar area. You can get pick-up, delivery, eat in, whatever the hell you want — it doesn't matter — as long as you've got a hankering for good, homemade food.

Michael Marzano — who co-owns the establishment with his wife, Angie — grew up in Eugene and met head chef and general manager Joel Poston at the Oregon Country Fair some years back. After life took Michael elsewhere for a while (namely Portland), he decided it was time to pay tribute to the town that raised him.

"[Eugene] is a great town," Marzano said. "This is the best way I could think to give back for all it gave us."

Not only was this refreshing to hear, it also gave insight into the deep commitment to community spirit that Hot Mama's Wings hopes to foster. It's not hard to pick up on the vibe that locality and togetherness are valued highly by the folks at Hot Mama's, which is clearly evident in everything from their decoration to their ingredients.

"We're trying to be as local as possible, staying inside Oregon for a good portion of our food, from the chicken to the produce," said Poston, who is also responsible for creating the menu. But the food isn't all that's coming from a local source; the tabletops, seats, bar, appliances and, well, pretty much everything else, is either used or restored. The bar is made of a bowling alley wood, the seats are made of reclaimed timber from the Nike store, and the ceiling insulation is post-consumer recycled. Really, it's about being as green as possible, a trait that's hard to come by in restaurants. The Hot Mama's crew built the space sustainably and they plan to run it as such.

"What we do in the space is important," co-owner Angie Marzano said, "so recycling, composting, energy efficient lights and heating, blow driers in the bathrooms to cut down on paper use... We all have an environmental ethic in how we live and how we want to do business, and we're going to operate in that way."

So now you know: Hot Mama's Wings is more sustainable than a solar panel. Take note when you go in there. As for the food, well, it shouldn't be all that difficult to notice. They're going for a "casual neighborhood café" feel, with burgers, soups, sandwiches, salads, brunch, breakfast, beer on tap and, of course, chicken wings. Then there's the kids menu, a piece of the restaurant industry that has always lacked style... until now.

"Peanut butter is salt, sugar, peanuts and oil, and that's all it should be," said Poston, who churns his own peanut butter for the organic PB&Js that the restaurant will offer.

"We want there to be healthy options for children so that families can come in and feed their kids right" Angie Marzano explained. "[Michael and I] have a young family, and there aren't that many places like this where we can feed our kids, and so we want to encourage young families also to come in for that reason."

The target price range for a two courser and some drinks for two people is under \$30, with the kids menu holding strong at "five bucks or under," so affordability is yet another value that the Hot Mama's crew wears on its sleeve. It's all about "leaving with a full belly for not a whole lot of money."

On top of all this, they're creating an atmosphere of togetherness that wings can only hope to provide standing alone: They have big screens to watch games, a bar and giant communal table (which is also made of a bowling alley scrap) as well as booths that allow folks to create their own atmosphere. All this, from a simple wing joint? I know: it rocks. ■

*Hot Mama's Wings opens Friday, Feb. 4 — just in time for Super Bowl Sunday — and is located at 420 W. 13th Ave.*

# THINK GLOBALLY, EAT LOCALLY

Two food conferences grow connections BY VANESSA SALVIA

**L**et's face it: Local food is fashionable right now. Following a high tide in recent years of books and graphic documentaries about food and how it's made, people are more aware than ever of what they put into their mouths. We want to know who raised the meat we eat, and how far that parsnip shipped.

Two conferences about food are imminent: One, held at Lane Community College, focuses on making it easy for local farmers to find buyers for their crops; another, the Food Justice conference held at Wayne Morse Center for Law & Politics at UO, connects international and local food scholars with food activists. And while the two conferences do have some overlapping goals, Food Justice ultimately challenges many of the dominant paradigms of the buy local movement.

## CREATING FOOD CONNECTIONS

As wholesome and fresh as local food is, without buyers for the produce farmers grow, a local food system is less than practical. Now in its fifth year, the LCC Local Food Connection conference aims to establish and strengthen connections between food producers and food buyers. At the conference will be representatives of K-12 schools, colleges, hospitals, wholesale buyers (restaurants, natural food stores and food distributors such as Hummingbird Wholesale) as well as ranchers, fishers and farmers that grow fruits and veggies, eggs, beans and grains. Consumers at any level are welcome to come and learn more.

"The goal really is to make the local food supply system stronger," says event organizer Willow Cordain. "What that means is, for example, you have somebody who is starting to grow beans. If there's a local buyer, that's a circular thing, so then the farmer can put that money into growing more beans and promoting more and different avenues of distribution."

Eugene-based Willamette Farm and Food Coalition will present information in a couple of workshops, one on sourcing local beans, grains and flours, and another on local food economics. Megan Kemple, Farm to School Program Coordinator for WFFC, says that we need healthy farms and farmers that can afford to keep farming or there will be no one to grow food for our community.

"We're working really hard to make sure that consumers know where to find local food, and that institutions such as K-12 schools are able to buy as much local produce

as possible," she says. From 2008 to 2009, WFFC helped to double the amount of local food purchased by schools, and the doubling happened again in 2010. "The Local Food Connection is a wonderful opportunity for farms and food buyers to connect directly," Kemple says.

Café Yumm! is an example of that successful networking. The owners of Café Yumm! didn't know they could access a local producer large enough to supply their beans. At last year's conference, they sat next to a representative of Hummingbird Wholesale, and through this connection they now have a supplier of local beans for their popular restaurants.

"Our business is based on sustainable values, and so we try to look at all aspects of sustainability in the business," says Julie Tilt, Hummingbird's president and co-owner. "A big part of that is encouraging organically grown foods and trying to find locally grown foods. We want our food grown here. I think most people don't realize that if the trucks stopped running up and down I-5 for some reason, the food stores would run out of food in three days."

## PROTECTING SMALL-SCALE FARMS

Kitchen gardens are touted as the way to self-sufficiency, and subsistence farmers in other countries are often encouraged to increase their own food production as a means to keep their communities strong. But what happens to the community when that farmer is essentially forced to buy seeds from a large multinational agri-corporation, losing their indigenous food identity in the process?

How realistic is a local food system in the grip of winter? How far afield can you look for additional resources and still fit with your locavore philosophy? "Sometimes the local food movement and particularly the locavore does neglect how inter-connected our food system is, for good and bad," says Allison Carruth, the organizer of Food Justice. "We should think about food regions in the way that ecologists think about watershed regions. In order for the Willamette Valley to become sustainable it may be necessary to foster connections with other food regions."

Regionalism, says Carruth, is an important bridge between local and global. "It doesn't really get enough attention in the food movement around the country," she explains. "It offers a framework to really challenge the local food system and build on its strength."

This inaugural Food Justice conference builds on an event Carruth organized in February 2009 while a postdoctoral fellow at UC Santa Barbara, called Food Sustainability + Food Security. Carruth proposed the Food Justice conference last year when she applied to be a fellow at Wayne Morse Center. "We're hopeful this might become a biannual event which will bring scholars together with community groups as well as international activists," she says. Scholars on topics from environmental law to literature to cultural geography and anthropology will present information. "It's an incredibly rich set of scholars who are going to be talking across traditional boundaries," Carruth adds.

Margaret Hallock, director of the Wayne Morse Center, says the tremendous changes in the past 30, 40 years in food production



Allison Carruth, organizer of Food Justice

and distribution have created trade opportunities for some indigenous people as they shift from producing for themselves to producing for export markets. But trade doesn't provide food security, or food sovereignty.

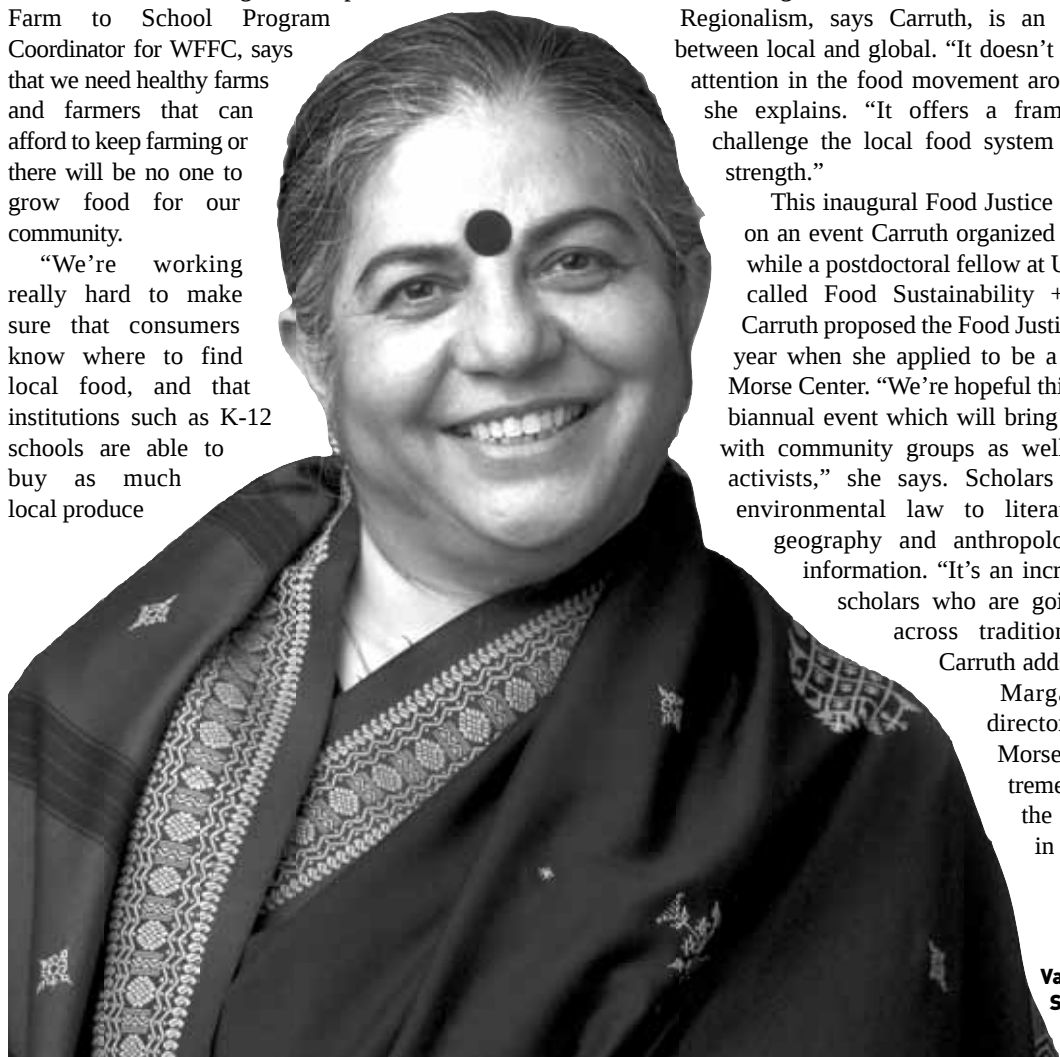
"We want to boost scholarship by highlighting this issue as a key issue, and connect the scholars with local activists," says Hallock, "so they have access to the scholarship but also create new lines of inquiry and connect these communities to move forward on better food policies."

Among those speaking at the conference will be Vandana Shiva, who mobilizes communities in India to reclaim their power over food from agri-business and biotech corporations, and Darra Goldstein, founder of the journal *Gastronomica*. "Darra is an eloquent and dynamic speaker who will reflect on the journal's tenth anniversary," says Carruth, "but also on the bigger conversation about why food really matters as a subject for both research and scholarship, and also political action."

The work of human ecologist David Cleveland, an environmental studies professor at UC Santa Barbara, focuses on small-scale, sustainable agriculture. His panel presentation will translate some of the research findings into creating sustainable agriculture and genetically engineered plants. "Organizations that are dealing with the food crisis always emphasize the need for more production," he says, "because they are so embedded in the mainstream economic system which is ideologically committed to perpetual growth. So the idea that we could help solve the food crisis and address the issue of food injustice by changing distribution patterns is anathema to the establishment."

Simply telling hungry people to grow more food means, in effect, telling them to increase production through modernizing techniques and eliminating subsistence farming. "The people who are at the short end of the food and agriculture stick may have more food but they will have even less power," Cleveland asserts. "Helping small scale farmers becomes the cool thing to say, but you have to really then do your homework. That's what they're saying, but what does it really mean?"

Within the mainstream, supply side food system, Cleveland says, transgenic crop varieties (plants with inserted genes derived from another species) are controlled by a handful of multi-national corporations presiding over the genetically engineered crop industry. "There's a misrepresentation by the people who are promoting genetically engineered varieties," he says. "They claim to be trying to address issues of food injustice and hunger by helping small-scale farmers. Maybe they do really want to help them, but the way they are going to help them is by eliminating them. That's something that needs to be talked about." ■



Vandana Shiva

# THE ART OF SOUP

Local restaurants thrill us with winter surprises BY JENNIFER BURNS LEVIN

After so many weeks of cold and rain, hot soup has become staple in our house. So much so that it was verging on boring. So I turned to the best local resource in town: Facebook. Followers of my food blog recommended a handful of usual soups, each worth trying. The African-inspired peanut soup at Barry's is a mainstay for some. Others recommended the zzambong spicy seafood noodle soup at Café Arirang, or the thick and dark mushroom brie bisque at Aquila and Priscilla's.

Drawing from global traditions, local restaurants ladle up everything one might want in a deep bowl. My journey began at Osteria Sfizio, with a bowl of octopus (now calamari) stew in a red wine and tomato base. The soup is enriched with little pearls of fregola sarda, a Sardinian pasta (\$10).

From Italy, I sauntered over to Japan by way of the Whiteaker's Izakaya Meiji, where I found an authentic sukiyaki, a traditional cast-iron hot pot brimming with beef, napa cabbage, bold chrysanthemum leaves, broiled tofu and konnyaku noodles in a sweet and salty broth (\$14).

The taqueria at Plaza Latina recently removed some unusual classics, birria and posole, from their weekend menu, but I was happy to see menudo (\$5.99), the Mexican tripe soup famous for its curative powers, still available on Saturdays.

And then the Mediterranean called at Greek Paradise Restaurant, where they will swirl together their Persian soup (a mixed-bean and barley soup with mint and spinach) and Armenian soup (chicken and barley soup with a hint of spiciness) in a giant bowl for the low price of \$3.95.

But one restaurant, above all these delicious offerings, beckoned like a mythical soup oasis. "Unbelievable," whispered one insider. "I've never had anything like it," a customer said. Another just sighed, "Banana!"

Yes, I had shown up at Rabbit Bistro & Bar, the land of molecular gastronomer and erstwhile executive chef Gabriel Gil. For \$6 a bowl, one can voyage into French-influenced, cream-style puréed soups, changing every few days, all year round. Last week, the menu featured two legume soups: a red wine lentil crowned with shredded duck leg confit, and a silky white bean with enough fennel to lighten up the usual heft, studded with cubes of roasted pork belly and swirled with bacon oil.

Perhaps we should not be surprised by Gil's stockpot skills. In the past year, he's distinguished himself, first winning the Iron Chef Oregon title in Portland, then serving up Oregon specialties at the James Beard Foundation in New York. His creative and sometimes wild flavor combinations have created a buzz, sometimes washish, often baffled, on the Eugene food scene.

But his soups are brilliant, and I don't say this lightly. Rabbit co-owner/bartender Scott Butler agrees. "He rarely repeats them," Butler says. "The last few winter soups, for example, have had apple or banana as a sweetening agent. I tell customers that the soups won't necessarily taste like the list of ingredients."

Butler is absolutely right. Gil's soups are more than the sum of their parts. His inspiration lies in the molecular gastronomy that governs his cooking, a philosophy



Chef Gabriel Gil

TRASK BEDORTHA

that encourages breaking down dishes into component parts so one can reconstruct them in new ways. Indeed, Gil prefers the margins of the seasons, because they encourage experimentation.

"I start getting antsy toward the end of the season," he says, "and that allows me to make new discoveries." This is reflected in his recent favorite, a beer-based parsnip soup with banana.

Gil's playful side and, I would argue, the best of his cooking, are evident in the creative combinations. He's also not above poking fun at his colleagues. Both Butler and Gil remember a particularly memorable celery purée soup — possibly the only memorable celery purée soup in the history of mankind.

It was inspired by Butler's lunch of Buffalo-style chicken wings.

"Scott often eats chicken wings for lunch," Gil says, laughing, "so one day I made him a soup with some extra celery and the bottle of Frank's Hot Sauce he had in the kitchen." Celery soup in a dark, rich, chicken stock, that is, with a blue cheese froth and a rooster-red hot sauce and butter gel.

"It was like taking a bite and chewing on a chicken wing," says Butler. "He's a soup genius."

I had reached soup nirvana. Even better, especially for those of us without access to gels and foams, Gil has offered his philosophy for readers to inspire their own soups, so we can continue our journeys at home. ■

*The Rabbit Bistro & Bar, 2864 Willamette; 541-343-8226; open 11:30am-10pm Mon.-Fri. (closed 2-4:30pm), 5-10pm Sat., 5-9pm Sun.*

*Jennifer Burns Levin blogs about gastronomic adventures in the Willamette Valley at [culinariaeugenius.wordpress.com](http://culinariaeugenius.wordpress.com)*

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## The Art of Soup Recipe

DEVELOPED WITH CHEF GABRIEL GIL,  
RABBIT BISTRO AND BAR

This soup method is more than a recipe; it reflects Chef Gil's philosophy and methodology for preparing the exquisite soups at Rabbit Bistro. It allows you to create your own combinations using three ingredients that create a base, build a flavor profile and provide a surprising twist. It is particularly good for those with excess root vegetables, whether from a winter CSA box or your own root cellar. At the restaurant, Chef Gil most frequently uses chicken stock or a heartier stock made with chicken and beef bones, but feel free to use any suitable stock, preferably homemade, or water.

Cream is an optional ingredient, since the soup will be made creamy by blending. If you do not add cream, however, you should add a little brown butter, sour cream, or even refry your soup in a little canola oil, otherwise your soup will taste thin. If you are using water instead of stock, plan to add more cream to round out the flavors.

### CHOOSING THE INGREDIENTS

Create a soup base, using one ingredient that will provide the main flavor that the others will complement and contrast. Some options: rutabaga, carrot, celery, locally grown beans or lentils.

Build a flavor profile. Consider your primary ingredient. Butternut squash, for example, is slightly sweet, gentle and earthy. To balance it, you might choose something smoky and hot, like chipotle peppers. This ingredient can be integrated with the base and cooked down, or added later in the process. It might be swirled in at the last minute.

Push the envelope. Break down the components you have, then take a contrasting leap. This ingredient is often added as a garnish, grated or floated on top, or sunk to the bottom as hidden treasure. The butternut-chipotle combination would be surprising with very dark and bitter chocolate, dungeness crab, a chutney made from squash and dates, spiced pumpkin seeds or a froth of tequila and lime (whipped with a whisk or stick blender).

Purchase your ingredients, allowing for several pounds of the base ingredient, several quarts of chicken, beef or vegetable stock, and a cup or so of cream (if you are using cream).

### PREPARING THE SOUP

Cook down the main ingredient for about an hour until the cell structure starts to collapse. You may choose to add other flavoring agents, such as onion and garlic, to the main ingredient. For butternut squash, for example, "sweat" cubes of squash with onions and garlic, a knob of butter or canola oil, and a bit of chicken stock for about an hour in a stock pot over low heat with a lid on the pan. Beans have a slightly different procedure. Sweat onion and garlic, then add the beans and some booze with unsalted stock or water to cover and cook until they start to lose their shape.

After your main ingredient has softened, add liquor if you are using it (Chef Gil often uses sherry or white wine) and reduce by half. If you are using fruit (e.g., dates, golden raisins or apples), add it to the pot now. Then add several quarts of your favorite chicken, beef, vegetable stock or water, and simmer until the soup is reduced again by about half.

Purée the soup in a blender, then pass it through a fine strainer for an unparalleled texture. Return the soup to a saucepan and add your flavor enhancer. If using cream, for example, add it and reduce the soup a bit more to thicken and concentrate the flavors. Sour cream should be added after removing the pot from the burner. At the last minute, add a splash of an appropriate vinegar (e.g., if you have used sherry in the soup, add sherry vinegar) or lemon juice to balance the creamy flavors with some acid.

Garnish with your surprise ingredients, if you haven't yet incorporated them, and serve to your delighted guests.



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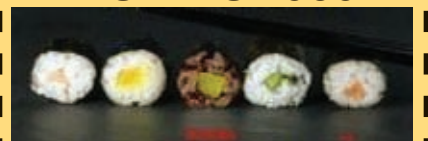
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# ALL DRESSED UP WITH NO PLACE TO SMOKE

Eugene hookah lounges wait to fire up BY LANCE SPARKS

This is how a story is born in cash-strapped journalism: Editor of mag dishes up stew of possible stories, emails same to dogsbody freelancer (DF, me), writes for groats. DF pores over list: “This food fad... that diner... hookah bar...” DF reacts: WTF?! Wazzupwidat?! Hookah? Bar? Some dude has seen the future and made it so! Email back to ed: I’m on it!

Dash out to ancient Honda, do wheelie out of driveway, slam breaks — FIRST, back inside, thrash around for baggie of dried herbal material, um, oregano maybe, somethin’ to share in communal bowl, stow in sock, but WAIT!

Race back to ‘puter, Google hookah bars. Already know hookah, right? Water pipe with multiple hoses for social puffin’ of herbal matter, often tobacco in some form, with deep history in Middle East (guys plunk down on carpet under tent that passes for Sahara shade, load bowl, drop in coal, puffemup on separate hoses, drink tea, talk smack). New versions promote “socializing in a multi-cultural setting.” (Um, apparently new versions unrelated to psychoactive herbs; empty sock, de-stash.)

Google yields about a zillion hits in a nanosecond, shows sites listing nearly 500 hookah bars/lounges in U.S., every state and D.C. — with five new opening every month — but also Canada, U.K., Spain, Netherlands, Russia. Attached stories reveal major pushback against lounges in various places. Anti-tobacco prohibitionists and health nannies are attacking hookah lounges as “unhealthy”;



for instance, Michigan has passed law that will close all hookah lounges by not renewing licenses. List on hookah-bars.com is already outdated but shows 11 lounges in Oregon, eight in Portland, one in Corvallis, one Beaverton, one Springfield (Candy Shak, 2251 Main), none in Eugene — wrong!

Eugene has jumped the craze, now has two: Mirage Hookah Lounge, at 2164 W. 7th, and Al Narah Hookah

Lounge, 1530 Willamette (previously Ratatouille). Roll the Honda, more sedately, Intrepid Reporter-style. Don IR cap, take notebook, recorder, smart phone, ready.

Mirage closed tight, no hours/days/phone listed (opens only at night — tight deadline precludes follow-up).

Al Narah is open. Inside, joint exudes cool, lavenderish walls, regular tables for two, more tables, low-lying with cushy pillows for lounging parties, dim lights, flat-screens, but no people, not a whiff of smoke. One poor guy perches behind counter, workin’ on ‘Net, knows nothing about the biz. Snoop, find list of offered tobaccos, two brands: Starbuzz offers 72 flavors, Social Smoke 77, with names like Wild Mango, Cotton Candy, Caramel Frappucino, Dragon’s Breath. Prices \$13 bowl/\$7 refill. Menu of non-alcoholic drinks, tiny list of food (Top Ramen \$1.50, Mac & Cheese \$2.50, Popcorn \$2). Hookahs for sale, \$10 for small, up to \$70 for tall and fancy). Lots of tobaccos, all the flavors, tins large and small.

Owner arrives, Shady Yasim (Shady pronounced like shad, the fish, not like shade), 25 years old, dynamic, speaks un-accented English (born in Los Angeles, Jordanian heritage). He’s pumped from long ‘chat’ with Eugene Planning and Development Department, folks prohibiting smoking within Al Narah.

Shady and his sister Lara own Al Narah in Gresham, and Shady notes, “I’ve been open two years and I’ve never had a problem or an issue at my Gresham location.” His place is not a bar; nobody gets drunk here, and the form of smoking is “socially accepted everywhere.” Shady wants to “show people that this is a great asset, does business, pays taxes” and is “a great social environment.” He adds, “It’s a culture we’re trying to bring here.” Shady flashes a letter written by neighbor Absolute Wellness Center, showing support for Al Narah.

So far, though, Al Narah Hookah Lounge is all dressed up but nobody can smoke. The *shisha*, the flavored tobaccos, smell great — in the can. Shady Yasim is trying to stay open, noting, “It’s not illegal.” But his is a story for our times. ■

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# HOLY COW CHEWS CHICKEN

*Funky food fixture figures flexivores are the future* BY SHANNON FINNELL

It's a brave new world, and Holy Cow worshippers acknowledge that even omnivores are getting involved in the ethical decisions about what they eat. When café co-owner Katherine Lavine decided to bite the bullet after 14 years of considering an off-campus location and open a second restaurant in the space of the former Fina Taqueria, she knew it was time to apply the local, organic, environmentally friendly Holy Cow philosophy to a brand new set of circumstances.

Lavine still thinks sticking to vegetarianism or veganism is the best way to eat, but she also admits that some people will always eat meat for various reasons. She didn't want insistent omnivores to be stuck with non-organic meat raised in tortuous conditions, so she and her co-owner, head chef Anton Ferreira, decided to embrace the concept of "flexivores." Flexivores eat meat but consciously try to eat more meals without meat, and when they do eat meat they try to do so in smaller portions.

"One of the things that I've learned is that there is a class of people that think if there's no meat, they can't eat there, so groups of people miss out," Lavine says. By ensuring that Eugeneans craving chicken and fish can follow their friends to the mostly vegetarian and vegan restaurant, she plans to draw a new crowd to Holy Cow while still providing local organic meals further down the food web.

To Lavine, moving toward flexivorism embraces the original concept that she and Ferreira planned when they created Holy Cow as a vendor to local restaurants 20 years ago.

"We wanted to change the world by changing the food system," Lavine says. And while Lavine's not taking all of the credit for it, Eugene's food system is slowly transitioning toward a more local and organic-based bank of foodstuffs.

The new location offers separate, color-coded menus and plates for vegetarians and vegans who want to make sure that even things they aren't eating are strictly "nothing with a mother or a face." There's also a gluten-free menu to avoid celiac flour-torture.

Holy Cow chef Ferreira (Lavine calls him a "restless improver") is using the new space to expand the number of things they cook in house. Pita bread and tortillas are now made fresh on the premises.

Another advantage of opening a second location is its off-campus location — can you smell the booze? Holy Cow is building its local, organic wine and beer



Katherine Lavine and some of the Holy Cow crew

list with Oakshire Brewing and Hopworks Urban Brewing, and hopes to add more soon.

For its opening, Lavine and Ferreira decided to try a "pay as you go" experiment, allowing customers to order at the counter, eat, then pay what they felt the meal was worth. Lavine says customers seemed slightly uncomfortable with such freedom.

"I think it was hard for people to grasp," she says, "they just wanted to be told what the prices were." If Holy Cow repeats the experiment, Lavine says she would consider skipping the counter and cash register altogether, to avoid the awkwardness of standing at

the register and not paying.

The owners are still working out the décor while the restaurant is up and running. In the same tradition as their long search for an additional location, they have local artists Brandi York and Rachel Wolfe-Goldsmith working on murals, both inside and out. Michael Martin is creating a courtyard mosaic. "We try to support not just our farmers but local craftsmen as well," Levine says. "The sense of community is central to what Holy Cow is about." ■

*Holy Cow Restaurant, 2621 Willamette; 852-4659; open 11am-8pm every day, hours to expand.*



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Saigon Street Cart chef  
Bryson Fairlamb

# FULL MEAL SANDWICH

Saigon Street Cart brings a taste of Vietnam to the Whiteaker BY RICK LEVIN

When, in 1787, the French military came to the aid of Nguyen Anh in his efforts to reclaim territory lost to the Tay So'n, a long and tangled history of imperial intervention and colonial carpetbagging was unleashed upon that part of the globe now called Vietnam. And yet, as any anthropologist will tell you, it isn't only shrapnel that flies when societies collide; there is also assimilation, melding, brokering and borrowing, often leading to new and surprising cross-cultural pollinations. In the case of Vietnam and the legacy of French Indochina, there is at least one silver lining: That food is damn tasty. The French introduced bread baking to the Vietnamese, as well as pâtés and other comestibles, all of which local cooks made uniquely their own.

Local chef Bryson Fairlamb was turned on to Asian cuisine when he and his wife traveled to Thailand in 1999 and then again in 2000. A Eugene native who spent about a decade as an executive chef in Bend before returning home three years ago, Fairlamb recently opened Saigon Street Cart in the bustling Whiteaker district. Located between 2nd and 3rd on Van Buren, the cart opens five days a week between 11 am and 3 pm and specializes in *banh mi*, those baguette-style sandwiches that are in many ways the epitome of the Franco-Vietnamese fusion.

For Fairlamb, starting up a food cart was something of a lark, a combination of timing, know-how and good luck. "I'd seen a restaurant built from the ground up," he says. "I saw how hard it is, how expensive it could be. I just wanted to go the minimalist approach." When he spotted a used food cart for sale, he decided to dive in head first — a decision that was sweetened by the fact that a buddy of his owns the lot where he's set up shop. "I just kind of went for it," says Fairlamb.

While in Bend, Fairlamb worked under a chef with an Asian background. "I had free range to do all kinds of Asian specials," he says. His travels to Thailand only furthered his interest in the cuisine. "I just really got into it," he says. "I love the flavors of Southeast Asia," especially, he adds, the combinations of hot/sour and saucy/sweet that are its trademark.

As with many Eugene chefs these days, Fairlamb is punctilious about using organic, locally produced ingredients. He gets all his meats from Long's Meat Market, and he buys his French rolls from Sunrise Market, which ships in loafs from a traditional Vietnamese bakery in Portland. The bread is crucial. "It has to have a crispy, crunchy crust," Fairlamb says, "but yet be fluffy on the inside."

All of Saigon Street Cart's sandwiches, which run between \$5 and \$6, are garnished with pickled carrots and *do chua* (daikon radishes), sliced cucumber, cilantro, jalapeños and mayo. The hum-dinger is the "deli special," a savory, tangy sandwich that — along with tender, hoisin-glazed pork — includes layers of ham and country pate, which Fairlamb describes as "ghetto French pâté with Vietnamese flavors." It's these touches that put the sandwich, which is rich, savory and tangy, right over the top. It's exotic but unpretentious, and completely delicious.

Saigon Street Cart also offers lemongrass chicken (\$5) as well as sides of pate, chips and pickles for a buck each. Vegetarian options are available; Fairlamb says he's been extremely pleased with the Soy Curls product made in Salem, which he puts on bread with a homemade mushroom pate.

"My cooking philosophy has always been kind of family style food, something you'd eat at home," Fairlamb says. In this case, home is where the street cart is. ■

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Left: **Washburne Chicken Salad Wrap**  
Right: **Beth Mason, Karen Hageman, Phillip Boateng**

# HISTORY IN THE MAKING

*A Springfield café connects past and future* BY AARON RAGAN-FORE

**D**owntown Springfield's Main Street strip continues to tread the line between gentrified and generally sketchy. And the permanent closure of Ruthie B's Antiques in a couple of weeks marks the end of one of the neighborhood's anchoring storefronts.

But last May saw the addition of the Washburne Café, a homey breakfast and lunch place just down the street.

"I wanted to create a place that I'd like to go, that was comfortable and welcoming," says café owner Karen Hageman. Originally from New Jersey, Hageman says the Washburne is her first foray into restaurant ownership after stints in construction, real estate and retail.

At breakfast time, Hageman's new venture serves various egg dishes with cibatta toast, including a "Washburne bowl" with eggs, meat and potatoes. Lunchtime fare includes paninis on locally-baked focaccia, as well as house-made soups. The chicken salad wrap is especially tasty and includes cucumbers and cranberries in the mix. Fluffy, house-made baked goods include tropical fruit scones and peach muffins, complemented by a coffee bar ... and free Wi-Fi.

"It's getting busier all the time as word gets out," says Hageman.

And she seems to be right. During a recent visit at almost 2 pm on a weekday afternoon, the lunch rush had yet to abate. The crowd proved eclectic, too. Some patrons read while dining alone. A couple of parents had children in tow. A group of college students, laptops and calculators spread across a round table by the window, discussed APR and interest rates.

Hageman says she has the city government to thank for her success. "It's just a real can-do place to be," she says of Springfield. "When the voters passed the urban renewal issue, I was appointed to the advisory committee for the Downtown Urban Renewal District.

"It's one of the most exciting things to be on the ground floor of a developing downtown," Hageman adds.

Part of developing that downtown, in Hageman's book, is supporting area artists. Photography and art by locals line the walls, and the Washburne is a stop on Springfield's Second Friday Art Walk. On those nights the café features live music, most recently a four-piece jazz band.

"I had well over a hundred people from five to eight," says Hageman, who has applied for a beer and wine license to accommodate the artsy folks.

Entering the café, one of the first things a patron notices is that the charmingly mismatched farmhouse

furniture and historic photos of old Springfield lining the walls make it a natural fit for Main Street's antiques row.

An investigation by a UO student revealed that the Washburne storefront dates back to 1906, and was originally used as the Springfield Armory. The building has been home to a hardware store, a real estate office and, more recently, a spa.

Once upon a time it was a bank as well, and Hageman enjoys playing history detective in her new digs. "You can see where there are indentations," she says of the in the Douglas fir floorboards, pointing out the "little teeny pock marks that run in four little rows" where spike-soled men from the local mills stood in line to cash checks or make deposits.

Hageman says she hopes the Washburne will make some history of its own. "I like the community feel," she says. "I am a huge Springfield proponent."

Now it's time to see if downtown Springfield is a proponent of Hageman, and of The Washburne Café. ■

*The Washburne Café, 326 Main St, Springfield. 746-7999; open 7:30am-5pm Mon.-Fri.; 8am-4pm Sat.*

PHOTOS BY KAI HAYASHI

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JOHN VALLS

# TELLING THE TRUFFLE'S TALE

Annual Oregon festival features tastings, lectures and demos BY AMANDA BEDORTHA

**N**ow in its sixth year, The Oregon Truffle Festival features all things truffle, including tastings, demonstrations, lectures and classes. Though many of this year's events are already sold out, truffle enthusiasts and those curious about tasting and learning more about the native fungus can attend the festival's MarketPlace event on Sunday, Jan. 30.

Truffles are a rare, exquisite and expensive indulgence primarily found in European countries like France and Italy. But Oregon is quickly gaining recognition for being one of the top spots for harvesting some of the world's finest and most delectable truffles. Recognized for their distinct aroma and taste, truffles described by a wealth of adjectives, ranging anywhere from "alluring" to "forest floor."

Attendees at the Jan. 30 MarketPlace shindig, located at the Valley River Inn, will experience five hours of truffle events, including tastings, artisan foods, fresh truffles, a truffle dog demonstration and a lecture series. "Truffles are not a fad," says festival organizer Leslie Scott. "Having gone to truffle festivals in Europe, everyone celebrates truffles everywhere they are found."

Here in Oregon, the festival will celebrate its native culinary ingredient by brining a taste of the old and new world to attendees through educational materials that highlight sustainable farming and the protection of truffle habitat. "We have this glorious native ingredient," says Scott. "It's authentically Oregon."

In addition, attendees will learn about the role truffles play in Oregon's history. "What's important to me is telling the Oregon experience, as well as that of the old world," says Scott. Part of that history includes the recent use of dog hunters to find the ripest and freshest truffles in Oregon.

Truffles can be harvested by the human hand, but it is our canine friends who are able to detect a truffle at its peak ripeness. The truffle dog demonstration will show how these animals are trained to sniff out truffles specific to Oregon. The state's native species of truffles include two white varieties and one black, each of which is relatively widespread and easy to harvest.

Another highlight of this year's event is "SLOW: The Taste of Authenticity." In partnership with the Jordan Schnitzer Museum of Art, this Friday night event will feature art by Douglas Gayeton, a photographer whose work highlights the daily pleasures of growing, harvesting, preparing and savoring seasonal food. Also included in the night's festivities are Alessandro Mondello and Danilo Bernardino of Italy's most active truffle association, Mondo Tartufo. Mondello and Bernardino will engage attendees with a lively discussion of sensorial analysis, focusing on the complex flavor notes of truffles as they ripen.

According to Scott, truffles are a powerful olfactory experience when they are shaved and served over oil. Because truffle aromas are fat soluble, they can easily impart an aromatic accent to butter, oils and eggs, among other foods. During the festival, attendees will discover a variety of methods for cooking with truffles as well as having a chance to sample truffle dishes prepared by renowned chefs.

Admission is \$15, though for \$20 one can savor all aspects of the MarketPlace event as well as receiving a commemorative Oregon Truffle Festival Riedel wine glass and wine tastings featuring eight of Oregon's wineries. Participating vendors include Marché Provisions, Rogue Creamery and many more. ■

The event runs from 11am to 4pm; for more information about the Oregon Truffle Festival, visit [www.oregontrufflefestival.com](http://www.oregontrufflefestival.com)

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# FOOD ETHICS FOR IMPASSIONED GOOFBALLS

Are you what you eat? BY SHANNON FINNELL

**T**he recipe: one part food news from around Oregon and the globe, one part concerned foodie philosophy and two parts goofy host. The result: the yummy, locavorian, organic, slightly cynical but with-a-sense-of-humor KLCC radio show *Food for Thought*.

Hosts Ryan Dawe-Stotz and Boris Wiedenfeld were already immersed in their jobs buying food and wine at Marche Provisions and Sundance Wine Cellars when KLCC's longtime "Natural World" host John Cooney (that's John with an 'h') approached them each with the suggestion that KLCC needed a show on local food.

Dawe-Stotz has worked on radio shows before, Wiedenfeld has an extensive recording background as a musician and, when they met, they clicked. For six months, *Food for Thought* has utilized a mix of news, interviews and listener tips to contribute to the discourse about how food works in the lives of Oregonians. "Food is something that affects directly every single American because everyone has to eat, but it gets very little attention in the national media," Wiedenfeld says.

Years ago, buying local and organic food was difficult and almost always expensive, but the hosts say *Food for Thought* is proof that the movement is expanding economically and geographically. "It's not this yuppie phenomenon," says Dawe-Stotz. Though not everyone has easy access to farmers' markets, the growing use of Oregon Trail cards shows a rising demand for locally produced food, as does the demographic of *Food for Thought* callers. "A lot of people call in from Southern Oregon, the coast and the mountains," Wiedenfeld says.

Both hosts note that one of their hottest topics is genetically modified organisms, which even informed eaters have a tough time avoiding. Shows that solicit recommendations and tips from the audience also garner a lot of calls. Dawe-Stotz says the Oregon wine industry is taking a series of fascinating turns right now. "It's really grown up after years of fits and starts," he says. A combination of the recession and crop difficulties has forced Oregon wineries to "regroup as an industry," and figure out an as yet undetermined new role in the marketplace.

In the remainder of its first year, *Food for Thought* will continue its focus on impactful, goofy food news, and add a segment that features cooking with local figures.

Dawe-Stotz says that their day jobs procuring food and wine from around the Northwest help tip him and Wiedenfeld off to trends, problems and news that they then work into the show. "It's easier for a lot of people to hear a dialogue of people actually speaking about it, people who are actually in the industry, who worked cooking with and procuring local foods on a daily basis rather than somebody who was just writing about it as an interested journalist," Dawe-Stotz says.

They also think their background helps them understand the significance of their topic. Wiedenfeld says the hosts are careful to keep the conversation on a level that the average listener can understand, and sometimes others in the food industry are surprised to hear him ask simpler questions. "If we did a show where Ryan and I only asked things we didn't know, it would be a very short show," he jokes.

"What's surprised me is the political tone that the show took," Dawe-Stotz says. "When it started up we intended it to be a fun, funny rundown of here's what's going on in local food." Fun and funny is still *Food for Thought*'s tone, but local food topics are rife with politics and the hosts discuss them candidly, letting the chips fall where they may. "We're equal opportunity disher-outers," says Wiedenfeld.

And that cool, catchy track that kicks off every show? Wiedenfeld wrote and performed it. "He's the Renaissance man of the show," Dawe-Stotz says.

Like a Renaissance philosopher, Wiedenfeld is hankering for a rebirth of appetite consciousness. "Eating is something a lot of people do with their brain turned off," he says, "and we'd like them to pay more attention to it — enjoy it more and at the same time care where it comes from, too." ■

Food For Thought airs Sunday noon-1pm on KLCC 89.7 FM

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## American

### ADDI'S DINER

207 S. A St., Springfield. 747-9482.

Breakfast: platter-sized pancakes, biscuits and gravy, fresh grated potatoes, homemade muffins and rolls. Lunch: homemade soups, cornbread, old fashioned hamburgers, fresh-cut potato skins. Breakfast served all day on Saturdays and Sundays. 4 am-2 pm W-Su. All major cards. \$.

### ANNIE'S BAR & GRILL

49 W. 29th Ave. 343-3813.

Serving lunch and dinner: Salads, sandwiches, burgers, dinner entrées, pasta, desserts. Weeknight happy hour from 3:30 pm-6:30 pm. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. \$-\$\$\$.

### AX BILLY GRILL & SPORTS BAR

999 Willamette St. (third floor, Downtown Athletic Club Bldg.). 484-4011.

Serving lunch and dinner: American grill-style cuisine prepared in unique wood burning oven. Vegetarian entrées. Wine, beer, microbrews, full bar. Reservations. Open to the public. Some OG/LG. Wheelchair accessible. Lunch 11:30 am-2 pm M-F. Dinner 5-9 pm Tu-Th, 5-10 pm F & Sa. Sports Bar 11:30 am-10 pm M-F, 5-10 pm Sa. MC/V/AE/D. \$\$\$.

### BILLY MAC'S

605 W. 19th Ave. 687-5722.

www.billymacsgrill.com

Chef Bill's signature items: Poulet grille, whiskey cured prime rib (F & Sa only), chicken piccata, Indian baked salmon, cheese soup, Grandma's rolls and many more. Local beer and wines, full bar. 4 pm-9 pm Tu-Sa. All major cards. \$\$\$.

### BJ'S PIZZA & GRILL

1600 Coburg Rd. 342-6114.

Serving lunch, dinner: Specialty salads, pastas, ribs, Chicago-style pizza, hamburgers, sandwiches, desserts, vegetarian entrées. Wine, handcrafted beers. Take-out and delivery. 11 am-10 pm Su-Th, 11 am-11 pm F-Sa. MC/V/AE. \$-\$\$\$.

### BLACK FOREST

50 E. 11th Ave. 686-6619.

Breakfast, lunch, dinner 'til midnight. Daily lunch and drink specials. \$3 happy hour food specials. Weekly entertainment: Su: Movie Night on 10-foot projection screen, M: Karaoke, Tu: Blues Jam, W: PBR open mic, Thu-Sa: live music. 11 am-2:30 am daily. All major cards. \$.

### BROADWAY, THE

17 Oakway Cntr. 685-0790.

Serving seasonal soups, appetizers and cheese plates. Wine by the case, bottle or glass. Draft beer. Wheelchair accessible. 10 am-7 pm Tu-Th, 10-close F, 10 am-7 pm Sa. MC/V. \$\$\$.

### BUDDY'S DINER

1725 Coburg Rd. 344-6583.

Serving breakfast, lunch, dinner: Hamburgers, Gardenburgers, grilled chicken dishes and sandwiches, Philly sandwiches, ribs, meatloaf and chicken dinners, soups, salads, desserts, milkshakes. Take-out. Wheelchair accessible. 7 am-9 pm Su-Th, 7 am-10 pm F-Sa. MC/V/AE/D. \$-\$\$\$.

### CHEBA HUT "TOASTED" SUBS

339 E. 11th Ave. 653-9827.

Serving lunch, dinner: Sandwiches, salads, soups, desserts, with hemp seeds and butter, sauces. Vegetarian options. 11 am-10 pm daily. All major cards. \$.

### CHICKEN BONZ

1815 Pioneer Pkwy. East, Springfield. 726-0111.

Serving lunch and dinner, fresh buffalo-style wings, hand-breaded chicken tenders in a choice of mild, medium, hot, damn hot, honey barbeque and teriyaki. Sandwiches and salad bar. All-you-can-eat wings and \$1 Budweiser every day. LG. Wheelchair accessible. 11 am-9 pm daily. MC/V. \$\$\$.

### CONWAY'S RESTAURANT & LOUNGE

5658 Main St., Springfield. 741-6897.

Serving breakfast, lunch, dinner: Sandwiches, burgers, fish and chips, pitas, appetizers. 11 am-2:30 am M-F, 9 am-2:30 am Sa & Su. MC/V. \$-\$\$.

### COOLER RESTAURANT AND BAR, THE

20 Centennial Loop. 484-4355.

Serving breakfast until 4 pm, lunch and dinner all hours. Specialty sandwiches, prime rib dip, Kobe beef burger, fish & chips, wraps, salads, appetizers, vegetarian entrées and daily specials. Take-out. Full bar, including local wine and brews. 15-foot big screen TV. Pool and Oregon lottery/keno. Happy hour 4-7 pm Monday-Friday and all day Sunday. 6 am-2:30 am daily. Minors welcome until 4 pm. MC/V/AE. \$-\$\$.

### CORNUCOPIA BAR & BURGERS

5th & Pearl. 485-2676.

Serving lunch, dinner and full late-night menu: Homemade soups and salads, much more. Take-out. Indoor and outdoor seating. Extensive menu. Full bar. Local flavor. Live music Friday and Saturday nights. Some OG/LG. Wheelchair accessible. 11 am-2:30 am daily. All major cards. \$-\$\$.

★ Best Burger

### COUNTRYSIDE PIZZA & GRILL

645 River Rd. 463-7632.

Serving breakfast, lunch, dinner. Daily specials, steaks, seafood, pasta, calzone & pizza. Full bar. Take-out. Some OG. Wheelchair accessible. 6:30 am-9 pm daily. V/D. \$-\$\$\$\$.

### DAVID MINOR THEATER & PUB, THE

180 E. 5th Ave. 762-1700.

www.davidminortheater.com

Serving an assortment of burgers (from Cornucopia), Phillys, salads, veggie options and bar food, including Café Lucky Noodle's mac 'n' cheese. Local beers on tap. No minors. \$-\$\$.

### DIABLO'S DOWNTOWN LOUNGE

959 Pearl St. 343-2346.

Diablo's Kitchen serves homemade Southwestern dishes until 2:30 am. Vegetarian, too! Quick-fix lunches, hand-rolled taquitos, mac-n-cheese balls, signature firebird chicken, deluxe nachos, tequila shrimp, soups, burgers, wings, enchiladas. All-you-can-eat spaghetti Monday; Big Taco Tuesday; Blues Bar-B-Que Wednesday; Enchilada Thursday; Fish-n-Chip Friday. Garlic-parmesan fries. Private parties available. Try the hellacious hot sauce (one drop) only if you dare.

Some LG. 1 pm-2:30 am M-F, 3 pm-2:30 am Sa & Su. MC/V. \$\$.

### DISTRICT, THE

1290 Oak St. 434-6553.

Evening menu includes nachos, Philly sliders and more. 9 pm-2:30 am daily. \$-\$\$.

### DOC'S PAD

710 Willamette St. 343-0224.

Downtown restaurant and sports lounge serving breakfast all day, burgers and sandwiches, dinner and dessert. \$12.50 weekend Football Breakfast Buffet includes bloody Mary, draft beer or well drink. Free shuttle to and from all home Duck games. Minors welcome until 8 pm. 11 am-2:30 am daily. All major cards. \$-\$\$\$.

### DOG IN A BOX

17th Ave. & Pearl. 485-0700.

6th Ave. & Charnelton. 484-7068.

www.doginaboxeugene.com

More than 14 kinds of hot dogs and European sausages. Eugene's own. German, Polish, Hungarian, Cajun, cheddar franks, chili dogs, Sicilian, chicken, etc. 11 am-5 pm M-Sa. All major cards. \$.

### DOUG'S PLACE CATERING

86742 McVay Hwy. 988-1828.

www.dougscatering.com

Featured in the "Best Of..." series of the Register-Guard (Nov. 2007). Offers casual affordable catering services. Drop-off catering available for business lunches, training seminars and club meetings. Full service catering available for weddings, rehearsal dinners, company picnics, birthdays, tailgaters, school reunions, family reunions, craft services and more. Email dougscatering@gmail.com for free price quotes. Some OG/LG. 7 am-8 pm M-F, 8 am-7 pm Sa, 11 am-6 pm Su. V/MC/AE. \$-\$\$.

### DUCK INN BAR & GRILL

1795 W. 6th Ave. 302-9206.

Serving breakfast, lunch, dinner, brunch: Burgers, sandwiches, steaks. Full bar, local brews, nightly special events. 10 am-2:30 am daily. All major cards. \$-\$\$\$.

### ELDORADO CLUB

3000 W. 11th Ave. 683-4580.

Specials: M: Bob's Famous Spaghetti, \$5; Tu: \$1 tacos; W: Damn Good Chili, \$5; Th: Chef's choice; F: BBQ or prime rib dinner, \$7-\$9; Sa: 10 oz. steak dinner, \$7; Su: Burger & Brew, \$6. Newly renovated. 10 am-2:30 am daily. V/MC. \$-\$\$.

### EMBERS, THE

1811 Hwy 99 N. 688-6564.

Serving breakfast, lunch and dinner. Large, comfortable restaurant with an emphasis on service. LG. Wheelchair accessible. Dining room: 7 am-10 pm. Lounge: 7 am-2:30 am. All major cards. \$\$.

### EUGENE CITY BREWERY

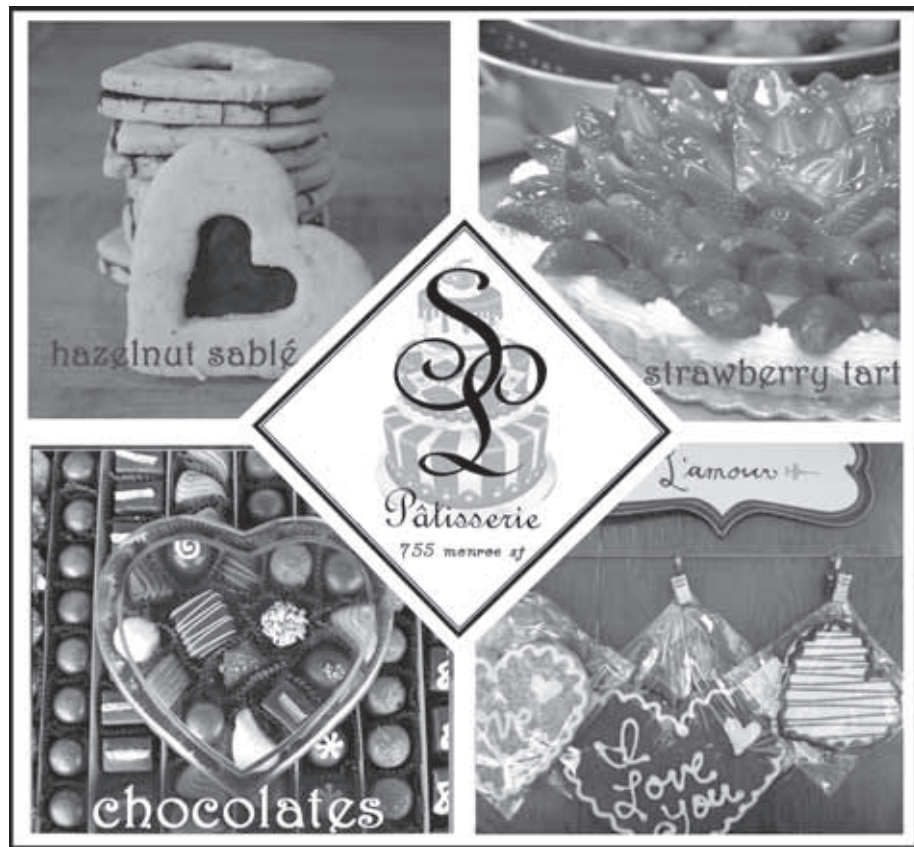
844 Olive St. 345-4155.

Family dining in a comfortable atmosphere. World-class ales brewed on site. Extensive menu. Vegetarian entrées. 11 am-10 pm Su, 11 am-11 pm M-Th, 11 am-midnight Sa & Su. All major cards. \$.

### FIN'S DRIVE IN

4090 Main St., Springfield. 741-3467.

'50s-style diner with car service. Serving breakfast, lunch, dinner: Burgers, old-fashioned soda fountain, shakes, homemade root beer, homemade pies, vegetarian entrées. Outside seating.



**Sweet Basil Thai Cuisine**

Voted BEST THAI RESTAURANT by EW Readers 2006-2007

*You can have it mild or you can have it wild!*

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2009

**best thai food**  
2009  
oregon daily emerald reader's poll

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## Roasted Tuscan Chicken

FROM AMICI (INSIDE HOLIDAY INN ON KRUSE WAY)

Enjoy delicious contemporary Italian cuisine at Amici, located inside the Eugene-Springfield Holiday Inn. Executive Chef Tim Hannigan seasons this oven-roasted half chicken with Tuscan herbs and lemon, then serves it with roasted potatoes and vegetables. The restaurant has happy hour daily from 4 to 6 pm with food and drink specials.

1 whole chicken, split down the center, back portion removed

Marinade  
1 cup olive oil  
1 cup lemon juice  
1 tsp. lemon zest  
1 tbsp. chopped rosemary  
1/2 tsp. granulated garlic  
1/2 tsp. dried thyme  
salt and pepper to taste

Mix marinade, reserving 1/4 cup. Pour remaining marinade over chicken. Marinate chicken for 3 hours in refrigerator. Roast chicken in oven for 45 minutes at 375 degrees or until chicken reaches an internal temperature of 165 degrees. Remove from oven, baste with remaining marinade, and serve.






# SFIZIO

**UPCOMING EVENTS**

SPECIAL TRUFFLE DINNER BEGINS TONIGHT,  
THURSDAY 1/27 THROUGH SATURDAY 1/29

PIEMONTE REGIONAL DINNER THIS SUNDAY 1/30.  
LIMITED SEATING, RESERVATIONS SUGGESTED.

**105 OAKWAY CENTER - EUGENE, OR**  
IN THE HERITAGE COURTYARD

24-HOUR ONLINE RESERVATIONS @  
[www.sfizioeugene.com](http://www.sfizioeugene.com)

**541.302.3000**

## CHOW! Restaurant Listings

Take-out. 7 am-9 pm M-Th, 7 am-10 pm F, 7 am-10 pm Sa, 7 am-9 pm Su. V/D. \$.

### GI'S FAMILY RESTAURANT

1563 W. 6th Ave. 686-6666.  
Serving a great selection of breakfast and lunch dishes, specials. 7 am-2 pm daily. All major cards. \$-\$\$.

### GOOD TIMES CAFÉ

375 E. 7th Ave. 484-7181.  
Serving breakfast, lunch, dinner: Hamburgers, veggie burgers, chicken sandwich, daily specials, vegetarian entrées, soups, salads. Wine, beer, 36 taps including 26 microbrews. Take-out. LG. 11 am-2:30 am daily, breakfast 11 am-5 pm Sa & Su. MC/V. \$.

### GREEN OLIVE, THE

1675 Franklin Blvd. 344-2777.  
Serving breakfast, lunch, dinner: American food, breakfast all day, vegetarian and gluten-free options, fresh made, full bar. LG. 7 am-9 pm M-W, 7 am-11 pm Th-Sa, 7 am-3 pm Su. All major cards. \$-\$\$.

### HERITAGE FAMILY RESTAURANT

1414 Mohawk Blvd., Springfield. 726-1129.

### HIGHLANDS PUB, THE

390 E. 40th Ave. 485-4304.  
Serving lunch and dinner, appetizers to full entrées. Breakfast served until 2 pm on the weekends. Featuring 32 microbrews on tap, wine, full bar, five pool tables, ping pong, darts, pinball and classic video games. Take-out. Wheelchair accessible. 11 am-2:30 am daily. \$-\$\$.

### HILLSIDE GRILL

32981 E. Pearl St., Coburg. 343-9301.  
Serving lunch, dinner: Barbecued baby back ribs, homemade soups and desserts, specializing in fresh seafood, pasta, steaks, burgers, sandwiches, gourmet salad bar. Daily lunch and dinner specials. Wine and beer. Catering. LG. 11 am-8 pm Tu-Th, 11 am-9 pm F-Sa, 3-8 pm Su. MC/V/DC. \$\$\$.

### HOMETOWN BUFFET

3000 Gateway St., #726 (Gateway Mall), Springfield. 746-3220.  
Start your weekend with all you can eat eggs, sausage, bacon, French toast, made to order omelettes and much more. Weekend breakfast 8 am-11:30 am. Wheelchair accessible. 11 am-8:30 pm M-F, 8 am-9 pm Sa, 8 am-8:30 pm Su. MC/V/D. \$-\$\$.

### HOP VALLEY BREWING COMPANY

See Microbrew

### HORSEHEAD BAR

99 W. Broadway. 683-3154.  
Now serving Mississippi Bayou barbecue: fried chicken, pork ribs, jambalaya, oyster shooters, pulled pork, fried catfish, collard greens, gator burgers, red beans & rice, mac & cheese. Full menu until 2 am. 11:30 am-2 am M-F, noon-2 am Sa & Su. MC/V. \$-\$\$.

### ★ Best Late-Night Eats

### ★ Best Bar, Second Place

### ★ Best Bartender, Ty Connor

### JACKALOPE LOUNGE

453 Willamette St. 485-1519.  
Serving lunch, dinner. A spirits and sports saloon, casual and comfortable, with mouth-watering fare. 11 am-2:30 am daily. MC/V. \$-\$\$.

### JIM'S LANDING

303 Main St., Springfield. 726-7570.  
Serving breakfast, lunch and dinner: Omelettes, biscuits, hashbrowns and gravy. Vegetarian entrées. Full bar. Take-out. 7 am-2:30 am daily. V/ MC. \$.

### JOGGERS BAR & GRILL

710 Willamette St. 343-0224.  
Serving lunch and dinner: Burgers, chicken, steaks, seafood, wraps, vegetarian entrées. Wine, beer, full bar. Take-out. 11 am-2 am M-Sa, 4 pm-2 am Su. MC/V. \$-\$\$.

### LOFT AT TURTLES, THE

2690 Willamette St. 465-9038.

### MCENAMIN'S NORTH BANK

See Microbrew

### MC SHANE'S BAR AND GRILL

86495 College View. 747-4535.  
Reubens, burgers, shepherd's pie, ribs, steaks, salads, vegetarian and daily specials. Take-out available. Patio seating, indoor smoking sections, 28 rotating beers on tap. Full liquor bar, pinball, pool, darts, foosball and more. 11 am-2:30 am M-F, 9:30 am-2:30 am Sa & Su. MC/V. \$-\$\$.

### MOOKIE'S NORTHWEST GRILL

400 International Way, Springfield. 744-4148.  
[www.mookiesgrill.com](http://www.mookiesgrill.com)  
Serving lunch and dinner: Four daily lunch specials, \$6 lunch menu, six nightly dinner specials.

Homemade soups, desserts and fresh-baked breads. Steaks, fresh seafood and pastas. Slow-roasted prime ribs on weekends. 11 am-2 pm Tu-F, 4:30 pm-8 pm Tu-Th, 4:30 pm-8:30 pm F & Sa. MC/V/AE. \$\$\$.

### OLD PAD, THE

3355 E. Amazon. 686-5022.  
Serving breakfast, lunch, dinner: Omelettes, burgers, sandwiches, homemade soups, salads, chicken, appetizers. 12 micros on tap, wine, full liquor bar. Daily food and drink specials. Sports, pool, games, Oregon Lottery/Keno. Wheelchair accessible. 7 am-2:30 am daily. Minors welcome from 7 am-9 pm. MC/V/AE/D. \$\$.

### ORIGINAL PANCAKE HOUSE

782 E. Broadway. 343-7523.  
Serving breakfast all day: Pancakes, waffles, crepes, omelettes, breakfast meats. All pancakes made from scratch. Homemade maple syrup and real butter. Wheelchair accessible. 6 am-2 pm daily. MC/V/AE. \$.

### OVERTIME GRILL

770 S. Bertelsen. 342-5028.  
Serving breakfast, lunch, dinner: Burgers, sandwiches, steaks, soups, salads. 7 am-midnight daily. All major cards. \$.

### POUR HOUSE TAVERN

444 N. 42nd St., Springfield. 746-1337.  
Serving breakfast, lunch and dinner: Homecooked meals, breakfast specials and prime rib dinner on Fridays. Full bar. Take-out. LG. Wheelchair accessible. 7 am-2:30 am M-Sa, 7 am-12 am Su. MC/V/D. \$-\$\$.

### RED ROBIN

1221 Executive Pkwy. 484-9588.  
Serving lunch, dinner: Burgers, pastas, Gardenburgers, barbecued chicken salad, clam chowder, chicken tortilla soup and French onion soup. Full bar. Take-out. 11 am-11 pm Su-Th, 11 am-midnight F-Sa. Checks not accepted. MC/V/AE/D. \$.

### RIVALZ BAR & GRILL

2101 Bailey Hill Rd. 345-3791.  
Appetizers, wraps and bowls, salads, chicken, fish, full bar, TVs. 11 am-9 pm M-F, 8 am-9 pm Sa. All major cards. . \$.

### SAM'S PLACE

825 Wilson St. 484-4455.  
Serving breakfast, lunch and dinner: Charbroiled steaks, burgers and seafood. Breakfast served all day. Full bar. Take-out, lottery games, outdoor patio. West Eugene's friendly, local bar. LG. Wheelchair accessible. 9 am-2:30 am M-Sa, 9 am-midnight Su. MC/V. \$.

### SHARI'S RESTAURANT

2950 W. 11th Ave. 344-1155.  
35 Division Ave. 689-2688.  
1807 Pioneer Pkwy., Springfield. 747-8515.  
Serving breakfast, lunch, dinner: Skillet breakfasts, omelettes, sandwiches, pasta, Gardenburgers, variety of salads, home-style dinners, ice cream and pies. Children's menu. Senior menu. Special menu on Duck game days. Take-out. 24 hours, daily. Open all holidays. All major cards. \$.

### SPIRITS BAR

1714 Main St., Springfield. 726-0113.  
Lunch and dinner seven days a week: American menu featuring bodacious burgers. Breakfast Sa & Su. Scrumptious daily specials M-Sa. Full bar. Take-out. Wheelchair accessible. 11 am-2:30 am M-F, 10 am-2:30 am Sa & Su. All major cards. \$.

**word is...**

Homebodies and hookah-huffers listen up: **Viva Vegetarian Grill** is now offering **bike delivery** within a 12 block radius of the restaurant.

### STEELHEAD BREWERY & CAFÉ

199 E. 5th Ave. 686-2739.  
Serving lunch, dinner: Calzones, pizza, hamburgers, sandwiches, pastas, breads, soups, vegetarian entrées, salads. Wine, full bar, homebrewed root beer and beers. Take-out. 11:30 am-midnight, daily. MC/V/AE/D. \$.

### STUDIO ONE CAFÉ

1473 E. 19th Ave. 342-8596.  
American cuisine including their famous French toast, free range eggs, house-smoked pulled pork sandwiches, soups, chowder, eggs Benedict, many veggie and vegan options. Delivery by Pony Express. Some OG/LG. Wheelchair accessible. 7 am-4 pm daily. MC/V/AE/D. \$.

### ★ Best Breakfast, Second Place

### TAYLOR'S BAR & GRILL

894 E. 13th Ave. 344-6174.  
Serving breakfast, lunch, dinner: Fish and chips, prime rib, homemade pasta, soups, big salads, 1/2 pound Fulton beef burgers, French dip, Malibu chicken, Philly steaks. Full bar with specialty drinks and drink specials. Pool leagues, shuffleboard teams. Happy hour 4 pm-7 pm. Some LG. Wheelchair accessible. 7 am-2:30 am daily. MC/V. \$-\$\$.

### ★ Best Pick-up Joint, Second Place

### TERRACE CAFÉ, THE

490 Valley River Center. 344-8369.  
Serving lunch and dinner: Homemade pastries, homemade soups, specialty salads, vegetarian entrées, hot and cold sandwiches, homemade desserts, chicken, ravioli, fresh seafood, prime rib. Reservations. LG. 10 am-2:30 pm M-Sa, 11 am-5 pm Su. MC/V. \$-\$\$.

### TINY TAVERN

394 Blair Blvd. 687-8383.  
Serving breakfast, lunch and dinner: Chili, homemade hot meatloaf sandwiches, chili dogs, chili potatoes, vegetarian entrées. Wine, microbrew. ATM. Take-out. 11 am-2 am daily. No cards. \$.

### TOMMY'S BAR & GRILL

1509 Mohawk Blvd., Springfield. 744-0811. \$.

### TURTLES BAR & GRILL

2690 Willamette St. 465-9038.  
EW Best Salad winner for three years! Blackened salmon, pasta alfredo, chicken marsala, spicy tofu stir-fry, portobello mushroom burger, BBQ ribs, steaks and burgers. Family dining atmosphere and full bar. Happy hour 3 pm-5 pm daily. Some OG/LG. Wheelchair accessible. 11 am-midnight daily. All cards. \$.

### ★ Best Place to Eat With Kids, Third Place

### VILLAGE INN RESTAURANT & LOUNGE

1875 Mohawk Blvd., Springfield. 726-1159 restaurant, 747-9833 lounge.  
Serving breakfast, lunch and dinner. Generous portions at reasonable prices. Casual dining for the whole family. Birthdays, reunions, meetings are their specialty. Lounge offers "an understated retro decor" with Oregon lottery games. Easy access off Hwy. 126 at Mohawk. Some OG/LG. Wheelchair accessible. 6 am-9 pm daily. All major cards. \$.

### WETLANDS BREW PUB & SPORTS BAR

922 Garfield St. 345-3606.  
Serving breakfast, lunch and dinner. Vegetarian entrées, wine, 50 beers on tap, 9 pool tables, two big screen TVs, 10 27" TVs, two full bars. Take-out. Some OG/LG. 7 am-2:30 am daily. V/MC. \$-\$\$\$.

## Bakeries

### BOB'S DONUTS

977 Garfield St. #8. 344-0067.  
Serving breakfast and lunch: Donuts, hot dogs, sandwiches, soup, chili, salad, coffee, cold drinks. Open daily until 6 pm. MC/V. \$.

### EUGENE CITY BAKERY

1607 E. 19th Ave. 334-6906.  
Fine breakfast pastries, handcrafted artisan breads, European-style desserts, espresso drinks, specialty cookies, soups, sandwiches, panini, quiche and a rotating selection of international baked savories. Outdoor and limited indoor seating. Take-out. Some OG/LG. Wheelchair accessible. 6:30 am-6 pm M-F, 7 am-5 pm Sa, 7 am-4 pm Su. \$.

### ★ Best Bakery (Bread/Savories), Third Place

### GREAT HARVEST BREAD COMPANY

2564 Willamette St. 345-5398.  
Serving fresh, organic whole grain breads and sweets: muffins, cookies, scones, cinnamon rolls and coffee. Free slices of warm bread and sam-

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ples all day. Some OG. 7 am-6 pm M-F, 7 am-5:30 pm Sa. All major cards. \$.

#### HIDEAWAY BAKERY

3377 E. Amazon (behind Mazzi's). 868-1982. Organic artisan breads made in a wood-fired brick oven. Local farm ingredients used in breads and pastries. Organic coffee and espresso. Breakfast sandwiches available from 8 am-11 am weekdays and 8 am-noon weekends. Bistro-style lunch served from 11 am daily. 7 am-6 pm M-Sa, 7 am-4 pm Su. \$.

★ Best Bakery (Bread/Savories)

#### HOLY DONUTS!

1437 Willamette Alley. 510-6635. Handcrafted doughnuts topped with icings and fillings made from fresh fruits, Vermont maple syrup, fair trade cocoa and vegan cane sugar. Traditional retro-style baked goods: breakfast, biscuits & gravy, casseroles, turnovers, soups and the holy salad. Extensive selection of dairy, egg and gluten-free items. Summer music and film series. Phone orders encouraged for birthdays, board meetings, events. Courtyard seating. Some OG. 7 am-9 pm M-Th, 7 am-11 pm F, 8 am-11 pm Sa, 8 am-3 pm Su. No cards. \$.

★ Best Bakery (Sweets), Second Place

#### HUMBLE BAGEL BAKERY

2435 Hilyard St. 484-4497. Serving freshly baked breakfast pastries, cookies, breads and bagels, made on premises. Café serves breakfast: Eggs, French toast, bagel scrambles. Lunch: Soups, salads, quiche, sandwiches and special entrées daily. Take-out. LG. Wheelchair accessible. 6:30 am-5 pm M-F, 7 am-5 pm Sa & Su. MC/V. \$-\$\$.

#### LE PETIT GOURMET BAKERY

449 Blair Blvd. 485-1377. Fine pastries, cakes, cookies, pies. 7 am-9 pm daily. MC/V. \$.

#### MARCHÉ PROVISIONS

296 E. 5th Ave. (5th St. Market). Espresso, pastries, artisan breads, cakes, confections, housemade ice cream, deli sandwiches, take-out, pizza by the slice and whole, salad bar, salumi, wine bar and beer on tap. 8 am-6 pm M-Th, 8 am-7 pm F & Sa, 9 am-6 pm Su. \$.

#### MASTER DONUTS

1159 Mohawk Blvd., Spd. 741-8033. Serving coffee and donuts. 6 am-2:30 pm M-F. 6 am-12:30 pm Sa & Su. MC/V/AE. \$.

#### METROPOL BAKERY

2538 Willamette St. 465-4730. Serving European inspired tortes, cakes, pies and tarts, mousses, crêmes and all-butter croissants, Danishes and scones. Deli sandwiches and bread plates featuring hearth-baked artisan breads: chicken salad, hearty & house-made soups. Full espresso bar, smoothies, custom chocolates. 7 am-7 pm M-W, 7 am-10 pm Th-Sa, 8 am-7 pm Su. MC/V/AE. \$.

★ Best Bakery (Bread/Savories), Second Place

#### PALACE BAKERY

844 Pearl St. 484-2435. Offering hand crafted confections, hot soup and house-made sandwiches daily. Palace quiche, special order creations available. Vegetarian options available. Proudly offering Full City coffee. 7:30 am-5:30 pm M-Sa, 7:30 am-2:30 pm Su. MC/V. \$-\$\$\$.

#### SWEET LIFE PÂTISSERIE

755 Monroe St. 683-5676. Serving decadent desserts, morning pastries, éclairs, tarts, cheesecakes, pies, cookies, bars, brownies, sorbetto, gelato, Coconut Bliss, savories and holiday specialties. Many egg, dairy and animal-product-free alternatives. Some OG. Wheelchair accessible. 7 am-11 pm M-F, 8 am-11 pm Sa & Su. MC/V/D. \$.

★ Best Bakery (Sweets)

#### VOODOO DOUGHNUT

20 E. Broadway. www.voodoo doughnut.com. Serving doughnuts, doughnuts and more doughnuts: Eugene cream, bacon maple bar, Captain My Captain (with Cap'n Crunch), Dirt doughnut (with Oreos), Tangfantastic and many many more. Coffee and beverages, too. Open 24 hours daily. Cash only.

## word is ...

Noshers of lox and shmear can rejoice anew now that **Bagel Sphere** has opened a **second shop** at 4089 W. 11th Ave near Bertelson, replacing their former Sheldon facility.

★ Best Late-Night Eats, Third Place

★ Best Addition to Eugene

## Barbecue

#### BBQ KING

18th & Pearl. 915-3252. Serving authentic Southern-style barbecue. Ribs, chicken, rib tips, tri-tip sandwich, chicken sandwich, hot link sandwich, rib basket, rib dinner, chicken dinner. LG. Noon-7 pm Tu-Sa; Noon-8 pm Su. \$.

★ Best BBQ, Third Place

#### COUNTRY INN EVENT CENTER BY CRAVINGS

4100 Country Farm Rd. 345-7344. 18th & Pearl. 915-3252. Open to the public Wed. & Thur. nights through October: Live jazz, BBQ, full bar, beer, wine. Indoor and patio seating. No cover. 5 pm-9 pm W & Th. MC/V/AE. \$-\$\$\$\$.

#### HOLE IN THE WALL

3200 W. 11th Ave. 683-7378. 1807 Olympic St., Springfield. 726-1200. Serving lunch and dinner: Smoked brisket of beef with Bullwacker sauce, hand-shredded barbecued pork and smoked turkey breast sandwiches, pork ribs, chicken, award-winning chili, barbecued beans, coleslaw, potato salad. Beer, wine. Full service lounge at Springfield location. Take-out. Some OG/LG. Eugene: 11 am-8 pm M-Sa. Springfield: 11 am-8 pm M-Th, 11 am-9 pm Sa, 11 am-8 pm Su. Brunch served 9 am-2 pm Su. MC/V. \$\$.

★ Best BBQ, Second Place

#### HORSEHEAD BAR

See American

#### KONA CAFÉ

4605 Main St., Springfield. 741-7136. 18th & City View. 270 E. Oregon Ave., Creswell. 895-4140. Serving lunch, dinner: Ribs, tri-tip, Kalua pork, volcano chicken, BBQ chicken, pineapple fried rice, noodles veggie, potato/macaroni salad. 11 am-8 pm daily. All major cards. \$.

#### MOMMA'S KITCHEN

115 5th St., Springfield. 744-4482. Serving lunch and dinner: Southern soul food, including fried catfish, fried chicken, collard greens, fried okra, hush puppies, red beans and rice, chicken and waffles and more. Breakfast menu and hours coming soon. 11:30 am-8:30 pm Tu-Sa.

#### OFF THE HOOK BBQ

1750 A. Chambers St. 543-0117. Slow-smoked pulled pork, ribs, tri-tip made fresh daily, coleslaw, potato salad, barbecue beans, special items daily. Also offers meats by the pound and gluten-free items. 11 am-7 pm M-Sa. MC/V. \$\$.

#### OKLAHOMA SMOKEHOUSE BBQ

1055 Hwy. 99 N. 912-9674. www.oklahomasmokehousebbq.com. A BBQ takeout joint where all items are made from scratch and served fresh daily. Meats are slow-smoked in a traditional manner using only real wood, and served with complementary side dishes. Available a la carte or in combo meals. 11 am-7 pm M-Sa. D/V/MC. \$-\$\$.

#### PAPA'S SOUL FOOD KITCHEN & BLUES JOINT

400 Blair Blvd. 342-7500. Sandwiches, soup, daily specials. Soul food. BBQ ribs, BBQ chicken, Jerk chicken, pulled pork, mac-n-cheese, fried catfish, collard greens, red beans & rice. Some OG/LG. Noon-2 pm and 5 pm-10 pm Tu-Th, 5 pm-midnight F & Sa. Cards accepted. \$-\$\$.

★ Best BBQ

★ Best Place to Take Carnivores, Second Place

## Burgers

#### BILLY MAC'S

See American

#### BURGER LOVERS

1466 West 7th Ave.

#### BURGERS ON THE RUN

195 Madison Ave. 520-4826. Mobile diner serving beef and vegetarian gourmet burgers, free-range chicken, steak and turkey sandwiches, fries and more. Some of their ingredients are certifiably organic, they say, and they use local produce. 10:30 am-3 pm M-F. No cards. \$.

#### COUNTRYSIDE BAR & GRILL

See Steak

#### DICKIE JO'S

201 E. 13th Ave. 636-4488. 1079-C Valley River Way. www.djburgers.com. Serving lunches, dinner: burgers, fries, Chicago-style hot dogs, shakes. 11 am-9 pm daily. \$-\$\$.

★ Best Burger, Second Place

#### GIANT BURGER

3760 Main St., Springfield. 747-3399. Serving breakfast, lunch and dinner: Hand-pressed patties, local extra-lean beef. New burger varieties, real ice cream and milkshakes served in old-fashioned tin mugs. New five-pound burger and Bitty Burgers. Beer. Fresh-cut fries and onion rings. Some OG. Wheelchair accessible. 10 am-10 pm M-Sa, 11 am-8 pm Su. MC/V/AE. \$-\$\$.

#### MCMENAMIN'S EAST 19TH STREET CAFÉ

See Microbrew

#### MCMENAMIN'S HIGH STREET BREWERY & CAFÉ

See Microbrew

#### VILLARD STREET PUB

See Northwest

## Cafés

#### BAGEL SPHERE

810 Willamette St. 341-1335. 4089 W. 11th Ave. Serving breakfast, lunch. Twenty-one varieties of boiled and baked bagels. Breakfast bagels, bagel sandwiches, vegetarian spreads, vegetarian entrées, soup, espresso. All natural ingredients in bagels. Take-out. Some OG. Wheelchair accessible. Springfield: 6 am-6pm M-F, 7 am-7 pm Sa, 8 am-7 pm Su. Willamette: 7 am-6 pm M-F, 8 am-5 pm Sa, 9 am-4 pm Su. V. \$.

#### BRAILS RESTAURANT

1689 Willamette St. 343-1542. Serving breakfast, lunch: Daily specials, vegetarian entrées, salads, generous portions. Reservations for 10-25. Wheelchair accessible. 7 am-3 pm daily and 5 pm-9 pm M-Sa. MC/V. \$-\$\$.

★ Best Hangover Breakfast

#### CAFÉ SIENA

853 E. 13th Ave. 344-0300. Serving breakfast, lunch: Huevos rancheros, scrambled eggs, potatoes, chilaquiles, egg and cheese omelettes with your choice of mushrooms, spinach, tomato, ham or onions. Espresso. Take-out. 8 am-7 pm M-F, 9 am-4 pm Sa & Su. No cards. \$.

#### CORNERSTONE CAFÉ

2729 Shadow View Drive. 515-6452. Fresh, local, specializing in artisan sandwiches. Serving espresso, pastries, soups, sandwiches and breakfast all day. Call-in and take-out orders available. Some OG/LG. 6 am-5 pm M-Sa, 7 am-5 pm Su. \$\$.

#### CORNUCOPIA

17th & Lincoln. 485-2300. Serving full breakfast, lunch and dinner: Homemade soups and salads, much more. Take-out. Indoor and outdoor seating. Extensive menu. Large selection of beer and wine. Local flavor. Some OG/LG. Wheelchair accessible. 8 am-10 pm daily. All major cards. \$-\$\$.

#### FRIENDLY STREET CAFÉ

2757 Friendly St. 343-3460. All organic breakfast, lunch and dinner. South American and Italian food. OG/LG. Wheelchair accessible. 8 am-8 pm M-Sa, 9 am-3 pm Su. MC/V. \$-\$\$.

#### GLENWOOD RESTAURANTS, INC.

1340 Alder St. 687-0355. 2588 Willamette St. 687-8201. Serving breakfast, lunch, dinner: Espresso, desserts; soups, pastas, salads, burgers, ethnic foods, some vegetarian. Reservations for private parties. Take-out. Some OG. Alder: 7 am-9 pm daily. Willamette: 6:30 am-9 pm M-F, 7 am-9 pm Sa-Su. Cash, all cards. \$-\$\$.

★ Best Breakfast

★ Best Hangover Breakfast, Second Place

#### HAWTHORNE'S CAFÉ & DELI

153 E. Broadway. 683-0738. Serving custom roasted coffee and espresso, lunch, dinner: Deli items, soups, sandwiches, bagels, daily specials, vegetarian items, baked goods, salads. Beer, microbrews, wine. Take-out. Wheelchair accessible. 7 am-6 pm M-F, 9 am-5 pm Sa, closed Su. \$.

#### HOLY COW CAFÉ

1222 E. 13th Ave. (EMU, UO). 346-2562. 2621 Willamette St. Mostly vegetarian food from around the world, though now also offering at new Willamette location a variety of "flexivore" options for folks who occasionally eat locally produced, organic and environmentally friendly meat in smaller portions. Hot bar with curries, dhal, pasta, seasonal veggies, falafel, pad Thai, soba noodles, Thai tofu. Two soups daily. Salad bar. Organic smoothies, chai, Café Mam. Grab-and-go items. Take-out. Catering. OG/LG. Wheelchair accessible. 10 am-7 pm M-Th, 10 am-3 pm F. All major cards. \$.

#### HOLY DONUTS

See Bakeries

#### KEYSTONE CAFÉ

395 W. 5th Ave. 342-2075. keystonecafe.com. Serving vegans, vegetarians and meat lovers. Breakfast all day every day; lunch at 11 am M-F. Naturally nested eggs and wheat-free sauces. Pancakes, omelettes, homefries, chilis, soups and burgers. Wandering Goat coffee, fresh squeezed juices, local beers and wine. Some OG/LG. 7 am-3 pm daily. \$\$.

★ Best Breakfast, Third Place

★ Best Hangover Breakfast, Third Place

#### LOUIE, THE

861 Willamette St. 242-3315. Escape to paradise in a tropical atmosphere. Serving fresh salads, sandwiches, soups, rice bowls, veggie options, salmon, shrimp, skewers, smoothies, wine, beer and spirits. "Come see our live arowana," they say. Some OG/LG. 7 am-6 pm M-F, 10 am-4 pm Sa. All major cards. \$.

#### MCKENZIE CAFÉ LLC

4265 Main St., Springfield. 747-1517. Breakfast or lunch all day. Omelettes, chicken-fried steak, biscuits and gravy, teddy bear pancakes, homemade muffins. Salads, hot and cold sandwiches, 11 burgers, fish and chips, home-made soups, fresh steamed veggies. French-fried ice cream (a McKenzie Café invention). Take-out. Some OG/LG. Wheelchair accessible. 8 am-2 pm W-Su. All major cards. \$\$.

#### MILKY WAY TEA & BAGELS

854 E. 13th Ave. 683-7855. Breakfast, lunch, dinner: Fresh baked bagels all day. Breakfast bagels with ham, sausage and eggs. Bagel sandwiches with ham, turkey, Gardenburgers, smoked salmon, lox, vegetables, Toby's Tofu, Emerald Valley Hummus. Bubble tea, smoothies, espresso drinks. 7 am-9pm M-F, 9 am-8 pm Sa, 9 am-6 pm Su. V/MC. \$.

#### NEW DAY BAKERY

449 Blair Blvd. 345-1695. Serving breakfast, lunch, dinner: bakery items, 4-6 soups, salads (roasted eggplant, avocado, chef's), sandwiches, vegetarian entrées, seasonal specials. Take-out. Some OG/LG. Wheelchair accessible. 7 am-9 pm M-Th, 7 am-10 pm F & Sa, 8 am-9 pm Su. MC/V. \$-\$\$.

#### NOVELLA CAFÉ

100 W. 10th, inside the library. 683-7070. Serving Bagel Sphere bagels, pastries, espresso and granitas. Some OG. Wheelchair accessible. 7 am-8 pm M-F, 8 am-6 pm Sa, 10 am-6 pm Su. V. \$.

#### PARK STREET CAFÉ

776 W. Park St. 485-2089. Organic breakfast and lunch all day. Eggs, temppeh, French toast, specialty sandwiches, salads, daily ethnic entrées, homemade soups. Vegan and wheat-free baked goods. Special food needs and kids welcome. Locally owned and operated. Some OG/LG. Wheelchair accessible. 8:59 am-2:59 pm Tu-Sa. MC/V/AE/DC. \$-\$\$.

#### PUMP CAFÉ

710 Main St., Springfield. 726-0622. Serving breakfast and lunch. Catering available. Standard breakfast and lunch menu featuring fresh baked pastries and homemade desserts. Fresh, homemade soups, salads, hot and cold sandwiches. Specialty breads. Daily specials. Take-out. Outside seating available. LG. Wheelchair accessible. 7 am-4 pm M-F; 8 am-2 pm Sa. MC/V/AE. \$\$.

#### RENNIE'S LANDING

1214 Kincaid St. 687-0600. Across from UO. Serving breakfast, lunch, dinner: Chicken, fish, pasta and vegetarian specialties. Buffalo, free range and Gardenburgers. Salads and homemade soups. NW micros and full bar. Two outdoor decks. Daily specials. Minors welcome until 3 pm. Wheelchair accessible. Breakfast begins 7:30 am M-F, 9 am Sa-Su. Extended breakfast hours Sa and Su. Food served until last call. MC/V/AE/D. \$.

#### SUPREME BEAN COFFEE COMPANY

See Continental

#### TERESE'S PLACE

650 Main St., Springfield. 747-1897. Serving breakfast, lunch: Omelettes, sandwiches, vegetarian entrées, 4 soups daily, salads, espresso. Table service for breakfast; order lunch at counter, servers bring. Take-out. Catering. 7 am-4 pm M-F. V/MC. \$.

#### WICH HOUSE, THE

See Delis

#### WORLD CAFÉ

449 Blair Blvd. 345-1695. Food from around the world: fajitas, pizza, calzones, soups and salads. Live music. 4 pm-9 pm daily, open late F & Sa. MC/V. \$-\$\$.

## Chinese

#### CAFÉ SEOUL

See Korean

#### CHINA BLUE

879 E. 13th Ave. 343-2832. Serving lunch, dinner, Sunday Dim Sum Brunch: Northern Chinese, Indonesian; individually prepared dishes. Wine, beer. Reservations for larger parties. Catering for businesses. Take-out. 11 am-9:30 pm M-F, 4 pm-9:30 pm Sa, noon-9:30 pm Su. MC/V. \$-\$\$.

#### CHINA SEAS

45-E. Division Ave. 688-4689. 11 am-2 pm and 3 pm-8:30 pm Tu-F, noon-8 pm Sa & Su. \$\$.

#### EAST MEETS WEST

830 E. 13th Ave. 686-8788.

#### EMPIRE BUFFET

1933 Franklin Blvd. 343-9966. Serving lunch and dinner buffet, salad and dessert bar, wine, beer, full bar, sushi, Chinese favorites, teriyaki chicken, pot stickers. Senior discounts. 9 am-9 pm Su-Th, 9 am-10:30 pm F & Sa. MC/V. \$\$.

#### FAR MAN RESTAURANT

3111 Gateway Blvd., Springfield. 726-7311. Serving lunch, dinner: Buffet and full menu; Cantonese, Mandarin, Szechwan, American; vegetarian entrées. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MC/V. \$-\$\$.

#### FORTUNE INN

1775 W. 6th Ave. 342-2616. Serving lunch, dinner: Fresh specials every day, traditional Chinese stir-fries, fresh Chinese vegetables, tofu and vegetarian entrées. Wide variety Oregon wines, beer (domestic and imported). Reservations for 10+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

#### GATEWAY CHINESE BUFFET

3198 Gateway St., Springfield. 726-2828. Lunch, dinner: Chinese buffet with 40 plus hot items: BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Banquet room. Take-out. Children's prices, senior discounts available. LG. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-10:30 pm F & Sa. All major cards. \$-\$\$.

#### GOLDEN ORIENT

2513 W. 11th Ave. 683-5469. Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties. Take-out. LG. Wheelchair accessible. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-9:30 pm Sa, closed Su. MC/V/AE. \$-\$\$.

#### GREAT WALL RESTAURANT

862 Main St., Springfield. 726-9133. Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 11 am-9:30 pm M-F, 3 pm-10 pm Sa & Su. MC/V. \$-\$\$.

#### HONG KONG RESTAURANT

1799 Willamette St. 342-7450. Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrées. Wine, beer. Reservations for parties. Take-out. Some OG/LG. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, 4-10:30 pm Sa. MC/V. \$-\$\$.

#### HOUSE OF CHEN

1861 Franklin Blvd. 343-8888. Serving lunch, dinner: Elegant dining. Szechwan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrées. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OG/LG. 11 am-10 pm daily. All major cards. \$-\$\$\$.

#### JADE PALACE

906 W. 7th Ave. 344-9523. Now delivering. Serving lunch and dinner buffet with Thursday night vegetarian and Friday night seafood specials. Extended menu, no added MSG.



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Authentic Thai Cuisine

**SOUTH EUGENE**

**BEST THAI FOOD**

2010 The Neighbor-Guard Readers' Choice 1<sup>st</sup> PLACE

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Authentic Thai Cuisine

**BEST LUNCH BARGAINS**

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**BUBBLE TEA**

**DAILY DELIVERY 4:30-9:00pm**  
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**DELIVERY AVAILABLE 4:30-9:00pm**  
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**1308 Hilyard • 541-343-0165**

**BAGEL SPHERE**

Est. 1995

**New Location Now Open!**

**4089 W.11th • 541.868.1072**  
(near Bertelsen Across from Americas Tire) open daily

**FREE 12oz coffee**

*W. 11th location only*  
with this ad. one per customer not valid w/ any other offer expires 2.10.11

downtown location : **810 willamette • 541.341.1335** open daily

**\$1.99**

**\$2.59**

**What's your New Year's resolution Chocolate or fat free?**

This month Dari Mart's focused on your New Year's resolutions. Have your Lochmead milk just the way you want it. A half-gallon of chocolate 2% milk is only \$1.99. Or, pick up a gallon of fat-free milk for just \$2.59. Remember, our family's Lochmead milk is delivered to our stores within 48 hours of milking the cow. It's simply the freshest in town.

**Come see us soon!**

**DARI MART**  
Our family's best.

## CHOW! Restaurant Listings

Beer, wine, take-out. 11 am-9 pm Tu-Th, 11 am-9:30 pm F, 5 pm-9:30 pm Sa, noon-9 pm Su. MC/V/D. \$\$.  
**KAM LOON RESTAURANT**  
 2674 Roosevelt Blvd. 689-4770.  
 Serving lunch, dinner: Cantonese, vegetarian entrées, no MSG on request. Wine, beer. Reservations for larger parties. Delivery. Take-out. LG. 11 am-9 pm M-Th, 11 am-9:30 pm F, 4 pm-9:30 pm Sa. MC/V. \$-\$\$.

**KOWLOON RESTAURANT**  
 2222 MLK Blvd. 343-4734.  
 Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrées. Wine, beer, microbrews, full bar. Delivery. Take-out. Some LG. Wheelchair accessible. Dining room 11:30 am-midnight, daily. Delivery 11:30 am-midnight Su-Th, 11:30 am-2 am F-Sa. MC/V/AE/D. \$-\$\$\$.

**LOK YUEN**  
 2360 W. 11th Ave. 345-7448.  
 Serving lunch, dinner: Cantonese, chicken, beef, teriyaki steak, shrimp, vegetarian dishes, no MSG. Wine, beer. Take-out. 11 am-10 pm M-F, noon-10 pm Sa & Su. MC/V. \$-\$\$.

**LOTUS GARDEN VEGETARIAN RESTAURANT**  
 See Vegetarian

**LOUIE'S VILLAGE**  
 947 Franklin Blvd. 343-4480.  
 Serving lunch, dinner: Authentic Chinese cuisine made with all fresh ingredients. Take-out. 11 am-10:30 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, 11:30-10 pm Su. \$-\$\$.

**MAPLE GARDEN**  
 1275 Alder St. 683-8128.  
 Serving lunch, dinner: Szechwan, Hunan, Cantonese. Lunch menu changes daily; Mandarin chicken, shrimp chow fun, variety of Chinese meals. Reservations for large groups. Take-out. 11 am-9 pm M-F, noon-9 pm Sa & Su. MC/V/AE/D. \$.

**OCEAN SKY**  
 1601 Chambers St. 342-4848.  
 Serving lunch, dinner: Szechwan, Hunan; extensive menu; vegetarian entrées. Wine, beer. Reservations for 6+. Take-out. 11 am-9:30 pm M-Th (closed Tu), 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

**P. F. CHANG'S CHINA BISTRO**  
 124 Coburg Rd. (Oakway Center). 225-2015.  
 Experience a unique combination of Chinese cuisine, attentive service, wine and tempting desserts, all served in a stylish, high-energy bistro.

**SPRING GARDEN**  
 215 Main St., Springfield. 747-0338.  
 Serving lunch, dinner: Cantonese, Mandarin, American; vegetarian entrées. Service bar. Reservations for 8+. Separate smoking room. Take-out. Some OG. Wheelchair accessible. 11:30 am-10:30 pm M-Th, 11:30 am-11 pm F, 4-11 pm Sa, noon-10:30 pm Su. MC/V/AE. \$-\$\$.

**TOM'S TEA HOUSE**  
 788 W. 7th Ave. 343-8805.  
 Chinese Hunan-Szechwan cooking. Everything made from scratch. Hot and spicy. Vegetarian entrées. Dim Sum. Beer. Take-out. 4:30-8 pm W-Su. \$.

**TWIN DRAGONS**  
 919 River Rd. 688-5481.  
 Serving lunch, dinner: Cantonese, Szechwan, Chinese, American; vegetarian entrées, salads. Reservations for 8+. Take-out. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V. \$-\$\$.

**YAN GAR YUEN**  
 1945 River Rd. 688-9229.  
 Serving lunch, dinner: Mandarin, Cantonese. Delivery. Smoking area. Take-out. 11 am-10:30 pm, daily. MC/V. \$-\$\$.

## Coffeehouses

**ALLANN BROS. BEANERY COFFEEHOUSE**  
 152 W. 5th Ave. 342-3378.  
 2465 Hilyard St. 344-0221.  
 Serving Allann Bros coffee and espresso, deli and grilled panini sandwiches, fresh entrées, pastries and desserts. Whole bean coffee, loose leaf premium tea, coffee/tea accessories. "Joe Box" coffee/tea to go and catering available. Wheelchair accessible. 5th St.: 6 am-11 pm M-Sa, 7 am-11 pm Su. Hilyard: 6 am-8:30 pm M-Sa, 7 am-8:30 pm Su. All major cards. \$.

**BEDROCKS ORGANIC COFFEE**  
 460 Coburg Road. 844-1257.  
 www.bedrockorganic.com  
 Serving organic and fair trade coffee and espresso, Sweet Life pastries, smoothies and more. Thirty minutes of free Wi-Fi. Drive through. OG. 6 am-8 pm M-W, 6 am-9 pm Th-Sa, 7 am-8 pm Su. \$.

**ESPRESSO ROMA**  
 825 E. 13th Ave. 484-0878.  
 Muffins, croissants, espresso. Take-out. 6 am-9:30 pm M-F, 7 am-8:30 pm Sa-Su. No cards. \$.

**EUGENE COFFEE COMPANY**  
 1840 Chambers St. 344-0002.  
 Always organic, fair trade coffee. Café Mam coffee, locally made pastries, doughnuts, quiche. Twelve-ounce house coffee 50 cents from 3 pm-5 pm. 7 am-6 pm daily. \$.

**FULL CITY COFFEE ROASTERS**  
 295 E. 13th Ave. 465-9270.  
 842 Pearl St. 344-0475.  
 Coffeehouse for adults. Premium coffees by the cup and pound. Some OG/LG. Wheelchair accessible. Pearl St.: 5:30 am-6 pm M-F, 6:30 am-6 pm Sa, 7 am-5 pm Su. High St.: 6 am-6 pm M-F, 7 am-6 pm Sa & Su. Some cards. \$.

★ Best Coffee, Third Place

**GARY'S COFFEE**  
 525 High St.  
 Serving Stumptown coffee, tea, juices, pastries and bagels. 6:30 am-6 pm M-F, 7:30 am-5 pm Sa, 8 am-4 pm Su. \$.

**MY COFFEE**  
 3802 W. 11th Ave. 683-3164.  
 Organic coffees and local pastries. Organic loose leaf teas, ice cream espresso shakes, real fruit smoothies. 6 am-6 pm M-F, 1 am-5 pm Sa, 8 am-5 pm Su. MC/V/D. \$.

## NEW ODYSSEY JUICE & JAVA

1004 Willamette St. 484-7411.  
 Serving breakfast and lunch: Fresh, made-to-order smoothies, twice-baked potatoes, soups, salads, sandwiches, quiche, summer menu with raw food entrées. Café Mam espresso, all organic coffees and juices. Fresh wheatgrass shots. Take-out. Some OG/LG. Wheelchair accessible. 7:30 am-6 pm M-F, 9 am-5 pm Sa, 10 am-5 pm Su. All major cards. \$.

**PERK AND PLAY COFFEEHOUSE**  
 2866 Crescent Ave. 579-1300.  
 Hand-crafted quality espresso served with a playful attitude in a relaxed, comfy environment. Well-trained baristas who create latte art. Locally roasted organic coffee. Located one block north of Costco. 6 am-5 pm M-F, 7 am-noon Sa. \$.

**PERUGINO**  
 767 Willamette St. 687-9102.  
 An Italian-style coffeehouse serving espresso drinks, a variety of fine pastries, wine by the glass and to go and European and domestic microbrew beers. Now carrying Euphoria Chocolates. Some OG/LG. Wheelchair accessible. 8 am-8 pm M-W, 8 am-10 pm Th, 8 am-11 pm F & Sa, 10 am-4 pm Su. All major cards. \$.

**THEO'S COFFEEHOUSE AT THE STRAND**  
 199 W. 8th Ave. 344-6491.  
 Serving breakfast, lunch: Full City coffee and espresso, pastries, chocolates, oatmeal, croissant breakfast sandwiches, rice bowls and more. 6 am-9 pm M-F, 9 am-9 pm Sa, 9 am-1 pm Su. V/ MC/D. \$.

**VERO ESPRESSO HOUSE**  
 205 E. 14th Ave. 654-0504.  
 Serving Stumptown coffee and espresso, fruit smoothies and premium loose leaf teas. Pastry items, breakfast and lunch available. Wi-Fi. LG. Wheelchair accessible. 7 am-7 pm daily. MC/V. \$.

**WANDERING GOAT COFFEE CO.**  
 268 Madison. 344-5161.  
 www.wanderinggoat.com  
 Dedicated to bringing fresh perspectives to traditional craft roasting and committed to sourcing, roasting and serving the highest quality sustainable coffees. Café is a music and art venue serving fresh organic pastries and food with organic beer and wine selections. 7 am-11 pm M-W, 7 am-midnight Th & F, 8 am-midnight Sa, 8 am-10 pm Su. MC/V. \$.

★ Best Coffee

## Continental

**BELLY**  
 291 E. 5th Ave. 683-5896.  
 Rustic European farmhouse food. Some OG/LG. 5:30 pm-9 pm Tu-Th, 5:30 pm-10 pm F & Sa. MC/V. \$-\$\$\$\$.

★ Best Restaurant

★ Best Place to Take Carnivores

★ Best Service

★ Best Place to Eat When You're Not Paying, Third Place

**BOULEVARD GRILL, THE**  
 2123 Franklin Blvd. 686-2020.  
 www.theboulevardeugene.com  
 Steaks, chops and chicken with fresh seafood. Specials daily. Outdoor dining. Private dining space for 10-40 people. Rush hour menu 4 pm-6:30 pm and 9 pm-close daily. Reservations recommended. Some LG. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, 4 pm-11 pm Sa, 4 pm-9 pm Su. AE/V/MC/D. \$\$\$.

**NIB MODERN EATERY**  
 769 Monroe St. 485-1269.  
 A small restaurant currently featuring a rotating European menu and serving plated desserts made with intense creative spirit. Some OG/LG. 6 pm-11 pm W & Th, 6 pm-midnight F & Sa, Sunday brunch 10 am-3 pm. All major cards. \$\$.

**PACIFIC GRILL**  
 205 Coburg Rd. (Red Lion Hotel). 342-5201.  
 Full service restaurant serving continental and American cuisine. LG. Wheelchair accessible. 6 am-2 pm & 5 pm-9 pm M-Th, 6 am-10 pm F-Su. Misty's Lounge open daily. All cards. \$-\$\$.

**RABBIT BISTRO & BAR, THE**  
 2864 Willamette St., Suite 300. 343-8226.  
 Bistro menu served from lunch through dinner featuring local, sustainable produce. French onion soup, niçoise salad, mussels, braised lamb, trout and more. No substitutions or separate checks. Some OG/LG. 11:30 am-10 pm daily. All major cards. \$\$.

**RATATOUILLE**  
 2729 Shadow View Dr. (Crescent Village). 344-0203.  
 www.ratatoUILLEbistro.com  
 Ratatouille's recent move comes with a menu expansion – the formerly vegetarian restaurant is now serving meat, fish and poultry. Chef Eric Bertrand focuses on traditional French recipes using Oregon ingredients. Ratatouille is committed to "organic, local, fresh ingredients, striving for both environmental harmony and delicious flavor." OG/LG. Serving breakfast, lunch and dinner daily. MC/V/D. \$\$\$\$.

**SUPREME BEAN COFFEE COMPANY**  
 2864 Willamette St., Suite 500. 485-2700.  
 Serving breakfast, brunch, lunch and dinner. More than just coffee drinks are offered at this bistro in South Eugene's Woodfield Station. Paris-style crepes, Sweet Life desserts and panini sandwiches await in flower-filled surroundings. Beer, wine and free live music. Some OG/LG. 6:30 am-6 pm M-Th, 6:30 am-8 pm F, 7 am-6 pm Sa & Su. MC/V. \$\$.

**VINTAGE, THE**  
 837 Lincoln St. 349-9181.  
 Serving lunch, dinner, weekend breakfast: Sweet and savory crepes, fondue, sandwiches, salads, appetizers and more. Intimate atmosphere in a cozy house built in 1873. Outdoor seating. Live music on weekends. Cocktails and local beers. Vegetarian entrées. Open at 11 am weekdays and 9 am weekends. MC/V. \$.

★ Best Cocktails

★ Best Happy Hour, Third Place

## Delis

**AQUILA & PRISCILLA'S**  
 1843 Pioneer Pkwy. East, Springfield. 744-1700.  
 www.aquilaandpriscillas.com  
 Serving breakfast, lunch, dinner. Upscale atmosphere with quick cuisine: hot pastas, sandwiches, gourmet soups, garden fresh salads. Vegetarian entrées. Full espresso bar and baked goods. Fireplace and comfy seating, meeting room, free wireless internet. 7 am-8 pm M-F, 8 am-8 pm Sa. MC/V. \$.

**BARRY'S ESPRESSO BAKERY & DELI**

2805 Oak St. 343-6444.  
 804 E. 12th Ave. 343-1141.  
 Serving Jewish & N.Y. bakery style food: challah, rye, bialys, knish, cheesecake, black & whites, matzo ball soup, Hungarian mushroom, creamy tomato and many others. Deli sandwiches, quiche, the breakfast sandwich, breakfast sweets, all day treats, all made in-house. Serving organic coffee and espresso. Wheelchair accessible. Oak St. hours: 6:30 am-6 pm M-Sa, 7:30 am-5 pm Su. Campus hours: 7 am-midnight M-F, 11 am-midnight Sa, 10:30 am-6 pm Su. Some cards. \$.

**BIER STEIN, THE**  
 345 E. 11th Ave. 485-2437.  
 Serving lunch and dinner: Soup, salads, sandwiches, grilled panini and appetizers. Vegetarian entrées. Try one of more than 1,000 bottles of beer or one of ten beers on draft. Selected Oregon wines also available. 11 am-11 pm M-Sa, 4 pm-11 pm Su. MC/V. \$-\$\$.

★ Best Beer Selection

**BIG TOWN HERO**  
 1810 Willamette St. 343-3838.  
 3215-A W. 11th Ave.  
 Hot and cold sandwiches made on handmade white, wheat and onion bread. Soup, salad and panini sandwiches. Specializing in office party events. 10 am-8 pm M-F, 11 am-7 pm Sa & Su. V/ MC/AE. \$.

**BROADWAY, THE**  
 See American

**CAPELLA MARKET DELI**  
 25th & Willamette. 345-1014.  
 www.capellamarket.com  
 Made-to-order sandwiches, espresso drinks, teas and organic juices. Fresh daily vegetarian and meat-based entrées, sides, appetizers and soups. Call to order box lunches, party trays and kitchen-made food for small and large events. Take-out. Limited seating. Some OG/LG. Wheelchair accessible. 8 am-10 pm daily. MC/V/AE/D. \$-\$\$.

**CONTINENTAL DELICATESSEN**  
 1133 Willamette St. 344-7002.  
 Serving breakfast, lunch: Continental breakfast: Scones, breakfast burritos, omelettes, bagels. Lunch: Variety deli and specialty sandwiches, fresh soups and chowders, chili, salads, vegetarian dishes. Fresh-baked bread and pastries. Espresso drinks. Free ice cream with lunch. Neighborhood delivery. Take-out. 7:30 am-5 pm M-F. No cards. \$.

**CORNUCOPIA**  
 See Cafés

**DAILY BAGEL**  
 4770 Village Plaza Loop. 431-5700.  
 www.daily-bagel.com  
 Serving breakfast, brunch and lunch: Bagels, breakfast and deli sandwiches, pastries and desserts. Smoothies, vegetarian entrées, salads, soups, gourmet coffee. Wheelchair accessible. 6 am-4:30 pm M-F, 7 am-4 pm Sa, 8 am-3 pm Su. All major cards. \$.

**JAZZIE'S DELI**  
 1869 Pioneer Pkwy. East, Springfield. 747-8090.  
 Serving lunch and dinner: Deli sandwiches, Umpqua ice cream, espresso, Godzilla sandwiches, lunch boxes and vegetarian entrées. Beer. Take-out. 7 am-11 pm M-F, 8 am-11 pm Sa, 9 am-9 pm Su. MC/V/D. \$.

**JEFFY MARKET WINE & DELI**  
 3443 Hilyard St. 342-4552.  
 Serving breakfast, lunch and dinner: Sandwiches, soups, salads, hamburgers, fish and chips, burritos. Handmade soups, draft beer, wine by the glass. Self-serve. Take-out. Smoking on the deck. 42" plasma TV. Some OG/LG. Wheelchair accessible. 8 am-9 pm M-F, 8:30 am-9 pm Sa, 8:30 am-5 pm Su. MC/V. \$-\$\$.

**NEW DAWN**  
 868 W. Park St. 485-0092  
 Dedicated gluten-free café serving a variety of lunch options and an assortment of baked goods. Also features a salad bar. 8 am-5 pm M-F, 11 am-3pm Sa-Su. MC/D/V. \$.

**OF GRAPE AND GRAIN, THE DELI**  
 160 Oakway Rd. 344-9463.  
 Serving breakfast, lunch: Pastries, espresso, sandwiches, soups, salads. Wine & beer. Catering, take-out and delivery also available. Wheelchair accessible. M-Sa 9 am-5 pm, Noon-4:30 pm Su. MC/V/AE. \$.

**PITA PIT**  
 1087 Willamette St. 485-5595.  
 Serving lunch and dinner: Pitas stuffed with falafel, steak, gyros, turkey, chicken and a variety of other selections. Choose your own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. No checks. \$.

**QUIZNOS SUBS**  
 207 Coburg Rd. 431-0905.  
 801 E. 13th Ave. 338-7098.  
 864 Bellline Rd., Springfield. 744-2998.  
 2155 Olympic St., Springfield. 393-0030.  
 5810 Main St., Springfield. 736-0506.  
 Quiznos' chef-inspired recipes are created using artisan breads, signature sauces, freshly sliced meats and fresh vegetables. Delivery now available: \$8 minimum with \$2 delivery fee. Order online at www.quiznos.com or call your neighborhood location. LG. Wheelchair accessible. 10 am-9 pm M-Sa, 11 am-8 pm Su. All major cards. \$.

**RED BARN NATURAL DELI**  
 357 Van Buren St. 342-7503.  
 Fresh hot soups and daily hot entrée special. Made to order and grab & go sandwiches featuring Dave's Killer Bread. Baked goods, salads, locally made Julie's Organic Ice Cream and Luna & Larry's Original Coconut Bliss by the scoop, shake or sundae. Raw juices and nut nectars, organic coffee



and tea bar. Vegan options available. Some OG/LG. 8 am-7 pm All major cards. \$.

**SUNDANCE NATURAL FOODS**

748 E. 24th Ave. 343-9142.  
Vegetarian (mainly vegan) organic buffet: Salad bar, prepared salads, raw food dishes, hot entrées, soups and chili. Also whole grain organic cookies, cakes and other treats, with wheat-and gluten-free options. Organic coffee and tea. OG/LG. Wheelchair accessible. 7 am-11 pm daily. All major cards. \$.

**WICH HOUSE, THE**

840 Willamette St. 434-9424.  
Sandwiches, soups and salads. Homemade breads, home-cooked lunch meats and soups made from scratch. Beer on tap and wine. Vegetarian entrées. Some OG/LG. 10:30 am-6 pm M-Sa. MC/V. \$-\$\$.

Food Carts

**ALBEE'S N.Y. DOGS**

Olive & Broadway. 344-0010.  
Quarter-pound all-beef franks (\$4) in hoagie rolls. Toppings – as many as you want – include sauerkraut, sweet and dil relish, jalapeños, shredded cheddar, onions and bacon bits. Cans of soda, bags of chips. 9 pm-3 am W-Sa. No cards. \$.

**ALEXANDER'S GREAT FALAFEL**

13th and Kincaid.  
Serving lunch: Falafel, hummus, tabouli, vegan and kosher entrées. Free lemonade with all food orders. Some OG. 11 am-4 pm M-F. \$.

**BBQ KING**

See Barbecue

**BIG RED CART, THE**

Kesey Plaza, Broadway & Willamette.  
Serving English cuisine and New York and Chicago-style street food: bangers and mash, pea salad, beef brisket. 11 am-3 pm M-F plus some evening and event hours.

**BLAZING CHEF, THE**

River Road & Chambers. 221-0129.  
Saturday Market, 8th & Oak, through Nov. 13. 686-8885.  
www.eugenessaturdaymarket.org  
Fish and chips, salads, coffee, sandwiches. Saturday Market: 10 am-5 pm Sa. River Road: 7 am-7 pm M-F, 8 am-7 pm Sa & Su. MC/V. \$-\$\$.

**BLISS CART**

Roaming in summer. 345-0020 ext. 303.  
A pedal-powered ice cream cart selling Luna & Larry's Coconut Bliss, a locally made, vegan ice cream. Organic, fair trade, gluten-, soy- and dairy-free Bliss bars and ice cream sandwiches. Cash only. \$.

**CART DE FRISCO**

Oakway Center.  
UO Bookstore.  
Serving lunch: Charbroiled Frisco chicken sandwich, salad, Thai noodles or skewer with home-made sauces and seasoning. A Eugene original recipe. Oakway Center: 11 am-3 pm M-Sa. Campus: 11 am-3 pm M-F. No cards. \$.

★ Best Food Cart

**CARTE BLANCHE SOUP CART & CATERERS**

E. 14th Ave. & Kincaid, PLC, UO. 554-9088.  
Kesey Plaza, Broadway & Willamette.  
www.cbsoup.com  
Offering more than 80 varieties of soup, serving four varieties every day. From three cheese tomato to Bangkok sweet potato, Carte Blanche specializes in both the unique and the traditional. Also offering baguette sandwiches, Caesar and mixed garden salads, homemade cookies, beverages and more. Campus: 11 am-4 pm M-F (during school year). Kesey Plaza: 11 am-3 pm starting June 15. \$.

**CHIC'N SHACK**

6th and Lincoln. 232-6255.  
chicnshack.blogspot.com  
Serving lunch: Wraps and salads, including souvlaki, Gusto Alfredo, Famous Chipotle Mango,

Sedona salad, quesadillas and more. Weekly special wraps. Hot and cold beverages. Call ahead for pick-up. 11 am-3 pm M-F. \$.

**CORNBREAD CAFÉ**

112 E. 13th Ave. (13th & Oak.) 505-9175.  
"Vegan comfort food" menu includes Southern-fried tofu, mac 'n' cheese, sandwiches, sides and more. 11 am-3 pm Tu-Sa, 5 pm-8 pm F. \$.

**D'LISH**

Kesey Plaza, Broadway & Willamette.  
Serving comfort-food inspired fare: mac and cheese wrapped in a tortilla and deep fried, teriyaki turkey burger and more. 11 am-3 pm M-F plus some evening and event hours.

**DEVOUR**

Roving; Saturday afternoons at Oakshire Brewing; Saturday evenings at Nib. 556-0829.  
www.devoureugene.com  
Serving lunch and Saturday dinner: three sandwiches, daily soup, beverages. Check website for weekly menu and delivery schedule. 11:30 am-3 pm M-F; noon-4 pm and 5 pm-9 pm Sa. Cash only. \$

★ Best Food Cart, Third Place

**DRUMRONGTHAI**

6th Ave. & Blair Blvd..  
Serving lunch and dinner: Thai staples, including pad Thai and pad see ew. Vegetarian options. Small seating area. 11 am-8 pm Su-Th, 11 am-8:30 pm F & Sa. Cash only. \$.

**FIELD TO TABLE CATERING**

See Northwest

**GARBANZO GRILL**

394 Blair Blvd.  
www.garbanzogrill.com  
Vegetarian and vegan fare including veggie burgers, vegan gyros, BBQ, mac and cheese, falafel, gluten-free options and more. 11 am-2 pm and 3 pm-7 pm Tu-Su.

**GIN GEE'S FALAFEL**

8th & Oak St. 938-3020.  
Falafel sandwiches, combo specials, baklava. All vegetarian, no meat. 11 am-4 pm M-F. No cards. \$.

**LONGCHES TO GO**

901 River Rd. 461-7920.  
Tacos, laquitos, tostadas, quesadillas, chilaquiles and much more. Asada burritos, sopes, enchilada plates. Vegetarian options. Call ahead for pick-up orders. 11 am-9 pm M-Sa, 11 am-5 pm Su. \$.

**NOSH PIT**

8th & Olive.  
thenoshpit.com  
Global street food. 11 am-2 pm Tu-F. \$.

**RAW LOVE**

Kesey Plaza, Broadway & Willamette.  
Serving organic and raw entrées and desserts, including "rawzaqa," zucchini noodles with marinara, and raw cheesecake. 11 am-3 pm M-F plus some evening and event hours.

**SAIGON STREET CART**

2nd & Van Buren, across from Ninkasi Brewery 550-9292  
Specializing in banh mi, traditional Vietnamese sandwiches served on French rolls and including hoisin-braised pork, pork/ham and tofu options, garnished with pate, pickled carrots, radishes, cilantro and more. Also serving lemongrass chicken, and such sides as pate, chips, pickles and Asian beverages. 11 am-3 pm M-F. No cards. \$-\$\$.

**SCIACCA'S FOCACCIA**

Farmers Market, 8th & Oak. 285-6334.  
Locally baked in FOOD for Lane County's kitchen using local ingredients. Offering a variety of regular and seasonal flavors including Scarboro Faire, With Love From Vesta, Thai Pyro and more. Salt from Olive Grand, local beers in the hydration, self-grown herbs. Saturdays at Lane County Farmers' Market.

**VIVA! VEGETARIAN GRILL**

12th & Willamette. 595-8482.  
Grilled veggie dogs, soygages, vegan cheesesteaks and tempeh ruebens. Gluten-free options. Organic tea, coffee and juices. All vegan menu. Some OG. 11 am-4 pm M-F. Cash only. \$.

★ Best Food Cart, Second Place

**WYLIE'S FOOD CARTÉ**

2836 W. 11th Ave. 731-9565.  
Serving lunch and dinner: Organic chicken and lamb skewers, Hawaiian shrimp plate, pita sandwiches. Vegetarian options. Some OG/LG. 11 am-6 pm M-F. \$. Cash only.

Indian

**BOMBAY PALACE**

880 E. 13th Ave. 343-1443.  
Wide range of authentic Indian meat, seafood, vegetarian and vegan dishes. All-you-can-eat buffet Monday through Friday. Student special punch card (buy nine entrées, get the 10th free). Some LG. 11 am-8: 45 pm M-F, noon-8:45 pm Sa, 5 pm-8:45 pm Su. MC/V. \$\$.

**EVERGREEN INDIAN CUISINE**

1525 Franklin Blvd. 343-7944.  
Serving lunch and dinner, traditional Indian dishes. 11:30 am-2:30 pm and 5 pm-9:30 pm daily. MC/V. \$\$-\$\$\$.

**POPPI'S ANATOLIA**

992 Willamette St. 343-9661.  
Serving lunch, dinner: Half the menu is Greek, half is Indian. Kotta Psiti (Greek roasted chicken), thali platter (selection of Indian vegetable dishes), vegetarian soups and entrées, Greek salad. Wine, beer. Reservations for 5+. Lunch M-Sa, dinner nightly. MC/V. \$\$.

★ Best Mediterranean

**TASTE OF INDIA**

2495 Hilyard St. 485-9698.  
844 E. 13th Ave.  
Authentic Indian cuisine for vegetarian and non-vegetarian palates. Freshly baked and stuffed roti. Buffet lunch and dinner specials. Tandoori chicken, lamb, seafood. Salads. Take-out.

International

**BRUNO'S CHEF'S KITCHEN**

3443 Hilyard St. 687-CHEF (2433).  
www.brunoschefskitchen.com  
Bruno shops at local markets daily, seeking the freshest quality ingredients to create a progressive, exquisite cuisine. Bessie serves with an equally special flair. Menu changes weekly and can be found on restaurant website. Some OG/LG. Wheelchair accessible. 5-9 pm Tu-Sa. MC/V/AE. \$-\$\$\$\$.

**CAFÉ COCONUT**

4419 W. Commerce St. (Inside Space Age.) 689-0111.  
Serving breakfast and lunch: Gyro breakfast pita, biscuits and gravy, pastrami breakfast pita, falafel, shawarma, cheeseburger, portobello pita and more. Sides range from crinkle-cut fries to hummus and tzatziki. Thai coffee and tea, cookies, coconut ice cream and other treats. 7 am-5 pm M-F, 11 am-5 pm Sa. V/MC/D. \$.

**CAFÉ LUCKY NOODLE**

207 E. 5th Ave. 484-4777.  
www.luckynoodle.com  
A locally owned, upbeat and contemporary global noodle house that features Italian and Thai cuisine on one dynamic menu. Award-winning specialty cocktails, homemade pasta and gelato, espresso and late night full dinner menu. Serving lunch, dinner and weekend continental brunch. Some OG/LG. Wheelchair accessible. 11 am-midnight daily. Brunch 9 am-2 pm Sa & Su. MC/V/AE. \$\$-\$\$\$\$.

★ Best Cocktails, Second Place

**HOLY COW CAFÉ**

See Cafés & Vegetarian

**JUNG'S MONGOLIAN GRILL**

4355 Commerce St., Suite 110. 344-7578.  
All-you-can-eat stir-fried veggies, tofu, meats and sauces. Beer and wine available. Wheelchair accessible. Lunch 11:30 am-4 pm daily. Dinner 5-9 pm Su-Th, 5-10 pm F & Sa. V/MC/D/AE. \$-\$\$.

**OFF THE WAFFLE**

2540 Willamette St. 606-4348  
www.offthewaffle.com  
Serving authentic liege waffles, a classic Belgian treat. 7 am-8 pm Su-Th. 7 am-11 pm F-Sa. No cards. \$.

**PAPAYAS ASIAN FOOD CATERING**

228-0768 or 988-1828.  
www.papayascatering.com  
Specializing in Asian cuisine for catering events: business luncheons, training, weddings, rehearsal dinner, parties, etc. Sample lunch menu: Asian crunch salad, teriyaki chicken, stir-fry noodles with vegetables, steamed rice, cookie tray. See website for a full menu or email yuenlee@att.net for a free price quote and menu ideas. MC/V/AE. \$-\$\$.

**THREE FORKS WOK & GRILL**

2560 Willamette. 485-8489.  
3003 N. Della Hwy. 762-0540.  
Serving lunch, dinner. Healthy, fresh, pan-Asian food made to order in minutes. Fresh vegetables and spices wok-seared with Thai noodles or white and whole-grain jasmine rice. Pair with chicken, tofu, tempeh, steak or shrimp from the grill. Vegetarian and vegan friendly. Some OG. 11 am-9 pm M-Th, 11 am-9:30 pm F, noon-9: 30 pm Sa, noon-9 pm Su. MC/V. \$\$.



PHOTO BY TRASK BEDORTHA

Chopped Kale Salad

FROM HEY BAYLES! FARM

Farms with farmstands and CSAs often have a plethora of recipes using the ingredients they grow. Shannon Poynter of Hey Bayles! farm shared this recipe, which she got from her grandmother, who is now 88 years old. “One of the biggest gifts my husband gives me each year is a greenhouse full of kale and collards,” says Poynter. “I love knowing I can feed my family all winter on these fabulous greens.” Poynter prefers lacinato, or Tuscan kale, and also suggests using a pizza cutter to make short work of removing the leaves from the stems. This vibrantly colored salad is “flexible, healthy and very popular,” she says. If you don’t have kale, try it with other greens, and vary the marinating time depending on their tenderness. You can vary the type of nuts (try walnuts, pecans or hazelnuts) and also the dried fruit (currants, raisins, dates).

2 bunches kale  
1/2 cup toasted pine nuts  
1/2 cup dried cranberries (unsweetened)  
1/4 cup fresh lemon juice  
1/4 cup good olive oil  
1 tsp. honey  
kosher salt and pepper as desired  
1/4 cup grated parmesan (optional)  
salt and pepper to taste.

Remove the stems from the kale (a pizza cutter works great for this). Chop kale finely, chiffonade style (thin ribbons). Mix the lemon juice, oil and honey in a bowl (heating the honey a bit eases incorporation). Toss with the kale and the cranberries. Let sit for at least 30 minutes, though all day is fine as well — this marinates the kale, breaking it down slightly.

When ready to serve, toast the pine nuts and toss them into the kale with the cheese, if desired, and season to taste.

PRESENTING

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CHOW! Winter 2011 17

## Italian

### AMBROSIA RESTAURANT & BAR

174 E. Broadway. 342-4141.  
Serving lunch, dinner: Regional Italian cuisine, fish specials, wood-burning pizza oven, calzones, pastas, vegetarian entrées, salads. Extensive wine list, beer, 7 microbrews, full bar. Reservations. Take-out, banquets, warm atmosphere with antique decor. Some OG/LG. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11:00 pm F-Sa, 4:30-10 pm Su. MC/V. \$\$-\$\$\$.

★ *Best Italian, Third Place*

### BEPPE & GIANNI'S TRATTORIA

1646 E. 19th Ave. 683-6661.  
Serving dinner: Variety of homemade pastas: Ravioli, lasagna, linguini, spaghetti. Seafood, salads. Wine, microbrews. Take-out: 5-10 pm daily. MC/V. \$\$-\$\$\$.

★ *Best Italian*

### COUNTRYSIDE PIZZA & GRILL

*See American*

### DOUGH CO., THE

1337 Hilyard St. 485-7459.  
www.doughco.com  
Bakery-style kitchen serving 31 kinds of calzones and warm cookies. Everything \$6.25 or less. Delivery until 3 am. 11 am-3 am daily. MC/V/AE/D. \$.

### EXCELSIOR INN, RESTAURANT & LOUNGE

754 E. 13th Ave. 342-6963.  
Serving breakfast, lunch, dinner. Pacific Northwest and northern Italian menu with local ingredients. Homemade pastas, fresh seafood, organic meats, produce from Excelsior Farm, desserts. Wine, beer, microbrews, full bar. Outdoor patios, private seating and meeting space available. Some OG/LG. Wheelchair accessible. Breakfast 7 am-10 am. Lunch 11:30 am-2 pm. Dinner 5 pm-10 pm daily. Bistro/Lounge open until 11 pm daily. All major cards. \$\$-\$\$\$\$.

### IZZY'S PIZZA & BUFFET

*See Pizza*

### LA PERLA

*See Pizza*

### MAZZI'S ITALIAN FOOD

3377 E. Amazon Dr. 687-2252.  
www.mazzis.com  
Family owned, preparing the Italian-Sicilian favorites of Papa and Mama Mazzi. Local products and organic produce from Mazzi's farm. Serving new and old favorites in a comfortable, relaxed setting. Northwest and Italian wines, microbrews, imported beer. Outdoor seating. Dine in or take out. Some OG/LG. Wheelchair accessible. Dinner from 5 pm daily. MC/V/AE. \$\$.

★ *Best Italian, Second Place*

### NOLI ITALIAN CAFÉ

296 E. 5th Ave. (5th St. Market). 686-9199.  
Serving lunch, dinner: Original Italian food based on Ligurian cuisine. Homemade sauce, dressing and pasta. Family-oriented restaurant. Vegetarian entrées. Some OG/LG. 11 am-7 pm M-Sa, 11 am-6 pm Su. All major cards. \$\$.

### OLIVE GARDEN

1077 Valley River Dr. 349-8929.  
Serving Italian lunches, dinners, vegetarian entrées, wine, beer, microbrew, full bar. Take-out. 11 am-10 pm Su-Th, 11 am-11 pm F-Sa. MC/V/AE/DC. \$-\$\$.

### OSTERIA SFIZIO

105 Oakway Center. 302-3000. sfizioeugene.com  
Serving lunch, dinner and weekend brunch: Italian regional cuisine, prepared using high quality local ingredients. Full bar. Patio seating. 11:30 am-close daily, brunch 11:30 am-2:30 pm Sa & Su. \$\$-\$\$\$\$.

★ *Best New Restaurant*

## Japanese

### CAFÉ ARI RANG

*See Korean*

### IZAKAYA MEIJI COMPANY

345 Van Buren. 505-8804.  
Japanese style tavern serving small plates, noodles, cocktails, sake, desserts and more. 5 pm-close. \$\$.

★ *Best New Restaurant, Second Place*

### IZUMI SUSHI & GRILL

2773 Shadow View Drive. 683-1201.  
Serving lunch, dinner: Sushi bar, full sushi menu, sashimi, rolls, grill menu, tempura, noodles, variety of tapas, traditional and fusion dishes. 11:30 am-2:30 pm and 5 pm-10 pm M-F, 5 pm-10 pm Sa, 5 pm-9 pm Su. All major cards. \$\$-\$\$\$\$.

★ *Best Sushi, Third Place*

### MISO

686 E. 13th Ave. 434-1001.

### SUSHI DOMO

1020 Green Acres Rd. 343-0935.  
2835 Oak St.  
Sushi, yaki soba, nigiri, vegetarian selections and more. Private dining room available. Wheelchair accessible. Lunch 11 am-2 pm M-F. Dinner 4:30 pm-10 pm M-Sa. Oak St.: 10 am - close M-Sa. Some cards. \$-\$\$\$.

★ *Best Sushi*

### SUSHI PURE

296 E. 5th Ave. (5th St. Market) 654-0608.  
Serving lunch, dinner: Fresh sushi, traditional and modern, with housemade special sauce on 15+ rolls. Sashimi, nigiri, fusion rolls, udon, don-buri, teriyaki, etc. Full bar, sake bar, Japanese beer and wines. Closed Sundays. All major cards. \$-\$\$\$\$.

### SUSHI STATION

199 E. 5th Ave. #7. 484-1334.  
Sushi on conveyor, made-to-order chef's special rolls, teriyaki, tempura, katsu, yakisoba and udon noodle soup and more. 11:30 am-2:30 pm and 5 pm-10 pm M-F, 5 pm-10 pm Sa. All major cards. \$\$-\$\$\$\$.

★ *Best Sushi, Second Place*

### SUSHI YA

5 E. 8th Ave. 686-3464.  
Serving lunch and dinner weekdays, dinners only on weekends. Sushi, Japanese and Korean cuisines. Daily sushi and kitchen specials. Wheelchair accessible. Noon-2 pm M-F, 5 pm-10 pm nightly. MC/V/D. \$\$-\$\$\$\$.

### TOSHI'S RAMEN

1520 Pearl St. 683-7833  
Serving lunch and dinner. Shoyu, miso and shio noodles. Gyoza, fried rice, stir-fry, teriyaki chicken, cold noodles, cold ramen salad. Vegetarian entrées. Take-out. LG. Lunch 11 am-3 pm M-Sa. Dinner 5 pm-9 pm M-Sa. Closed every third Sa of the month. V/MC. \$-\$\$.

★ *Best Asian That's Not Sushi or Thai*

## Korean

### BRAILS RESTAURANT

*See Cafés*

### CAFÉ ARI RANG

485 E. Broadway. 302-4542.  
Conveniently located downtown on Broadway and Franklin. Sunday is Family Outing Day. 11 am-9 pm Su-F.

### CAFÉ SEOUL

1930 Franklin Blvd. 687-2122.  
Serving lunch and dinner. Offering authentic, traditional Korean meals with Japanese and Chinese dishes. Lots of vegetarian selections, lunch specials, take-out. Wheelchair accessible. 11 am-9 pm M-F, noon-9 pm Sa. MC/V. \$-\$\$.

### KOREA HOUSE

1306 Hilyard St. 345-9555.  
Serving lunch, dinner: Traditional Korean dishes with some Japanese food. Steamed rice, soup and kimchee with some meals. Vegetarian entrées. Take-out. 11 am-8 pm M-F. MC/V. \$-\$\$.

### NOODLE BOWL

860 Pearl St.  
Serving authentic Korean food and pan-fried noodle dishes. 11 am-9 pm.

★ *Best Asian That's Not Sushi or Thai, Third Place*

### SUSHI YA

*See Japanese*

## Latin American & Caribbean

### EL JARRO AZUL

*See Mexican*

### JOHNNY OCEAN'S GRILLE

114 Oakway Center. 342-7994.  
Serving lunch and dinner in a Caribbean atmosphere. Appetizers, steaks, hamburgers, chicken, halibut, ahi, salmon, shrimp, sandwiches, including veggie sandwich, fries, salads, pad Thai, curry sauté, halibut fish tacos. All food prepared with trans fat-free olive oil. Shakes, beer and wine. Take-out. Outside seating. Some OG/LG. 11 am-9 pm M-Sa, 11:30 am-7 pm Su. MC/V. \$\$-\$\$\$\$.

### LA OFICINA

1491 Willamette St. 338-4621.  
Treat yourself and your taste buds to a culinary

journey south of the border. Serving a unique mixture of Latin American and Caribbean cuisine. Seafood, vegetarian and vegan options available. Full bar featuring a large selection of tequilas and hand-shaken cocktails with Latino flair. Patio dining available. Lunch 11:30 am-2:30 pm M-F. Dinner 5 pm-9 pm M-Th, 5 pm-10 pm F & Sa. MC/V/D. \$\$.

### RED AGAVE

454 Willamette St. 683-2206.  
www.redagave.net  
Traditional recipes & modern flair from Latin America featuring local, organic foods presented in an intimate bistro setting. Craft, fresh-fruit cocktails and fabulous wines from around the Latin world. Cantina Menu of affordable dishes available anytime at the bar. Vegetarian options available. Family-style menu option (three course, fixed price) and a new drink menu coming soon. Some OG/LG. Wheelchair accessible. 5 pm-late M-Sa. MC/V/AE. \$\$\$.

★ *Best Mexican/Latin American, Second Place*

### SUNSET ISLAND CAFÉ

1050 Greenacres Rd.

### TACO LOCO

900 W. 7th Ave. 683-9171.  
Featuring a unique mixture of Latin American and Caribbean dishes steeped in tradition. Vegetarian and vegan friendly. Full bar specializing in margaritas and cocktails made from all natural juices. A large selection of tequilas available. Wheelchair accessible. Lunch 11:30 am-2:30 pm M-F. Dinner 4:30 pm-close M-F. 11:30-close Sa. MC/V/D, no checks. \$\$.

## Mediterranean

### ALBEE'S N.Y. GYROS

391 W. 11th Ave. 344-0010.  
Falafel or beef/lamb mixed meat gyros, \$6 with whatever you want: lettuce, tomatoes, onion, black olives, feta, pepperoncini, tzatziki sauce. N.Y. dogs available here, too: \$4 with whatever you want. Also serving baklava and spanakopita. 11 am-10 pm M-Sa. No cards. \$.

### CAFÉ GLENDI

296 E. 5th Ave. (5th St. Market). 485-3391.  
Serving lunch, dinner: Tasty selections of Greek/Mediterranean dishes including moussaka, chicken and lamb souvlaki, spanakopita and fresh salmon as well as vegetarian dishes. Phone orders. Take-out. Catering. Some OG/LG. Wheelchair accessible. 11 am-7 pm M-Sa, 11 am-6 pm Su. MC/V. \$-\$\$.

### CAFÉ MAROC

28 E. Broadway. 344-6948.  
cafemarocueugene.com  
Serving the colorful and bold cuisines of North Africa. Primary focus on local, seasonal and sustainable meats, seafood and vegetables. Weekly specials and vegetarian options. Full bar. Belly dancing most nights. Reservations for 6 or more recommended. Wheelchair accessible. 5 pm-10 pm Tu-Sa. MC/V/AE. \$\$-\$\$\$\$.

### CAFÉ SORIAH

384 W. 13th Ave. 342-4410.  
Serving lunch, dinner: Mediterranean, international and Northwest cuisine. Lamb, chicken, seafood, vegetarian specialties, salads. Wine, beer, microbrews, full bar. Reservations. Take-out. Some OG/LG. Wheelchair accessible. 11 am-2 pm M-F, 5 pm-10 pm Su-Th, 5 pm-11 pm F-Sa. MC/V/AE. \$\$\$\$.

★ *Best Restaurant, Third Place*  
★ *Best Mediterranean, Second Place*  
★ *Best Place to Eat When You're Not Paying, Second Place*

### CASABLANCA MIDDLE EASTERN RESTAURANT

296 E. 5th Ave. (5th St. Market). 342-3885.  
Serving lunch, dinner: Vegetarian, chicken and lamb dishes from the Middle East. Counter service. Take-out. Some OG/LG. Wheelchair accessible. 10 am-6 pm daily. V/MC. \$\$.

### CASPIAN MEDITERRANEAN RESTAURANT

863 E. 13th Ave. 683-7800.  
Serving breakfast, lunch and dinner all day: Roasted eggplant dishes, falafel, gyros, feta salad, burritos, Philly steak, taco salad, vegan soup and more vegetarian entrées. Take-out. Wheelchair accessible. 8 am-8: 30 pm Su-Th, 8 am-2:30 am F & Sa. MC/V/D. \$.

★ *Best Mediterranean, Third Place*

### GREEK PARADISE

65 Division Ave., Suite M. 684-5000.  
Greek, Mediterranean and American dishes. Gyros, falafel, shish kabobs, chicken kabobs, Greek salad, breakfast served all day. Lunch and



PHOTO BY VANESSA SALVIA

## Roasted Acorn Squash and Poblano Stew

FROM HOLY DONUTS

Yes, donuts are an indulgence, but at Holy Donuts you can get a healthier cake donut (fried in coconut or palm oil and double drained) as well as savory treats, soups and sandwiches. “We serve donuts so I want our other food to be really clean and healthy,” says owner Karen Nunley-Gross. “We want to eat certain treats in life, so I like to save up for that and eat clean food the rest of the time.” Nunley-Gross keeps vegan chili with vegan cornbread on the menu every day. All soups come with a big slab of cornbread, or you can try a hot sandwich like tuna melt or grilled cheese. Many menu items, like this stew, are gluten free and vegan. Top your bowl with toasted pumpkin seeds (and/or sour cream, if you prefer). “I like squash because it’s so versatile,” she says. “I buy a bunch of it in the fall. It stores well, and I use it all winter. I bake it or freeze it and pull it out when I need it.”

2 acorn squash  
a little olive oil for rubbing and sauteing  
1 medium onion, diced  
2 celery stalks, diced  
3 carrots, diced  
3 or 4 roasted or grilled poblano chilies, diced  
2 tsp. coriander  
1 tsp. cumin  
1/4 tsp. smoked chipotle pepper  
sea salt and pepper to taste  
1 clove minced garlic  
2 quarts vegetable stock  
5 small Russet potatoes, peeled and diced  
toasted pumpkin seeds for garnish

Prepare squash  
Slice in half, scoop out seeds. Rub olive oil on cut sides and sprinkle with sea salt. Place cut side down on a parchment-lined baking sheet and bake 30 to 40 minutes or until tender. Let sit 5 minutes, then peel and scoop flesh out.

Saute the onion, celery and carrots in a little oil until tender. Add the chilies, coriander, cumin, chipotle, salt and pepper, and garlic and cook a few minutes more, until fragrant. Add the stock, potatoes and prepared squash. Simmer 20 to 25 minutes on low heat.

Puree with an immersion blender and serve.



dinner specials, Philly cheese steaks and more. Banquet/meeting room. 8 am-9 pm daily. MC/V. \$\$.

#### POPPY'S ANATOLIA

See *Indian*

## Mexican

#### BURRITO AMIGOS

1136 Hwy. 99 N. 461-8880.  
1239 Alder St.  
2445 Hilyard St. 868-1528.  
1333 W. 6th Ave. 338-9190.  
1600 Coburg Rd. 868-0908.  
201 42nd St., Springfield. 746-7279.  
3000 Gateway Mall, Springfield. 743-0103.  
In front of Jerry's Home Improvement Centers, Eugene and Springfield.  
Serving breakfast, lunch, dinner: Specializing in burritos (meat or vegetarian, breakfast), tacos, taco salad, chili verde, tostadas, quesadillas and many vegetarian items. Espresso and coffee at drive-thru. Speedy service. Take-out. Some LG. Wheelchair accessible at Hilyard and Coburg locations. 6:30 am-9 pm M-Sa, 8:30 am-8 pm Su. MC/V/AE/D. \$.

#### BURRITO BOY TAQUERIA

943 River Rd. 689-7970.  
30 W. 10th Ave. 344-5856.  
510 E. Broadway. 344-8070.  
2511 W. 11th Ave. 338-4219.  
Serving breakfast, lunch, dinner: Breakfast burritos, burritos, tacos, carne asada, carnitas, chile verde lengua, vegetarian entrées, Mexican waters. Take-out. LG. River Road: 7 am-9 pm daily. 10th Ave: 7 am-5 pm daily. Broadway: 7 am-11 pm daily. 11th Ave: 7 am-10 pm daily. No checks. \$.

- ★ **Best Under-\$5 Deal**
- ★ **Best Late-Night Eats, Second Place**
- ★ **Best Mexican/Latin American, Third Place**

#### BURRITO GIRL

7th Avenue & Chambers. 337-4791.  
Burritos, quesadillas, tacos. Vegetarian entrées. Everything under \$5. 11 am-7 pm daily. No cards.

#### CABO GRILL

3344 Gateway St., Springfield. 741-2226.  
A mix of Mexican-American food. Full bar, TVs for watching the big game. Vegetarian entrées. Some LG. 11 am-close daily. MC/V/AE. \$\$.

#### CHAPALA MEXICAN RESTAURANT

68 W. 29th Ave. 683-5458.  
Oakway Center. 424-6113.  
Serving lunch, dinner: Fajitas and Mexican favorites, full vegetarian menu, salads. Wine, beer, full bar. Reservations for 6+. Live music Th and Sa at 29th St. Take-out. 29th: 11 am-10 pm Sa-Th, 11 am-11 pm F. Oakway: 11 am-10 pm M-Th, 11 am-10:30 F & Sa, 11 am-10 pm Su. MC/V. \$-\$\$.

#### ★ Best Mexican/Latin American

#### CHIPOTLE MEXICAN GRILL

460 Coburg Rd. 687-5220.  
11 am-10 pm daily.

#### DON JUAN'S FAMILY MEXICAN RESTAURANT

2650 River Rd. 689-5821. Fax 461-2757.  
Serving lunch, dinner: Guadalajara-style cooking, chicken carnitas, chile Colorado and verde, vegetarian entrées. Wine, beer, full bar. Banquet facilities. Take-out. LG. Wheelchair accessible. 11 am-10 pm M-Th, 11 am-10:30 pm F-Sa. MC/V/AE/DC. \$-\$\$.

#### EL CHARRO

4712 Royal Ave. 688-3642.  
Serving chicken fajitas, chile rellenos, tamales, tostadas, carne asada, nachos, seafood, vegetarian entrées and more. Full bar. Take-out. OG. Wheelchair accessible. 11 am-9 pm M-Th, 11 am-10 pm F & Sa, 11:30 am-9 pm Su. MC/V/DC/D. \$\$.

#### EL CORRAL

368 E. 40th Ave. 485-9792.  
Authentic Mexican food, margaritas, wine, beer. Lunch specials from 11 am-3 pm M-F. Some LG. 11 am-9 pm daily. MC/V. \$-\$\$.

#### EL JARRO AZUL

764 Blair Blvd. 344-0650.  
Formerly Los Jarritos. Serving lunch and dinner: Chicken, beef, pork, vegetarian and seafood entrées. All made with homemade sauces and spices. Salvadoran specialties. Wine, beer, margaritas and a big selection of tequilas. Take-out, reservations requested for 6+. Specials every day. LG. 11 am-9 pm M-Sa, 3:30-9 pm Su. MC/V/AE/DC. \$-\$\$.

#### EL KIOSCO RESTAURANT

65-O Division St. 689-5688.  
1909 S. A St., Springfield. 741-2005.  
Serving lunch, dinner: Southern California-style Mexican cooking, quesadilla suprema, vegetarian entrées, no lard or MSG. Wine, beer, full bar. Catering available to businesses and parties. Take-out. 11 am-9 pm M-Th, 11 am-10 pm F & Sa, noon-9 pm Su. MC/V. \$\$.

#### EL PATO VERDE TAQUERIA

682 E. 13th Ave. 686-9700.  
Since 2002 this owner-operated restaurant has been serving Northwest Mexican food: Al pastor (marinated pork), carne asada (steak), homemade salsas, sauces, homemade vegetarian beans and rice, tacos, quesadillas and burritos. Catering. 11 am-9 pm M-F, 11 am-8 pm Sa. V/D. \$.

#### EL TORITO RESTAURANT

1003 Valley River Way. 683-7294.  
Serving lunch, dinner, Sunday breakfast menu: From scratch kitchen featuring different regions of Mexico. Catering and banquets. Full bar. Half price appetizers in cantina 4 pm-8 pm M-F. Taquerita Tuesday 99 cent tacos in Cantina only. Kids eat free with adult entrées Saturdays until 3 pm. Wheelchair accessible. 11 am-9:30 pm Su-Th, 11 am-10 pm F & Sa. All major cards. \$\$.

#### FINA TAQUERIA

2621 Willamette St. 431-FINA (3462).  
Serving lunch and dinner daily, featuring burritos, tacos, salads, enchiladas, quesadillas and nachos. Vegetarian entrées. Kids' meals. Beer. Dine in, take-out and call-ahead pick-up. 11 am-9 pm daily. MC/V. \$.

#### JALISCO MEXICAN RESTAURANT

3095 W. 11th Ave. 485-8636.  
Serving lunch, dinner: Mexican cooking, some vegetarian entrées. Friendly staff. Wine, beer, mixed drinks. Fast service with a smile. Reservations for 6+. Banquet room. Take-out. LG. 11 am-10 pm daily. MC/V/D. \$\$.

## word is ...

A rare delicacy once known as "forbidden rice" because it was only served to the Emperor, **black rice is now on the menu at Sushi Pure** — head chef Preston calls this organic and all-kinds-of-healthy rice "the perfect ingredient."

#### LA BUFA TAQUERIA

45 E. 8th Ave. 344-4001.  
Steamed tacos (tacos al vapor), burritos, choice of beef or pork. Espresso. Vegetarian and breakfast options. 8 am-2 pm M-F, 9 am-5 pm Sa.

#### LA OFICINA

See *Latin American & Caribbean*

#### LAS MORENAS

585 River Rd. 463-1389.  
Serving authentic Mexican food, lunch and dinner. 10 am-8 pm daily. No cards. \$.

#### LONCHES TO GO

See *Food Carts*

#### LOS DOS AMIGOS HACIENDA

4730 Village Plaza Loop. 686-8455.  
Serving lunch and dinner. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. MC/V.

#### MEMO'S

737 Main St., Springfield. 747-8617.  
Family-oriented Mexican cuisine. Full bar. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. V/MC/D. \$-\$\$\$.

#### MI TIERRA

632 Blair Blvd. 743-0779.  
Serving breakfast, lunch, dinner: Authentic Mexican dishes, freshly prepared. Lunch combo specials from \$4.99. Tamales, veggie burrito, fish tacos, seafood soup, breakfast burritos, chorizo with eggs, fajitas, whole fish combos. Open daily until 9 pm. Cash only. \$-\$\$.

#### MISSION MEXICAN RESTAURANT

610 E. Broadway. 686-8226.  
Serving lunch, dinner, weekend breakfast: Full array of authentic Mexican food, family recipes, vegetarian options. Full bar, fireside patio seating, video poker and big screen HD TVs. Late night specials, catering, party trays to go. Pony Express delivery: Phone in drive through. Office and private parties. Student specials. Wheelchair accessible. 11 am-close Su-Tu, 11 am-2 am W-Sa. MC/V/AE. \$-\$\$.

#### MUCHO GUSTO MEXICAN KITCHEN

67 Oakway Center.  
Valley River Center.  
www.mucho gusto.info  
Serving lunch and dinner daily, featuring: burritos, tacos, salads and tostadas with choice of pork, beef, chicken, tofu or Alaskan cod. Kids' meals. Mexican beer and margaritas. Take-out. Outside dining. For catering, call 912-9091. Oakway: 11 am-9 pm Su-Th, 11 am-10 pm F-Sa. VRC: 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC. \$.

#### NACHO'S HEALTHY MEXICAN

1190 City View St. 485-6595.  
Serving lunch, dinner: Chile verde, more than 15 styles of nachos, fresh chile rellenos, vegetarian entrées, tostada salad, grilled chicken taco salad, fajitas, lard-free pinto and black beans, homemade salsas. Wine, beer, cocktails and 27 different margaritas. LG. Wheelchair accessible. 11 am-9:30 pm Su-Th, 11 am-10:30 pm F & Sa. MC/V/AE/D. \$\$.

#### SUPER TACO

3666 W. 11th Ave., Space C. 344-8198.  
Serving brunch, lunch, dinner: Authentic Mexican fast food. Burritos, tacos, super nachos, tamales, tortas, chimichanga, flan and much more. Vegetarian options. 10 am-9 pm daily. All major cards. \$.

#### TACO DEL MAR

3007 Delta Hwy. N. Suite 202. 434-TACO.  
Mondo burritos, rippin' tacos, enchiladas, quesadillas, taco salads & more. Famous for fish tacos. Now featuring carne asada steak. Taco happy hours daily from 3 pm-5 pm (two tacos for \$2.99). Kids eat for \$.99 on Sundays. Vegetarian and vegan options available. Some LG. 10:30 am-8:30 pm daily. MC/V. \$.

#### TACO LOCO

See *Latin American & Caribbean*

#### TIO PEPE

1041 River Rd. 689-4533.  
Serving lunch, dinner: Carne tampiquena (rice, beans, guacamole, bacon and plantains), shrimp Costa Azul, enchiladas Puerto Vallarta (crab and shrimp), vegetarian entrées. Wine, beer, full bar. Take-out. 11 am-9 pm, daily. MC/V. \$\$.

#### TORERO'S MEXICAN FAMILY RESTAURANT

5705 Main St., Springfield. 746-3766.  
Serving lunch and dinner, traditional Mexican specialties. 11 am-9 pm M-F, 11 am-10 pm Sa & Su. V/MC/AE. \$\$.

## Microbrew

#### HOP VALLEY BREWING COMPANY

980 Kruse Way, Springfield. 744-3330.  
11 am-2 am daily.

#### MCMENAMIN'S EAST 19TH STREET CAFÉ

1485 E. 19th Ave. 342-4025.  
Serving lunch, dinner and pub fare: Hamburgers,

Gardenburgers, hot sandwiches, pizza, calzones, fries and soups. Their own Edgefield wines available bottled or by the glass; beer; 15 microbrews on tap, featuring McMenamin's ales. Pool, darts, snooker and pinball. Take-out. Some OG. Wheelchair accessible. 11 am-1 am M-Sa, noon-midnight Su. MC/V/AE/D. \$-\$\$.

- ★ **Best Burger, Third Place**
- ★ **Best Game Night**

#### MCMENAMIN'S HIGH STREET BREWERY & CAFÉ

1243 High St. 345-4905.  
Serving lunch, dinner: Hot sandwiches, pastas, salads, hamburgers, fries, vegetarian entrées. Wine, beer, 12 McMenamin's microbrews on tap plus five others. Outdoor seating available. Take-out. Some OG. Wheelchair accessible. 11 am-1 am M-Sa, noon-midnight Su. Minors till 9 pm. MC/V/AE/D. \$-\$\$.

- ★ **Best Burger, Third Place**

#### MCMENAMIN'S NORTH BANK

22 Club Rd. 343-5622.  
Serving burgers, pastas, fish and chips, prime rib, hot and cold sandwiches, salads, salmon and appetizers for lunch and dinner. Vegetarian entrées. Wine, full bar and microbrews, featuring McMenamin's ales. Deck seating along the Willamette River. Take-out. Smoking on patio. LG. 11 am-11 pm Su-Th, 11 am-midnight F & Sa. Closed Thanksgiving and Christmas. MC/V/AE/DC. \$-\$\$\$.

- ★ **Best Burger, Third Place**

#### SAM BOND'S GARAGE

407 Blair Blvd. 431-6603.  
New menu offerings, plus organic pizza by the slice, mixed green salad from local organic farms. Full bar. Beer garden. Live entertainment nightly. Chosen as one of the best bars in America by Esquire magazine. OG/LG. Open 4 pm 'til late daily. MC/V. \$-\$\$.

- ★ **Best Bar**

## Northwest

#### ADAM'S SUSTAINABLE TABLE

30 E. Broadway. 344-6948.  
adamsustainabletable.com  
Sustainability-driven, fresh, local and organic products with a seasonal focus thoughtfully prepared. Serving small and large plates, steaks, fresh fish, vegetarian options and daily specials. Northwest wines, full bar, extensive Scotch list and home to the Eugene Martini Association. Outdoor seating. Banquet facilities. Reservations for 6 or more only. OG/LG. Wheelchair accessible. Open at 4:30 pm Tu-Sa. MC/V/AE. \$\$-\$\$\$\$.

#### AGATE ALLEY BISTRO & BAR

1461 E. 19th Ave. 485-8887  
Neighborhood bistro/bar offering distinctive Pacific Northwest entrées, small plates, sandwiches and thin crust pizzas with subtle Asian and Hispanic influences infused into the mix. Weekend breakfast. Signature cocktails and local beers. All organic produce and hormone-free meat. Daily specials. Taco Tuesday, Acoustic Corner Wednesday and Drink Wheel Thursday. Some OG/LG. 4 pm-1 am M, 11 am-1 am Tu-Fri, 8 am-1 am Sa-Su. All major credit cards. \$\$-\$\$\$.

#### AX BILLY GRILL & SPORTS BAR

See *American*

#### B<sup>2</sup> WINE BAR

2794 Shadow View Dr. 505-8909.  
b2winebar.com  
Over 60 wines, featuring Oregon wineries. Full bar with local micros and domestic beers. Appetizers, entrées and desserts. Live music on Saturdays. Outdoor seating. Some OG/LG. Noon-close M-Sa, 3 pm-9:30 pm Su. All major cards. \$\$.

#### CAFÉ 440

440 Coburg Road. (Coburg Station) 505-8493.  
cafe440eugene.com  
Serving lunch, dinner: "Northwest comfort food with a little attitude." Salads, sandwiches, Knee Deep Farms all-natural burgers with regular or sweet potato fries, salmon fish and chips, fried chicken, mac and cheese and more. Full bar, local beer on tap, wine. Outdoor seating. Some OG/LG. 11 am-10 pm M-Sa. MC/V. \$\$-\$\$\$.

#### CAFÉ YUMM

The Meridian, 1801 Willamette St. 686-YUMM.  
Oakway Center, 130 Oakway Center. 465-YUMM.  
On Broadway, 730 East Broadway. 344-YUMM.  
North Delta Center, 1005 Green Acres Rd. 684-YUMM.

The Crossroads, 3340 Gateway Rd., Springfield. 747-YUMM.  
Sacret Heart at RiverBend, 3333 RiverBend Dr., Springfield. 736-YUMM.  
Breakfast, lunch and dinner. "Soul satisfying ... Deeply nourishing@". Yumm! Bowls®, soup, chicken, turkey, organic, salads, Yumm! Wrappits, sandwiches, salmon burgers. Savory sauces and dressings. Extensive vegan, vegetarian ingredients. Wine, beer, juice, coffee and tea. Take-out. Event catering. Some OG/LG. Wheelchair accessible. The Meridian, Oakway Center: 10 am-8 pm Mon-Sat, 11 am-6 pm Sun. North Delta Center: 10 am-8 pm Mon-Sat, 11 am-7 pm Sun. On Broadway: 10 am-9 pm daily. The Crossroads: 10 am-9 pm Mon-Sat, 10 am-8 pm Sun. RiverBend: 10 am-10 pm M-Sa, 11 am-5 pm Su. MC/V. \$.

- ★ **Best Place to Take Vegetarians**
- ★ **Best Under-\$5 Deal, Second Place**
- ★ **Best Cheap Date, Third Place**

#### CAFÉ ZENON

898 Pearl St. 684-4000.  
Recently reopened under the ownership of Ibrahim Hamide (Café Soriah) with a menu that mixes new dishes with favorites from the old Zenon (Thai Tiger Tears salad included). Full bar. Outdoor seating. 11 am-10 pm M-Th, 11 am-11 pm F & Sa, 5 pm-10 pm Su.

#### CHEF BECKY

345-7779. www.chefbecky.com  
Delivering dinner. Customized, gourmet meals, delivered by personal chef Becky. Prepared from scratch, just for you, using top quality ingredients. Organic meals available. Sample menus available online. Some OG. No cards. \$\$\$\$.

#### DAVIS' RESTAURANT & BAR

94 W. Broadway. 485-1124.  
Seasonal cuisine in a comfortable, elegant downtown space. Sandwiches, salads, dinner specials, burgers, specialty cocktails, house desserts and more. Full and half orders of nearly all dishes. All major cards. \$-\$\$\$.

- ★ **Best Cocktails, Third Place**



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#### FIELD TO TABLE CATERING

Farmers' Market, 8th & Oak. 912-6268.  
fieldtotablecatering.com  
Seasonal, market-driven menus using local ingredients. 9 am-4 pm every other Saturday through April. \$\$-\$\$\$\$.

#### GLENWOOD RESTAURANTS, INC.

See Cafés

#### GO HEALTHY CAFÉ

3802 W. 11th Ave. 683-3164.  
Quick serve, healthy food: sandwiches, burritos, bowls, quesadillas, kids' menu. Fresh, local, organic, vegan options. Some OG/LG. 11 am-6 pm M-F, 11 am-5 pm Sa & Su. MC/V/D. \$.

#### HUMBLE BEAGLE PUB

2435 Hilyard St.  
www.thehumblebeaglepub.com  
Serving dinner in a warm and cozy atmosphere: burgers, fresh fish, meat, vegetarian and vegan entrées, salads and dessert. Seasonal menu features local and sustainably harvested ingredients. Six beers on tap, plus extensive selection of bottled beer and wine. 5 pm-10 pm W-Th, 5 pm-11 pm F & Sa, 5 pm-10 pm Su. MC/V/D. \$-\$\$.

#### JUNE

1591 Willamette.  
Comfort food and cocktails. June includes a coffee shop, breakfast and lunch bistro counter and evening restaurant, all serving sandwiches, salads, entrées and more. Bistro: 7 am-3 pm; Coffee shop, 7 am-6 pm; restaurant, 5 pm-11 pm and 5 pm-1 am F & Sa. Closed Mondays. \$-\$\$\$\$.

#### KING ESTATE RESTAURANT & WINE BAR

80854 Territorial Rd. 685-5189.  
www.kingestate.com  
Serving lunch and dinner, with wine tastings and tours daily. Pizzettas, seafood, salads, Knee Deep Ranch beef and more Northwest specialties. Reservations recommended. 11 am-9 pm daily. \$\$-\$\$\$\$

★ Best Wine

★ Best Winery to Visit

#### LAVELLE CLUB ROOM AT THE MARKET

296 E. 5th Ave. (5th St. Market). 338-9875.  
lavellevineyards.com  
Serving appetizers, entrées and nightly specials W-F after 5. The Club Room is the satellite location of the family-owned vineyard in Elmira. Wine tasting every day until 5 pm. Live music Th & F, 6 pm-9 pm. Some OG/LG. Noon-6 pm Sa-Tu, 3 pm-9 pm W-F. MC/V. \$\$-\$\$\$\$.

#### MAC'S AT THE VET'S CLUB

1626 Willamette St. 344-8600.  
Whiskey cured prime rib, steaks, chicken, seafood, sandwiches, appetizers, beer, wine and cocktails. Open to the public. All ages until 9 pm. Live music W-Sa, free W & Th. Low cover F & Sa. Reservations accepted. Some OG/LG. Wheelchair accessible. 4 pm-10 pm Tu; 4 pm-11 pm W; 4 pm-1 am Th; 4 pm-2:30 am Sa & Su. MC/V/AE/D. \$\$.

#### MARCHÉ

296 E. 5th Ave. (5th St. Market). 342-3612.  
Serving lunch, dinner, Sunday brunch, casual bar menu and cocktails featuring local, organic, seasonal ingredients with French flair. Menus change weekly, wood-fired oven, exhibition kitchen, catering. Vegetarian entrées. Wine, beer, full bar. Reservations. Patio seating. Some OG/LG. Wheelchair accessible. 11:30 am-11 pm M-Sa, 11:30 am-10 pm Su. All major cards. \$\$\$-\$\$\$\$.

★ Best Place to Eat When You're Not Paying

★ Best Restaurant, Second Place

★ Best Service, Second Place

#### MARCHÉ CAFÉ

296 E. 5th Ave. (5th St. Market). 484-6614.  
Seasonally changing menu in the tradition of a French café. Grilled baguette sandwiches, soup, quiche, salads, burgers and pommes frites. Full breakfast and weekend lunch, local organic coffee and espresso, take-out, box lunches, catering. Some OG/LG. Wheelchair accessible. 8:30 am-7 pm M-Sa, 9 am-6 pm Su. All cards. \$.

#### MARCHÉ MUSEUM CAFÉ

Jordan Schnitzer Museum of Art, UO. 346-6440.  
Seasonally changing menu. Breakfast pastries, granola, soup, panini, sandwiches, salads, desserts. Wine by the glass and bottled beer. Take-out, box lunches and catering. Summer hours: 9:30 am-4 pm Tu, Th & F, 9:30 am-7 pm W, noon-4 pm Sa & Su. All cards. \$.

#### OAK STREET SPEAKEASY, THE

915 Oak St. (basement). 284-4000  
Serving many local, organic, free range items. Gluten-free, dairy-free, vegan and vegetarian options. Specialty cocktails and wide selection of microbrews. Live sushi creations from Rebel Sushi 4 pm-9 pm W & Th. Happy hour food specials Tu-Sa. Live music venue; no reservations after 9 pm. Some OG/LG. 4 pm-2 am W-Sa. All major cards. \$.

#### OREGON ELECTRIC STATION

27 E. 5th Ave. 485-4444.  
Serving lunch, dinner: Steaks, prime rib, seafood, pasta, vegetarian entrées, salads, desserts. Wine, beer, microbrews, full bar. Reservations. Some OG/LG. Wheelchair accessible. 11:30 am-midnight M-F, 4:30 pm-midnight Sa-Su. All major cards. \$\$\$\$.

#### OUR DAILY BREAD RESTAURANT

88170 Territorial Rd., Veneta. 935-4921.  
www.ourdailybreadrestaurant.com  
A full Northwest dining experience featuring hand-crafted, regional cuisine, fine local wines and microbrews in a family owned and operated restaurant. Serving breakfast, lunch, dinner and Sunday brunch. Specializing in private parties and hosting special events. Catering available. Some OG/LG. Wheelchair accessible. 7 am-3 pm M & Tu, 7 am-8 pm W-Sa, 10 am-8 pm Su. MC/V/D. \$-\$\$\$\$.

#### SIXTH STREET GRILL

55 W. 6th Ave. 485-2961.  
An exceptional selection of northwest cuisine, cocktails, beer and wine served to you in an inviting atmosphere. 11 am-10 pm M-Th, 11 am-11 pm F, 8 am-11 pm Sa, 8 am-10 pm Su. All major cards. \$\$-\$\$\$.

#### SKINNER'S GREAT STEAKS, CHOPS AND SEAFOOD

66 E. 6th Ave. (inside the Hilton). 342-6658.  
Serving breakfast, lunch, dinner: A casual Northwestern steak restaurant featuring certified Angus beef brand, regionally grown pork and lamb and Northwest seafood. Farm-to-table Sunday brunch 10 am-2pm on Sundays. Wheelchair accessible. 6:30 am-10 pm daily. All cards. \$\$-\$\$\$\$.

#### SWEETWATERS ON THE RIVER

Valley River Inn, 1000 Valley River Way. 743-1000.  
www.valleyriverinn.com  
Serving breakfast, lunch, dinner, Champagne Sunday Brunch. Seasonal menu selections; entrees, salads, soups, desserts. Specialty drinks, wine flights, beer selections; lounge with full spirits. Reservations recommended for dinner and Sunday brunch. LG. Wheelchair accessible. M-Sa 6:30 am-11:00 am, 11:30-2 pm; 5:30 pm-9:30 pm; Su 7:30 am-2 pm, 5:30 pm-9:30 pm. All cards. \$\$\$-\$\$\$\$.

#### VILLARD STREET PUB

1417 Villard St. 393-0960.  
www.villardstreetpub.com  
Northwest brew pub in the tradition of Wild Duck Brewery. Serving lunch and dinner, breakfast on weekends. Wide assortment of sandwiches and pub cuisine. Vast selection of microbrews and bottles. All satellite sports packages. Pub trivia on Mondays, 9 pm. Some OG/LG. 11:30 am-2 am M-F, 9:30 am-2:30 am Sa & Su. MC/V. \$\$.

### Pacific Rim

#### HODGEPODGE

2190 W. 11th Ave. 484-6300  
Serving lunch and dinner: good food fast, teriyaki chicken. Catering. Eat in, take-out, drive through. Wheelchair accessible. 11 am-10 pm daily. MC/V. \$.

#### JAIL, THE

490 E. Broadway. 343-8700.  
Student-approved BBQ and teriyaki joint. Police officers and fire department frequent this place as well. Huge portions! Wheelchair accessible. 11 am-11 pm M-Sa. Some cards. \$.

#### KONA CAFÉ

See Barbecue

#### RING OF FIRE RESTAURANT & CATERING

1099 Chambers St. 344-6475.  
www.ringoffirerestaurant.com  
Chef Pornwadee Garner's authentic, award-winning Pacific Rim cuisine highlights local, seasonal ingredients, vibrant, bold flavors, aromatic curries, noodle/rice specialties and a heat scale "from mellow to superlatively spicy and com-

plex." Catering, banquet room facilities and weekday lunch menu available. Some OG/LG. Wheelchair accessible. 11 am-11 pm M-Sa, noon-11 pm Su. MC/V/AE. \$\$-\$\$\$\$.

★ Best Service, Third Place

#### RON'S ISLAND GRILL

401 W. 3rd. Ave. 344-3324.  
2506 Willakenzie Rd. 342-3006.  
1249 Alder St. 344-1960.  
55 W. 29th Ave. 344-5880.  
Serving lunch and dinner: teriyaki, curry, sweet & sour, spicy plates fresh off the grill. Huli huli chicken and Kalua pork. New huli huli chicken sandwich and wraps coming soon. Wheelchair accessible. W. 3rd: 11 am-4 pm M-F. Other locations: 11 am-9 pm daily. MC/V/AE. \$-\$\$.

### Pizza

#### CALIGAL'S PIZZA

3161 Gateway St., Springfield. 736-1200.  
Pizza, custom poninos, kids' menu. 11 am-9 pm M-F, 2 pm-9 pm Sa. MC/V. \$-\$\$\$.

#### CIAO PIZZA

3342 Gateway St., Springfield. 505-8487.  
Authentic Italian-style pizzeria with wood/gas-fired oven. All entrées are cooked in the oven with fresh ingredients, all made from scratch. Traditional Italian ambiance with modern bistro-like flair. Vegetarian & vegan dishes. Some OG/LG. 11:30 am-10 pm M-Th, 11:30 am-11 pm F & Sa, 11:30 am-9 pm Su. All major cards. \$\$.

#### COBURG PIZZA COMPANY

90999 S. Willamette St., Coburg. 484-6600.  
www.coburgpizza.com  
More than two dozen hand-crafted gourmet pizza recipes; imaginative vegetarian, chicken, steak and seafood pizzas as well as classic tastes on a variety of crusts (including gluten-free) in charming Coburg. Gourmet calzones and salads, tramezzini and focaccia sandwiches, large variety of wings. Take-out or dine in. 11 am-8 pm M-Th, 11 am-9 pm F, noon-9 pm Sa, noon-8 pm Su. MC/V/D. \$-\$\$.

#### COZMIC PIZZA

199 W. 8th Ave. 338-9333.  
New omni-organic menu featuring fabulous soup, salads, wrap sandwiches, organic microbrews and fine wine, indulgent desserts. Music, entertainment, meeting and party facilities, community



PHOTO BY KAI HAYASHI

### Wild Salmon Cakes

FROM CAFÉ 440

"We like this recipe because salmon is a great Northwest resource," says Martha Schuetz, co-owner of Café 440. "We use an amazing Alaskan wild salmon in this dish." Schuetz suggests salmon cakes as a nice alternative to crab cakes if you're cooking for yourself at home because it's more affordable. Make these cakes a little larger than the 2-ounce balls called for, and put them in a bun for a salmon burger.

1lb. wild salmon, cooked and cooled  
1/2 yellow onion, 3 stalks celery, 1 red pepper (skinned and seeded) – all diced small, and sautéed until soft, and cooled  
1 roasted jalapeño, finely diced

1/4 cup corn kernels  
1 tsp. chopped garlic  
salt and pepper  
1 egg  
1/4 cup mayonnaise  
juice of 1 lemon  
1 tblsp. chopped cilantro  
3/4 cup breadcrumbs  
oil for sautéing

Mix all ingredients together well, except breadcrumbs. Portion into 2-ounce balls. Roll each ball in breadcrumbs. Let rest in the refrigerator for one hour. Saute until golden brown and hot.

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# TA RA RIN

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~ DINE IN OR TAKE OUT ~

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4:30 pm-10 pm Dinner

Sat-Sun: 12 noon-10 pm

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1200 Oak St.

Phone 541.343.1230

TA RA RIN GIFT CARDS  
Available at restaurant, come see us for details!



## CHOW! Restaurant Listings

events. Free delivery, dine-in/take-out. OG/LG. 11 am-11 pm M-Sa, 1 pm-11 pm Su. MC/V. \$-\$\$.

### FATHOMS

790 E. 14th Ave. 344-4471.  
Small, intimate full service bar below Pegasus Pizzeria. Same great Pegasus menu, big screen TVs, pool, jukebox. 6 pm-2 am M-Sa. MC/V. \$.

### GRANARY PIZZA CO., THE

259 E. 5th Ave. 343-8488.  
Serving dinner: Homestyle Italian cooking, rustic pizzas, seasonal salads. Sustainable focus, eclectic live music venue, cocktails, wine bar. Private party room available. 5 pm-close Tu-Su. \$\$-\$\$\$.

★ Best New Restaurant, Third Place

### IZZY'S PIZZA & BUFFET

950 Seneca Rd. 349-1212.  
1930 Mohawk Blvd., Springfield. 741-2035.  
www.izzyspizza.com  
Serving buffet all day daily. Wheelchair accessible. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. Some cards. \$\$.

### LA PERLA

1313 Pearl St.  
Neapolitan-style thin-crust pizza made with house-made mozzarella and San Marzano tomatoes. Italian desserts and wines. 5 pm-10 pm daily. \$\$-\$\$\$.

★ Best Pizza, Third Place

### MARCHÉ PROVISIONS

See Bakeries

### MEZZA LUNA PIZZERIA

933 Pearl St. 684-8900.  
2776 Shadow View Dr. 743-2999.  
New York style, hand-thrown pizzas. Specialty salads and great appetizers. Five slice choices available all day. Beer and wine. Wheelchair accessible. 11 am-10 pm M-Sa, noon-9 pm Su. Some cards. \$.

### PAPA'S PIZZA

1700 W. 11th Ave. 485-5555.  
1577 Coburg Rd. 485-5555.  
4011 Main St., Spfld. 485-5555.  
www.papaspizza.net  
Family-friendly local pizza joint serving classic pizza favorites and more. Gluten-free crust available. Free delivery. \$\$-\$\$\$.

★ Best Place to Eat With Kids, Second Place

### PEGASUS PIZZA - OAKWAY

4 Oakway Cntr. 344-0844; Delivery 485-2090  
Same Pegasus Pizza as the campus location. Indoor and outdoor seating. Lunch specials. Located at Oakway Center next to Bordres Microbrews on tap. Delivery via Pony Express. 11 am - 9 pm Su-Th, 11 am - 10 pm F-Sa. MC/V. \$-\$\$

★ Best Pizza, Second Place

★ Best Under-\$\$ Deal, Third Place

### PEGASUS SMOKEHOUSE PIZZA

790 E. 14th Ave. 344-4471.  
Serving lunch, dinner: Specialty pizzas, salads, sandwiches and calzones. Voted #1 Pizza 2003-04. 15 microbrews on tap. Counter service. Full bar, big screen TVs and pool table downstairs. Patio dining. HDTV. Delivery via Pony Express. Weekday lunch specials. Wheelchair accessible. 4 pm-10 pm M, 11:30 am-10 pm Tu, 11:30 am-11 pm W-Fr, 12 pm-11 pm Sa, 12 pm-10 pm Su. MC/V. \$-\$\$.

### PIZZA RESEARCH INSTITUTE

530 Blair Blvd. 343-1307.  
Northwest artisan pizza. Unique toppings, specialty sauces, herbed dough made daily. Sumptuous vegetarian and vegan food. Daily soups, amazing pizza combinations, specialty salads. Organic microbrews and wine. Take-out. Some OG/LG. 11:30 am-9:30 pm daily. All major cards. \$-\$\$\$\$.

★ Best Pizza

★ Best Place to Take Vegetarians, Third Place

### ROARING RAPIDS PIZZA COMPANY

4006 Franklin Blvd. 988-9819.  
www.rapidpizza.net  
Spectacular riverfront setting, serving lunch and dinner: Soups, salads, sandwiches, original recipe pizza made from scratch, vegetarian entrées. Wine, microbrew. Classic carousel rides. Free delivery. Excellent group facilities. Next to Camp Putt. LG. 11 am-10 pm daily. MC/V. \$-\$\$.

### SY'S NEW YORK PIZZA

1211 Alder St. 686-9598.  
55 Silver Lane. 654-0603.  
www.sysnewyorkpizza.com  
Serving lunch, dinner. Thin crust Neapolitan and deep dish Sicilian pizza whole or by the slice, garlic knots, Italian ice (lemon, strawberry, cherry). Dine in or take-out. No delivery. North Eugene location now open. Alder Street: 11 am-midnight Su-Th, 11 am-1 am F & Sa. Silver Lane: 11 am-10 pm daily. All major cards. \$-\$\$.

### TRACK TOWN PIZZA

1809 Franklin Blvd. 284-8484.  
2620 River Rd. 484-1912.  
Serving lunch and dinner. Free delivery. Traditional to gourmet pizzas. Student specials. At Franklin: Lunch buffet 11 am-2 pm M-F, salad, wine, beer, microbrew, TV. Come try the honey wheat dough and rice cheese. LG. Franklin: 11 am-midnight Su-Th, 11 am-1 am F-Sa. River Rd.: 11 am-9:30 pm M-Th, 11 am-10:30 pm F-Sa, noon-9:30 pm Su. Some cards. \$.

## Seafood

### FISHERMAN'S MARKET

830 W. 7th Ave. 484-CRAB.  
Specializing in fish and chips, seafood entrées, soups, fresh fish and you-bake entrées. Microbrews, wine. Dine in or take-out. Some OG. Wheelchair accessible. 11 am-8 pm daily. MC/V/AE. \$-\$\$.

### GO FISH

296 E. 5th Ave. (5th St. Market).  
Seafood supplied by Newman's prepared in open kitchen. Fish and chips, fish tacos, snapper on baguette, albacore tuna on brioche, Portuguese stew, clam chowder, two salads. Four microbrews on tap. 8:30 am-7 pm M-Sa, 10 am-6 pm Su. V/MC. \$-\$\$.

### MCGRATH'S FISH HOUSE

1036 Valley River Way. 342-6404.  
Serving lunch, dinner: Daily fresh seafood listing, wood-fired seafood, seafood specials, vegetarian entrées, salads. NW, California wines; beer, microbrews, full bar. Call ahead up to two hours for

priority seating list. Some OG. Wheelchair accessible. 11 am-10 pm M-Su. All major cards. \$\$-\$\$\$.

### NEWMAN'S FISH COMPANY

1545 Willamette St. 344-2371.  
Fish and chips to go: Halibut, cod, salmon, shrimp, scallops, chowder, chips, slaw and daily specials. Fresh fish daily since 1890. Counter service, outdoor seating and take-out. 11 am-7 pm M-F, 11 am-6:30 pm Sa. MC/V. \$.

### NEWMAN'S FISH GROTTO

485 Coburg Road. 485-9292.  
Fish and chips to go: Halibut, cod, salmon, shrimp, scallops, chowder, chips, slaw and daily specials. Grotto features an expanded menu including grilled specialties and sandwiches. Fresh fish daily since 1890. Counter service, outdoor seating and take-out. Open 11 am-7 pm daily, Fridays 'til 8 pm. MC/V. \$.

### ROSE & THISTLE

398 E. 11th Ave. 343-2244.  
Serving lunch, dinner: Fish and chips, shrimp, oysters, clam strips, veggie burgers, chowder (Fridays only), milkshakes, chicken strips, hush-puppies, cold sandwiches. Take-out. 11:30 am-7:30 pm M-Sa, noon-4 pm Su. MC/V/D. \$-\$\$.

## Southeast Asian

### AIYARA THAI CAFÉ

1010 Harlow Rd. Springfield. 736-8306.  
www.aiyaratthaicafe.com  
The affordable Thai cuisine. Dine in or take out. Wheelchair accessible. 11 am-9 pm M-F, noon-9 pm Sa. MC/V. \$-\$\$.

### CHAO PRA YA THAI CUISINE

580 Adams St. 344-1706.  
Real Thai-style, more than 100 items to choose from. Best of Eugene 2003-2006. Lunch 11 am-3 pm M-F. Dinner 4:30 pm-9 pm M-F, noon-9 pm Sa. Some cards. \$-\$\$.

### KURAYA'S THAI CUISINE

1410 Mohawk Blvd., Springfield. 746-2951.  
Serving lunch, dinner: ethnic Thai food. Wine, beer. Reservations for 6+. Take-out. 11 am-2:30 pm M-Sa, 5 pm-9 pm M-Th, 5 pm-10 pm F-Sa, 4:30 pm-9 pm Su. MC/V. \$\$.

### MANOLA'S THAI CUISINE

652 E. Broadway. 342-6666. www.manolasthai.com  
Serving lunch and dinner. Papaya salad, pineapple curry with shrimp, mint leaf & basil stir-fry. Chef Phayao Tongprapipak brings 55 years experience and countless authentic, ethnic Thai recipes to Manola's. Some OG/LG. 11 am-9 pm M-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9 pm Sun. MC/V/AE/Novus. \$\$.

### MASTER DONUTS

3177 Gateway St., Spfld. 988-5991  
Healthy Thai food featuring phad thai and noodle soup made with local produce. Vegetarian options available. 6:30 am-3 pm & 5 pm-9 pm M-Sa. 7 am-12:30 pm Su. MC/V/AE. \$\$.

### MEKALA'S

1769 Franklin Blvd. 342-4872.  
Serving lunch, dinner: Extensive menu with many vegetarian entrées, exotic salads. Wine, beer, microbrews, exotic drinks in the Mai Tai Lounge. Reservations on F-Sa. Take-out. Some OG. Wheelchair accessible. Restaurant: 11 am-9 pm M-Th, noon-10 pm Sa, 4 pm-9 pm Su. Lounge: 5-11 pm M-Th, 4 pm-midnight F & Sa, 4 pm-9 pm Su. MC/V. \$\$.

### NOODLE N THAI RESTAURANT

553 Main St., Springfield. 505-7349.  
www.noodlenthai.com  
Thai food made from scratch using fresh Thai rice noodles. No MSG. 11 am-8 pm daily.

### RING OF FIRE RESTAURANT & CATERING

See Pacific Rim

### SWEET BASIL THAI CUISINE

941 Pearl St. 284-2944.  
1219 Alder St. (Sweet Basil Express)  
Sweet Basil Thai Cuisine offers the elegant side of Thai food. Wheelchair accessible. 10 am-3 pm daily, 5 pm-9 pm Su-Th, 5 pm-10 pm F & Sa. MC/V/AE/D/DC. \$\$-\$\$\$.

★ Best Thai, Second Place

### TA RA RIN THAI CUISINE

1200 Oak St. 343-1230.  
Come and try our mother's homemade recipes, the taste that you admire and are familiar with, in a relaxing atmosphere with friendly staff and affordable prices. Serving a fine selection of beer and wine. Make our kitchen your kitchen! Some OG. Wheelchair accessible. 11 am-3 pm and 4:30 pm-10 pm M-F, noon-10 pm Sa & Su. All major cards. \$-\$\$.

★ Best Thai

### TASTY THAI CAMPUS

1308 Hillyard St. 343-0165.  
Express service: Rice bowls, Thai wraps, bubble tea, beer and wine. Vegetarian and vegan friendly. Delivery. 11 am-9:30 pm daily. MC/V/D. \$\$.

### TASTY THAI KITCHEN

80 E. 29th Ave. 302-6444.  
Serving breakfast, lunch and dinner. Exotic Thai cuisine with weekly lunch and dinner specials. Vegan and vegetarian entrées. Wine, cocktails, beer, smoothies and bubble tea. Take-out and delivery. Wheelchair accessible. 11 am-9:30 pm M-F, 9:30 am-9:30 pm Sa-Su. MC/V/D. \$\$.

★ Best Thai, Third Place

### VIETNAMESE RESTAURANT

2355 W. 11th Ave. 684-8060.  
Beef noodle soup and other traditional Vietnamese dishes. 11 am-9:30 pm M-Th, 11 am-10:30 F-Su. Some cards. \$-\$\$.

### YI SHEN VIETNAMESE RESTAURANT

1915 W. 11th Ave. 683-9386.  
Serving lunch, dinner: Vietnamese cuisine including beef noodle soup, spiced salads, chicken, pork, tofu and rice dishes. Vegetarian entrées. Take-out. 11 am-7 pm Su-Tu & Th, 11 am-8 pm F-Sa. MC/V. \$.

## Steak

### BATES STEAKHOUSE & SALOON

433 E. Broadway. 683-3108.  
Featuring prime and choice grade cuts of ribeye,

tri-tip, prime rib, filet mignon, porterhouses and sirloin, with a wide selection of seafood and chicken. Dinners are four courses with black beans, salsa and soup, salad, spuds and rice and a float or liqueur. Early bird and bar menu under \$10. Some LG. 4 pm-close daily. \$-\$\$\$.

★ Best Place to Take Carnivores, Third Place

### BOULEVARD GRILL, THE

See Continental

### CENTENNIAL STEAKHOUSE

1220 Mohawk Blvd., Springfield. 988-1324.  
Serving lunch, dinner: Charbroiled steak, chicken, seafood, salads, vegetarian entrées. Daily lunch and dinner specials. Full bar. Beer, microbrews. Take-out. Lunch 11 am-3 pm M-F. Dinner 5 pm-10 pm daily. MC/V. \$-\$\$.

### COUNTRYSIDE BAR & GRILL

4740 Main St., Springfield. 744-1549.  
Steaks, burgers, friendly staff, live entertainment four nights a week. Some LG. 11 am-2:30 am daily. MC/V/D. \$.

### ORIGINAL ROADHOUSE GRILL

3018 Gateway St., Springfield. 746-6000.  
Lunch, dinner. USDA choice steak, ribs, chops and chicken. Grilled salmon and shrimp. Specialty: Texas egg rolls served with jalapeño jelly. Full bar. Patio dining. Take-out. LG. 11 am-10 pm Su-Th, 11 am-11 pm F-Sa. All cards. \$\$\$.

### OUTBACK STEAKHOUSE, INC.

3463 Hutton St., Springfield. 746-7700.  
Serving dinner: High quality, uniquely seasoned steaks, prime rib, chops, ribs, chicken, seafood and pasta. Full bar. Kids' menu. Smoking section available. 4 pm-10 pm M-Th, 4 pm-11 pm F, 3 pm-11 pm Sa, 1 pm-9 pm Su. All major cards. \$\$-\$\$\$.

### WHISKEY RIVER RANCH

4740 Main St., Spfld. 744-1594  
This steakhouse and saloon serves breakfast, lunch and dinner, and features live dinner theater-style shows as well as monthly concerts featuring organic ingredients are available. Banquet rooms are available for reservation by large parties. Open 11am-2:30am Mon.-Fri., 7am-2:30am Sat.-Sun. MC/D/V/AE. \$\$.

## Sweets

### COLD STONE CREAMERY

112 Oakway Center. 338-4244.  
Enjoy fresh-made premium ice cream customized with your choice of fruits, nuts, candies and toppings served in an entertaining and fun atmosphere. Cakes and pies also available. Gift certificates. Wheelchair accessible. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. MC/V. \$-\$\$.

### DIVINE CUPCAKE, THE

1680 W. 11th Ave. 543-5757. divinecupcake.com  
Serving organic espresso and tea, and a wide array of vegan, organic cupcakes. Gluten-, wheat-, sugar- and soy-free versions available. Flavors range from classic chocolate to the peanut curry Thai Me Up cupcake. 7 am-9 pm Su-Th, 7 am-11 pm F-Sa. \$.

★ Best Bakery (Sweets), Third Place

### EUPHORIA CHOCOLATE COMPANY

17th and Willamette. 343-9223.  
Valley River Center. 343-3995.  
Stewart and Bertelsen. 344-4605.  
Oakway Center. 343-0407.  
www.euphoriahocolate.com  
Serving European-style specialty chocolates. Willamette: 10 am-6 pm M-F, 10 am-5 pm Sa-Su. VRC: 10 am-9 pm M-Sa, 11 am-6 pm Su. Stewart: 10 am-6 pm M-F, 11 am-5 pm Sa. Oakway: 10 am-7 pm M-Sa, 11 am-6 pm Su. \$.

### LAGO BLU GELATO

2780 Shadow View Dr. 868-2022.  
www.lagoblugelato.com  
Eugene's only gelateria! Featuring 36 flavors of artisan gelato (Italian ice cream) and sorbetto (Italian fruit ices), full espresso bar and cold drinks, homemade fudge, decadent pastries and desserts. Noon-9 pm Su-Th, noon-10 pm F & Sa. V/MC. \$.

### MASTER DONUTS

See Bakeries

### PRINCE PÜCKLER'S

1605 E. 19th Ave. 344-4418.  
Serving locally-made ice cream since 1975. Shakes, sundaes, ice cream pies, coffee drinks, espresso shakes and more. LG. Noon-11 pm daily. All cards. \$.

### SWEET LIFE PÂTISSERIE

See Bakeries

### SWEETY'S

555 Main St., Springfield. 337-6561.  
Self-serve frozen yogurt, candy and more. More than 50 toppings. Party room available.

### VANILLA JILL'S

460 Coburg Rd. (Coburg Station). 844-2286.  
Locally handmade organic frozen yogurt. Gluten-free, sugar-free, vegan and allergy-free options available. Noon-9 pm Su-M, 11 am-9 pm Tu-W, 11 am-10 pm Th-Sa. MC/V. \$.

## Vegetarian

### CAFÉ YUMM

See Northwest

### HOLY COW

See Cafés

### GOVINDA'S VEGETARIAN BUFFET

1030 River Rd. 461-0093.  
www.govindasbuffet.com  
Serving lunch, dinner: "All You Care to Eat" buffet (85 percent vegan and gluten free) includes salad bar, nourishing hot foods, homemade breads and desserts. Student, senior and child discounts. Take-out \$4.99/lb. Some OG. 11:30 am-2 pm and 5 pm-8 pm M-Sa. MC/V/AE. \$.

### HOLY COW CAFÉ

1222 E. 13th Ave. (EMU, UO). 346-2562.  
2621 Willamette St.  
Mostly vegetarian food from around the world, though now also offering at new Willamette location a variety of "flexivore" options for folks who occasionally eat locally produced, organic and environmentally friendly meat in smaller portions. Hot bar with curries, dhal, pasta, seasonal veggies, falafel, pad Thai, soba noodles, Thai tofu. Two soups daily. Salad bar. Organic smoothies, chai, Café Mam.

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# PROVISIONS

## WOULD YOU BUY WINE FROM THIS MAN? (You should, he's a genius.)

This is Ryan, the Provisions wine guy.

He spends his days obsessing

about wine and food (and making

funny faces—surprise him and

you'll see for yourself.) We like

him because he brings in the BEST

DEALS in town on REAL WINE that's

FOOD FRIENDLY, with a SENSE OF PLACE

in a NATURAL, UNMANIPULATED STATE. He

runs a fabulous WINE CLUB, with screaming-good

prices on hard-to-find bottles, brings in BOXED

WINE that will make you forget the bad

rap, and teaches CLASSES on tasting

and pairing wine from Oregon and

around the world. Because he's so

good, we can offer MIXED CASE

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TASTINGS. Seriously, come in, read his

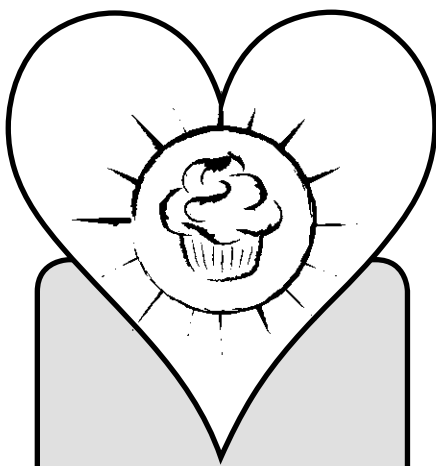
hilarious, insightful wine notes, get his advice

on what to make for dinner, and find something

unexpected.

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# FISH & CHIPS

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**344-2371**



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**485-9292**



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## CHOW! Restaurant Listings

Grab-and-go items. Take-out. Catering. OG/LG. Wheelchair accessible. 10 am-7 pm M-Th, 10 am-3 pm F. All major cards. \$.

**IVY'S COOKIN'**  
485-4200.  
www.ivyscookin.com  
ivy@efn.org  
Delectable home cooked international vegetarian entrées delivered Thursdays since 1992! Healthy, affordable, convenient alternative to eating out. Excellent gift idea (new mom, illness, new home, holiday) or for casual entertaining. Gift certificates available. Call or e-mail Ivy for a menu. Some OG/LG. Wheelchair accessible. Order by Mon. night for pickup Wed., or Thurs. delivery. Cash, check or COD. \$-\$\$.

**LAUGHING PLANET**  
760 Blair Blvd. 868-0668.  
Burritos, bowls and beyond, including international wraps (aka "portable nutrition devices"), rice bowls, soups, salads, vegan and vegetarian options, as well as raw juices and smoothies. 11 am-10 pm daily. \$.

★ **Best Place to Eat With Kids**  
★ **Best Cheap Date, Second Place**  
★ **Best Place to Take Vegetarians, Second Place**

**LOTUS GARDEN VEGETARIAN RESTAURANT**  
810 Charnellon St. 344-1928.  
Serving Chinese vegetarian entrées for lunch and dinner. Take-out. Some LG. Wheelchair accessible. 11:30 am-2:30 pm and 4:30 pm-8:30 pm M, W-F. Noon-8:30 pm Sa. MC/V/DC. \$-\$\$.

★ **Best Asian That's Not Sushi or Thai, Second Place**

**MORNING GLORY CAFÉ**  
450 Willamette St. 687-0709.  
Vegetarian and vegan restaurant: French toast, biscuits and gravy, eggs and Glory potatoes, tempeh sandwiches, stir-fries, salads, fresh-squeezed juices, Café Mam organic shade-grown coffee and espresso. Kid friendly, take-out. Weekly organic specials. Some OG/LG. Wheelchair accessible. 7:30 am-3:30 pm daily, breakfast all day, lunch 11 am. Some cards. \$-\$\$.

**NEW ODYSSEY JUICE & JAVA**  
See Coffeehouses

**VIVA! VEGETARIAN GRILL**  
See Food Carts

## Corvallis & OTHER SURROUNDING AREAS

### American

**BONANZA DRIVE-UP**  
505 Pacific Hwy. S., Cottage Grove. 541-942-4188  
Serving 2 lb. hamburgers for more than 40 years. Soft serve ice cream and milkshakes served in tins. Daily homemade specials. Walk back in time. 10 am-9 pm M-Th, 10 am-10 pm F & Sa, 11 am-8 pm Su. All major cards. \$.

**CALAPOOIA BREWING CO.**  
140 Hill St. NE, Albany. 541-740-6339.  
www.calapooiabrewing.com  
Mid-valley's premier craft brewery, with 15 hand-crafted beers on tap and what they say are the best burgers in town. Located on Albany's waterfront. Live local music three nights a week. Vegetarian entrées. 11:30 am-10 pm M-W, 11:30 am-12:30 am Th-Sa, 1 pm-9 pm Su. Kitchen closes about an hour earlier each night. MC/V. \$\$. \$-\$\$.

**CLOUD9 BISTRO & BAR**  
126 SW 1st, Corvallis. 541-753-9900  
Located in the heart of the downtown Corvallis waterfront park, Cloud9 specializes in using fresh, local ingredients to create handmade, slow-cooked comfort foods – what they call "handmade American fare." Mac & cheese won 2008 Alchemist Award for Corvallis' best entrée. Vegetarian entrées, handcrafted house cocktails. Reservations recommended. Some OG/LG. 5 pm-9 pm M-Th, 5 pm-10 pm F & Sa. All major cards. \$\$-\$\$\$.

**DARRELL'S RESTAURANT & LOUNGE**  
2200 NW 9th St., Corvallis. 752-6364.  
Serving breakfast, lunch and dinner, full bar. 6 am-2 am M-Sa, 6 am-11 pm Su. V/MC. \$\$. \$-\$\$.

**DOWNWARD DOG**  
130 SW First, Corvallis. 541-753-9900.  
Located in the heart of the downtown Corvallis waterfront park. A cozy local watering hole specializing in handcrafted cocktails, combined with handmade, slow-cooked comfort food and local microbrews. Vegetarian entrées. Some OG/LG. 4 pm-1 am M-Th, 4 pm-2 am F & Sa. All major cards. \$-\$\$.

**EMERALD VALLEY GOLF CLUB FRONTRIER RESTAURANT**  
83301 Dale Kuni Rd., Creswell. 895-2174.  
Serving breakfast, lunch, dinner. Down-home comfort food bistro with from-scratch cooking, organic fair trade coffee. Catered events, daily specials, full bar, take-out. Outdoor summer seating and monthly international dinners. Banquet facilities available. 7 am-7 pm Su-M, 7 am-9 pm Tu-F. All major cards. \$-\$\$.

**MURPHY'S RESTAURANT & LOUNGE**  
2740 SW 3rd St., Corvallis. 758-9000.  
Serving lunch and dinner, full bar. 11 am-11 pm M-Th, 11 am-1 am F & Sa, 10 am-11 pm Su. V/MC. \$\$. \$-\$\$.

**RESERVOIR DAWGS**  
51745 Blue River Dr., Blue River. 541-822-9820.  
reservoir-dawgs.com  
Serving more than a dozen different dogs, from basic all-beef dogs to specialty dogs such as the Louisiana Hot Slaw Sausage Dawg to the Reservoir Dawg, a Polish sausage topped with fried beef, honey ham and onions. Breakfast menu includes biscuits and gravy, muffins, breakfast burritos and more. 6 am-7 pm W-F, 7 am-7 pm Sa & Su. \$-\$\$.

**SQUIRREL'S TAVERN**  
100 SW 2nd, Corvallis. 753-8057.  
Serving lunch and dinner, full bar. 11:30 am-1 am M-Th, 11 am-1:30 am Sa, 5 pm-midnight Su. No cards. \$-\$\$.

**TOMMY'S 4TH STREET BAR & GRILL**  
350 SW 4th St., Corvallis. 754-7622.  
Serving great breakfast, lunch and dinner. Full

## word is...

Now that Matthew Knight Arena has opened up for everything from Elton John concerts to UO women's hoops, the folks at **Agate Alley Bistro** are running shuttles to the new digs 45, 30 and 15 minutes before events, with two shuttles returning after events. Now that's service!

bar and lounge open late on weekends. Some OG/LG. Smoking. 6 am-1 am daily. All major cards. \$-\$\$\$.

### Bakeries

**BACKSTAGE BAKERY & CAFÉ**  
25 S. 7th, Cottage Grove. 541-767-0233.  
Backstage to the Axe & Fiddle pub and connected to Kalapuya Books in the historic Burkholder Woods Building. Usually some vegetarian entrées. Salad specials. Some OG/LG. 6 am-3 pm M-W & F-Sa, 6 am-6 pm Th. No cards. \$\$. \$-\$\$.

**FLEUR DE LIS PATISSERIE & CAFÉ**  
616 E. Main St., Cottage Grove. 541-767-0700.  
Authentic French patisserie with sweet and savory croissants, quiche, desserts, gourmet sandwiches, homemade French onion soup and more – all made by a Frenchman. 7 am-3 pm Tu-Sa, 9 am-2 pm Su.

**NEW MORNING BAKERY**  
See Cafes

**TAYLOR STREET OVENS**  
1025 NW 9th St., Corvallis. 757-0166.  
Serving bagels, coffee drinks and more. 7 am-7 pm M-F, 7 am-2 pm Sa. All major cards. \$.

### Barbecue

**BIG STUFF BBQ**  
733 E. Main St., Cottage Grove. 541-942-3999.  
Serving lunch, dinner: Authentic, slow-smoked BBQ with choice of brisket, pork shoulder, chicken, ham, hot links and ribs and choice of homemade side dishes. Family-friendly atmosphere. Catering for 40-400 people. 11 am-8 pm Tu-Sa. MC/V. \$-\$\$\$.

**PINK HOUSE, THE**  
1408 E. Main St., Cottage Grove. 541-942-0533  
Eclectic dining with BBQ, deli, hamburgers and hand-cut French fries. Espresso and Umpqua ice cream. Salads and local menu items. Yes, it is in a pink house! 7 am-9 pm M-Th, 7 am-10 pm F, 8 am-10 pm Sa, 9 am-9 pm Su. All major cards. \$-\$\$.

### Burgers

**CLODFELTER'S PUB**  
1501 NW Monroe Ave., Corvallis. 758-4452.  
Serving breakfast, lunch and dinner, homemade soups daily. TVs, full bar, sports pub. Late night menu served from 9 pm-midnight. 10 am-1 am M-W, 10 am-2 am Th-Sa, 10 am-midnight Su. V/MC/AE/D. \$.

**JAMIE'S GREAT HAMBURGERS**  
1999 NW Circle Blvd., Corvallis. 758-7402.  
Burgers, fries, sandwiches, soft drinks and shakes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC/D/AE. \$.

### Cafes

**BACKSTAGE BAKERY & CAFÉ**  
See Bakeries

**CAFÉ ORION**  
510 E. Main St., Cottage Grove. 541-942-7383  
Serving breakfast, lunch, dinner: An alternative café designed to bring culture and entertainment to Cottage Grove. Wifi, Xbox 360 on the projector, live music and computer work stations. Vegetarian options. Some OG/LG. Cash only. \$.

**COZMO CAFÉ**  
510 E. Main St., Cottage Grove.

**LOCAL BOYZ HAWAIIAN CAFÉ**  
1425 NW Monroe Ave., Corvallis. 754-5338.  
Aloha-style plate lunches, served in three different sizes, with steamed rice and macaroni salad or steamed veggies. Wheelchair accessible. LG. 11 am-8 pm M-F. 12 pm-7 pm Sa. V/MC/Debit. \$-\$\$.

**NEW MORNING BAKERY**  
219 SW 2nd St., Corvallis. 754-0181.  
Corvallis landmark for 25 years. Now serving fine wine and microbrews. Italian espresso bar. International specialties from scratch with all-natural fresh ingredients. Soups, salads, sandwiches, Italian breads, pastries, cookies and desserts. Catering and wedding cakes available. Wheelchair accessible. Some OG/LG. 7 am-9 pm M-Th, 7 am-10:30 pm F & Sa, 8 am-8 pm Su. V/MC. \$.

**PITA PIT**  
1425 NW Monroe, Corvallis. 738-PIITA.  
Serving lunch and dinner: pitas stuffed with falafel, baba ghanouj, gyros, roast beef, chicken and a variety of other selections. Choose your

own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. \$.

**QUIZNO'S CLASSIC SUBS**  
1573 SW 53rd St., Corvallis. 752-1600, fax 752-2316.  
700 NE Circle Blvd., Ste 103, Corvallis. 753-7827, fax 753-6769.  
Serving lunch and dinner: Sub sandwiches, fresh soups and salads made daily. Vegetarian entrées, catering available. Delivery now available: \$8 minimum order, \$2 delivery fee. Order online at www.quiznos.com or phone it in. LG. 10 am-9 pm M-Sa, 10 am-8 pm Su. All major cards. \$.

**SUNNYSIDE UP, INC.**  
116 NW 3rd St., Corvallis. 758-3353.  
Organic coffee, loose leaf teas, soup, salads, sandwiches, wraps, baked goodies, all-day breakfast with organic eggs. Eclectic menu. Wheelchair accessible. Some OG/LG. 6 am-7 pm daily. MC/V. \$.

**TOGO'S GREAT SANDWICHES**  
2317 NW 9th St., Corvallis. 753-1444.  
Hot and cold sandwiches, soups and salads. Wheelchair accessible. 10 am-10 pm daily. MC/V/AE/D. \$.

**UNIVERSITY HERO**  
211 SW 5th St., Corvallis. 754-7827.  
2307 NW Kings Blvd., Corvallis. 758-1070.  
Serving specialty sandwiches on fresh sub rolls, made from scratch daily, along with fresh made soups, salads and baked goods including the giant cookie, cheese bread and pizza sticks. Also now offering Healthy Kids' Meals. Wheelchair accessible. LG. 10 am-8 pm M-Sa, 11 am-8 pm Su. V/MC. \$.

**YOGURT HILL**  
943 NW Kings Blvd., Corvallis. 758-3337.  
Frozen yogurt, ice cream, sandwiches, light lunch and dinner menu. 11 am-9 pm M-F, 11 am-7 pm Sa, closed Su. \$.

### Chinese

**BLUE SKY CHINESE RESTAURANT**  
1585 SW 53rd St., Corvallis. 752-7528.  
Serving lunch and dinner, lunch specials daily. Wheelchair accessible. 11:30 am-9:30 pm M-Th, 11:30 am-10 pm F-Sa, noon-9:30 pm Su. AE/MC/V/DC. \$-\$\$.

**CHINA BLUE RESTAURANT**  
2307 NW 9th St., Corvallis. 757-8088.  
Serving lunch and dinner. 11:30 am-10 pm Su-F. 4 pm-10 pm Sa. V/MC. \$-\$\$.

**CHINA DELIGHT**  
325 NW 2nd St., Corvallis. 753-3753.  
Serving lunch and dinner, specializing in Szechuan, Mandarin, traditional Chinese and vegetarian cuisine. Some OG. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. All major cards. \$\$. \$-\$\$.

**JADE GARDEN**  
503 SW 3rd St., Corvallis. 752-7455.  
Lunch, dinner, orders to go, banquet facilities, lounge. 11 am-9:30 pm Su-Th, 11 am-10:30 pm F & Sa. V/MC. \$\$. \$-\$\$.

**KIM HOA'S KITCHEN**  
1875 NW Circle Blvd., Corvallis. 754-9751.  
Serving lunch and dinner. 11 am-9 pm M-F. V/MC. \$\$. \$-\$\$.

**KING TIN**  
1857 NW 9th St., Corvallis. 752-1722.  
Serving lunch and dinner. 11 am-9:30 pm daily. V/MC. \$\$. \$-\$\$.

**PANDA EXPRESS**  
Oregon State University, Corvallis. 737-6888.  
Serving lunch and dinner, Chinese cuisine for students and those on the go. 10 am-8 pm M-F, 11 am-7 pm Sa & Su. No cards. \$.

**PING'S GARDEN**  
1209 9th Ave., Albany. 967-3767.  
Serving lunch and dinner. 11 am-10 pm daily. V/MC. \$-\$\$.

### Coffeehouses

**BEANERY, THE**  
948 NW Circle Blvd., Corvallis. 754-5916.  
2541 NW Monroe Ave., Corvallis. 757-0828.  
500 SW 2nd, Corvallis. 753-7442.  
Serving Allann Bros coffee and espresso, deli and grilled panini sandwiches, fresh entrées, pastries and desserts. Whole bean coffee, loose leaf premium tea, coffee/tea accessories. "Joe Box" coffee/tea to go. Catering available. Wheelchair accessible. Circle Blvd.: 6 am-6 pm M-F, 7 am-6 pm Sa, 8 am-5 pm Su. Monroe St.: 6 am-5:30 pm M-F, 7 am-2 pm Sa, 8 am-2 pm Su. 2nd St.: 6 am-11 pm daily. All major cards. \$.

**INTERZONE**  
1563 NW Monroe, Corvallis. 754-5965.  
Fresh pastries every morning, all-vegetarian soups, casseroles, vegan options. All-natural Monin Syrups, organic coffee and dairy. Serving breakfast weekends, huevos rancheros, tofu scrambles, omelettes and breakfast burritos. OG/LG. 7 am-10 pm M-F, 8 am-10 pm Sa & Su summer hours, open until midnight during the school year. MC/V. \$.

**MAPLETON CAFFEINATION STATION**  
10786 Hwy. 126, Mapleton. 541-268-1995.  
A walk-in coffee shop selling organic coffee and espresso from Café Mam. House-made baked goods are made with only natural and fresh ingredients, and no hydrogenated oils. House roasted, ground and triple-filtered chai. Free wi-fi, covered deck overlooks the Siuslaw. Some OG. 7 am-6 pm Th-M, 7 am-noon Tu. MC/V/D.

**TRAILHEAD COFFEEHOUSE**  
47406 Hwy. 58, Oakridge. 541-782-2223.  
Serving breakfast, lunch, dinner: scrambles, crepes, sandwiches, wraps, burgers, pasta and more. Outdoor seating and free wi-fi.

### Continental

**CAFÉ SHEILAGH**  
1043 Hwy. 99 N, Cottage Grove. 541-942-5510  
Offering gourmet breakfast and lunch with cocktail, wine and beer service. Pastries and organic coffee. Brunch menu on Sundays includes special omelettes, various eggs benedicts, smoked salmon cassiolette and much more! Dinner Friday and



Saturday from 5 pm-9:30 pm and by reservation other evenings. Catering and private party bookings available. 8 am-2:30 pm Tu-Su, 5 pm-9:30 pm F & Sa. MC/V/DC. \$-\$\$\$\$.

## Delis

### FIRST ALTERNATIVE CO-OP

1007 SE 3rd St., Corvallis. 753-3115. (South store) NW 29th & Grant Ave., Corvallis. 452-3115. (North store) First Alternative's commercial kitchen, Feast Alternative, offers a mostly organic hot bar and salad bar, deli entrées and made-to-order sandwiches at the South Store. Pre-packaged Grab & Go meals, two soups daily and baked goods offered at both stores. Meat, vegetarian and vegan options. Seating areas at both stores. Wheelchair accessible. OG/LG. South: 9 am-9 pm daily. North: 7 am-9 pm daily. All cards except AmEx. Mostly sold by weight. \$.

### OLD WORLD DELI

341 SW 2nd St., Corvallis. 752-8549. Serving breakfast and lunch. 8 am-10 pm M-Sa, 11 am-5 pm Su. MC/V. \$.

### WINE DEPOT & DELI

300 2nd Ave. SW, Albany. 967-9499. Fax 987-9454. Sandwiches, soups, salads, desserts at the Two Rivers Market. Wine by the glass. 9 am-8 pm M-F, 9 am-5:30 pm Sa, noon-5 pm Su. All major cards. \$-\$\$\$.

## Food Carts

### PREM ROSE EDIBLES

Corvallis Winter Market, Benton County Fairgrounds. Organic, fair trade chocolates and organic rose petal jam. Specials, events and sales posted at twitter.com/premroseedibles 9 am-1 pm Sa.

## Indian

### EVERGREEN INDIAN RESTAURANT

136 SW 3rd St., Corvallis. 754-7944. Serving lunch and dinner, traditional Indian dishes. Lunch: 11:30 am-2:30 pm, dinner 5 pm-9:30 pm daily. V/MC. \$-\$\$\$.

### NIRVANA

1945 NW 9th, Corvallis. 541-738-0487. Wheelchair accessible. Some OG/LG.

## International

### CRYSTAL'S KING OF FALAFEL CUISINE & CAFE

1425 NW Monroe Ave. #E, Corvallis. 752-6403. Mediterranean specialties: falafel, gyros, chicken & meat. Wheelchair accessible. Some OG. 9 am-8:30 pm daily. V/MC. \$.

### LE BISTRO COUNTRY FRENCH CUISINE

150 SW Madison Ave., Corvallis. 754-6680. Classic French cuisine in a comfortably refined atmosphere. Specializing in the sauces that make French cuisine famous. Hand selected wines at reasonable prices. Impeccable service and attention to detail. Your dining experience awaits. LG. 5:30 pm 'til close Tu-Sa. V/MC/AE/D. \$\$\$.

### NOVAK'S HUNGARIAN RESTAURANT & CATERING

2306 Heritage Way SE, Albany. 967-9488. Traditional Hungarian specialties: Chicken paprikas, kolbasz, cabbage rolls. Vegetarian entrées. In-house bakery. Novak's also offers catering for events and special occasions. Wheelchair accessible. LG. 6:30 am-9 pm daily. MC/V/AE/D. \$.

### OASIS RESTAURANT

2315 NW Kings Blvd., Corvallis. 541-754-1850. Lebanese cuisine. 11 am-2 pm (lunch) Tu-F, 5 pm-8:30 pm (dinner) Tu-Sa, 5 pm-8:15 pm M. \$\$\$.

### RIVERVIEW MONGOLIAN GRILL

230 NW 1st St., Corvallis. 754-8402. Pick your own vegetables, sauces and meats, prepared before your eyes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC. \$.

## Italian

### IOVINO'S RISTORANTE & CATERING

136 SW Washington Ave., Ste. 102, Corvallis. 738-9015 Italian cuisine using the freshest ingredients of the Northwest. Casual dining in an "uptown" atmosphere on the Corvallis riverfront. Food and drink specials 3 pm-5 pm. Wheelchair accessible. Some OG/LG. Serving dinner starting at 5 pm Tu-Sa. MC/V/AE. \$\$\$.

### IZZY'S PIZZA BAR & CLASSIC BUFFET

2475 NW 9th, Corvallis. 757-1156. Serving lunch and dinner, family friendly atmosphere. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. V/MC. \$.

### MARZINI'S

922 NW Kings Blvd., Corvallis. 754-2411. Serving breakfast, lunch and dinner, specializing in pasta and Italian favorites. 8 am-9 pm M-F, 9 am-9 pm Sa & Su. MC/V. \$.

### TERZO

151 NW Monroe, Corvallis. 541-752-1120. www.terzocorvallis.com West Coast Italian cuisine from the owners of Le

Bistro and Aqua. Full bar, lounge, small plates, Italian wines, kids' menu and more. Reservations recommended. 4:30 pm-close Tu-Sa. \$-\$\$\$.

## Japanese

### AOMATSU JAPANESE RESTAURANT

122 NW 3rd St., Corvallis. 752-1410. Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner and lots of specials. Noodles, tempura, BBQ, teriyaki and more. Lunch: 11:30 am-2:30 pm M-F. Dinner: 5 pm-9 pm M-Sa. V/MC/DC/AE. \$\$\$.

## Korean

### YOUNG'S KITCHEN

2051 NW Monroe Ave., Corvallis. 757-1626. Korean and Japanese. Sushi, udon, teriyaki ribs, yakisoba. Take-out. 10:30 am-9 pm M-Sa. \$-\$\$.

## Mexican

### BOMBS AWAY CAFE

2527 NW Monroe Ave., Corvallis. 757-7221. Traditional recipes, fresh ingredients, all made right here. A family atmosphere in our front room with full wait service in our lounge. We specialize in natural meats and vegetarian fare, seafood and shellfish entrées, homemade desserts and breads. 11 am-midnight M-F, 5 pm-midnight Sa, 5 pm-9 pm Su. V/MC. \$-\$\$.

### EL PARAISO

3015 Row River Road, Cottage Grove. 541-942-5688. Mexican cuisine and full service bar. Some LG. 11 am-9:30 pm Su-Th, 11 am-10 pm F & Sa. V/MC/D/AE. \$.

### EL PRESIDENTE MEXICAN RESTAURANT AND CANTINA

1110 NE 2nd St., Corvallis. 752-1360. Serving lunch and dinner, traditional Mexican food, full bar. 11 am-2 am daily. V/MC/AE. \$.

### EL SOL DE MEXICO

1597 NW 9th St., Corvallis. 752-9299. Lunch and dinner, beer, wine and cocktails. Parties up to 30 people, food to go. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. V/MC/DC/AE. \$-\$\$.

### EL TAPATIO RESTAURANT

1845 NW Circle Blvd., Corvallis. 758-1735. Serving lunch daily and dinner on Fridays and Saturdays. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. V/MC/AE/DC. \$.

### LOS AROS MEXICAN GRILL

2309 NW Kings Blvd., Corvallis. 754-1230. Serving lunch and dinner. 11 am-8 pm Sa-Th, 11 am-9 pm F. Some cards. \$.

### QDOBA

2001 NW Monroe Ave. #105, Corvallis. 757-2800. Not just big burritos. Big flavors. Open for breakfast. Wheelchair accessible. LG. 8 am-10 pm M-W, 8 am-1 am Th-Sa, 8 am-9 pm Su. V/MC/AE/D. \$.

### RIGOBERTO'S

360 NW 5th St., Corvallis. 752-2422. Breakfast, lunch and dinner, Mexican and American favorites. Open 24 hours a day, every day. V/MC. \$-\$\$\$.

### SANCHO'S MEXICAN GRILL

1425 NW Monroe, Corvallis. 752-2500. Sancho's specializes in homestyle Mexican cuisine prepared daily in an atmosphere both festive and intimate. Salsa music plays nightly in this low-ill, cozy nook. Quality food, mellow mood. Outside balcony. Full bar selection featuring imported Mexican tequilas and beers. Ariba! 11 am-1 am M-Sa. MC/V/AE. \$.

### SEÑOR SAM'S MEXICAN GRILL & CANTINA

140 NW 3rd St., Corvallis. 754-7448. All food prepared fresh daily, with custom built healthy meals. Fresh salsa bar. 11 am-8:30 pm daily. All major cards. \$.

### TACO DEL MAR

1915 NW 9th St., Corvallis. 738-0540. The fast, fresh and fun alternative to traditional Mexican food, serving mondo burritos and rip-pin' fish tacos with a friendly, relaxed Baja style. Wheelchair accessible. 10:30 am-10 pm M-Sa. 11 am-9 pm Su. MC/V. \$.

1813 SE 3rd St., Corvallis. 752-5380. Authentic Mexican cuisine. 11 am-8 pm M-Th, 11 am-9 pm F-Sa, noon-8 pm Su. V/MC/DC/D. \$.

### TACOS URUAPAN

300 SW Jefferson Ave., Corvallis. 541-758-2077. Local brewpub featuring more than 10 house-brewed beers. Dishes made with local and regional ingredients including Painted Hills Natural Beef and Carlton Farms Natural Pork. Some OG. 11 am-11 pm Su-W, 11 am-1 am Th-Sa. MC/V/AE/D. \$.

## Microbrew

### BLOCK 15 RESTAURANT & BREWERY

420 NW 3rd St., Corvallis. 758-6044. Oregon's favorite brewpub chain. Hearty sandwiches, soups and salads. 11 am-1 am M-Sa, noon-midnight Su. V/MC/AE/D. \$-\$\$.

### CALAPOOIA BREWING CO.

See American

### MC MENAMINS

211 1st Ave NW, Albany. 917-3727. 24 beers on tap, full bar. Lunch and dinner menu. Burgers, pasta, seafood, steak and wraps. 11 am-8:30 pm M-Th, 7 am-10:30 pm F & Sa. MC/V/AE/D.

### WYATT'S EATERY & BREWHOUSE

101 NW Jackson St., Corvallis. 541-757-0694. www.101atbigriver.com 101 strives to reduce its ecological footprint and support the local economy, making every attempt to feature local organic products on the seasonally inspired menu. 4:30 pm-10 pm M-Th, 4:30 pm-midnight F & Sa. \$.

## Northwest

### 101 EAT & DRINK

101 NW Jackson St., Corvallis. 541-757-0694. www.101atbigriver.com

101 strives to reduce its ecological footprint and support the local economy, making every attempt to feature local organic products on the seasonally inspired menu. 4:30 pm-10 pm M-Th, 4:30 pm-midnight F & Sa. \$.

### AXE & FIDDLE

657 E. Main St., Cottage Grove. 541-942-5942. Gourmet sandwiches and pizza by the slice, variety of organic salads, vegan rice and beans, tacos and tostadas, seasonal specials (including smoked salmon chowder, shrimp gumbo and corned beef brisket). Some OG. 4 pm "until you're ready to go home." MC/V. \$.

### BIG RIVER RESTAURANT & BAR

101 NW Jackson, Corvallis. 757-0694. Eclectic, fresh Northwest cuisine using local organic produce, prime beef, native fish and Big River breads. The copper-topped bar features regional wines, single malts, martinis and jazz on weekends. Wheelchair accessible. Some OG/LG. Lunch 11 am-2 pm M-F, dinner from 5 pm M-Sa. DC/MC/AE. \$\$\$.

### CAFÉ YUMM

2001 NW Monroe Ave., Corvallis. 541-757-YUMM. Breakfast, lunch and dinner. "Soul satisfying ... Deeply nourishing@!" Yumm! Bowls@, skewers, soups, salads, Yumm! Wrappits, sandwiches, salmon burgers. Savory sauces and dressings. Extensive vegan, vegetarian ingredients. Wine, beer, juice, coffee and tea. Take-out. Event catering. Some OG/LG. 10 am-9 pm M-Sa, 10 am-8 pm Su. MC/V. \$.

### CRAVES FINE DINING

294 Laurel St., Florence. 541-997-3033. www.cravesfinedining.com Classically trained chefs offer guests creative cuisine served in a warm and comfortable atmosphere by an attentive staff. Eclectic wine list and full bar service. Some OG/LG. 4 pm-10 pm Th-M. MC/V/D. \$\$\$\$.

### FIREWORKS RESTAURANT AND BAR

1115 South Third, 99W, Corvallis. 754-6958. www.FireWorksCuisine.com Organic cuisine, intimate dining atmosphere featuring earthen, sculptural wood-fired oven. Now serving organic chicken and grass-fed meats. Grilled seafood, wood-fired pizza, creative vegetarian/vegan entrées, decadent desserts. Fine wines & microbrews. Cocktails. Live music, lectures and special events. Wheelchair accessible. OG/LG. 11:30 am-2:30 pm (lunch) & 5 pm-9:30 pm (dinner) daily, 10 am-2 pm (brunch) Su. V/MC/AE. \$-\$\$\$\$.

### HIDDEN VALLEY RESTAURANT

Hidden Valley Golf Course, 775 N. River Road, Cottage Grove. 767-0557. playhiddenvalegolf.com Serving dinner, with lunch menu coming soon. Seafood, small plates, pasta, steak entrées, surf and turf, lamb and more. Full bar. Outdoor seating on the deck.

### MAGENTA RESTAURANT & CATERING

137 SW 2nd Ave., Corvallis. 758-3494. www.magentarestaurant.com Exotic organic Asian fusion recipes created by Chef Kimber Hoang seasonally incorporating local produce and meats. Carefully selected wines and superb specialty martinis. \$4 small plate (dim sum) menu available all hours, lunch and dinner. Wheelchair accessible. OG/LG. Lunch 11:30 am-2:30 pm M-F, noon-3 pm Sa & Su. Dinner 4:30 pm-10 pm Su-W. 4:30 pm-midnight Th-Sa. V/D/AE. \$-\$\$\$\$.

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**STACY'S COVERED BRIDGE RESTAURANT**

401 E. Main St., Cottage Grove. 541-767-0320.

**VILLAGE GREEN RESORT & GARDENS RESTAURANT**

725 Row River Rd., Cottage Grove. 541-942-2491.  
Lunch: all-you-can-eat salad bar and selection of sandwiches and daily specials. Dinner: New York steak, chicken piccata, Northwest salmon. Vegetarian entrées. Some OG/LG. 11:30 am-2 pm & 5 pm-9 pm daily. All major cards. \$\$-\$\$\$\$.

**Pizza****AMERICAN DREAM PIZZA**

2525 NW Monroe Ave., Corvallis. 757-1713.  
214 SW 2nd St., Corvallis. 753-7373.  
Music, art, beer and pizza. Tastiest pizza in Corvallis, by the slice or whole pie. Outrageous combos, fabulous salads and stellar calzones. Nice selection of local brews. Outdoor rooftop seating on 2nd St. Free delivery. 11 am-10 pm daily, open 'til 11 pm F & Sa. V/MC. \$-\$\$.

**CIRELLO'S PIZZA**

919-F NW Circle Blvd., Corvallis. 754-9199.  
Serving dinner. Open till 10 pm Su-Th, 'til 11 pm F & Sa. V/MC. \$.

**CROWBAR**

214 SW 2nd St., Corvallis. 753-7373.  
"Where the back alley meets the high road." Crowbar bills their drinks as "honest cocktails for workaday people." Fresh infusions, kamikazes, classic cocktails, Dream pizza. Behind American Dream pizza, alley entrance. 4:30 pm-close daily. MC/V. \$-\$\$.

**WOODSTOCK'S PIZZA PARLOR**

1045 NW Kings Blvd., Corvallis. 752-5151.  
Pizza & salads, beer & wine. Free delivery (most of Corvallis). Wheelchair accessible. 11 am-midnight Su-Th, 11 am-1 am F & Sa. V/MC/D/AE. \$\$.

**Seafood****AQUA SEAFOOD RESTAURANT & BAR**

151 NW Monroe, Corvallis. 541-752-262.  
www.aquacorvallis.com  
Pacific Rim Hawaiian regional cuisine. Family friendly. Full bar, lounge and dining room. 4:30 pm-close Tu-Sa.

**MCGRATH'S FISH HOUSE**

350 Circle Blvd., Corvallis. 752-FISH.  
Fresh fish & seafood, serving lunch, dinner, and Sunday brunch. 11 am-10 pm M-Th, 11 am-11 pm F & Sa, 10 am-10 pm Su. V/MC/AE/D. \$\$-\$\$\$.

**Southeast Asian****TARN TIP THAI CUISINE**

2535 NW Monroe Ave., Corvallis. 757-8906.  
Serving lunch and dinner. LG. Lunch 11 am-3 pm. Dinner 5 pm-9 pm M-Sa, 4 pm-9 pm Su. No cards. \$\$.

**THAI CHILI**

1425 NW Monroe Ave., Suite A, Corvallis. 738-0848.  
MC/V. \$.

**Vegetarian****Café Yumm**

See Northwest

**NEARLY NORMAL'S GONZO CUISINE**

109 NW 15th, Corvallis. 753-0791.  
Mexican, Italian, Mediterranean, tofu and tempeh, fresh juice and smoothies, margaritas, beer and wine. Catering, outdoor garden dining. Wheelchair accessible. Some OG/LG. 8 am-8 pm M-W, 8 am-9 pm Th & F, 9 am-9 pm Sa. MC/V. \$-\$\$.



PHOTO BY TRASK BEDORTHA

**Wild Rice, Mushroom and Root Vegetable Roulade**

FROM RATATOUILLE BISTRO

Chef Joshua Simpson at Ratatouille shared this recipe for delicious roulades (from the French "to roll") of minced root veggies and wild rice with a flavorful Dijon mustard-lentil sauce. Though this recipe is vegan, the restaurant has expanded its menu to include locally sourced organic beef, pork and chicken from Deck Family Farms, 15 miles away from their new location in Crescent Village. "It's important for us to know what we're serving," Simpson says. "We're serving meat but we still have healthy vegetarian and vegan items on our menu. We haven't lost sight of that." He also says that this recipe is simple, though it might not look it — you just have to get the hands for working with the filo dough. He offers a tip for cooking wild rice: take your time. Cook it on a low simmer for 45 minutes or so, then turn the heat off and let it steam 15 minutes more.

Serves 5 (10 slices)

1/2 lbs. mushrooms (use a mixture)  
5 carrots  
4 parsnips  
1 package filo dough  
1 cup olive oil  
salt and pepper to taste  
1/4 cup minced garlic  
1 cup cooked wild rice

Preheat oven to 350 degrees. Finely dice root vegetables and mushrooms. Heat a sauté pan and blanch carrots and parsnips, then add in mushroom blend. Once cooked, put into a strainer and get out your (thawed) filo.

Lay out a sheet of filo and brush it with olive oil, then add another layer on top of that. Continue to do this until you have 7 to 8 layers. Then lay the rice on the filo from one edge to about 3/4 of the way up. After this, top the rice with the vegetable mixture. Carefully roll the bottom of the filo up to the top. Using a spatula to support the filo (so it doesn't break), transfer the roll to a cookie sheet. Bake for about 10 minutes or until it begins to brown.

Place slices on plate and top with sauce and a sprig of thyme for garnish.

Dijon Mustard-Lentil Sauce  
2 tsp. arrowroot powder mixed with an equal amount of water to make a slurry  
1 yellow onion, finely diced  
1 tblsp. olive oil  
1/4 cup white wine  
1/2 bunch of fresh thyme  
1 12-oz. bottle of beer (porter perhaps, or any favorite)  
1 cup apple juice  
2/3 cup Dijon mustard  
3 cups vegetable stock  
1 cup cooked French lentils  
salt and pepper to taste

In sauce pan over medium heat cook onion and wine until onions are soft and lightly caramelized. Add thyme, beer, apple juice, Dijon and stock. Let simmer and reduce by 1/3, about 20 minutes. Then add lentils, salt and pepper, and whisk in the arrowroot slurry. Let simmer 5 more minutes, remove from heat and serve.

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